

3ABN

WORLD

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Production Manager, 3ABN Radio

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WELCOME

If you haven't counted your blessings lately, consider all the ones we packed into this little magazine! You'll find Jay Christian's incredible quest for success, and how the Lord has him "Riding on the Airwaves" (p. 6). Celebrate seven wonderful years with 3ABN Radio Network (p. 12), and read a wonderful devotional by Kim Smith called "The Still, Small Voice" (p. 18). There's a great article by Dr. Walt Thompson on "Nature's Healers" (p. 20), Nyse Collins' delicious recipe for "Sunflower Seed Nutloaf" (p. 22), and Eva Duena's testimony from the Philippines in "When God Touches You" (p. 44). All this, plus listings for all our networks, packed into this month's *3ABN World* magazine. Enjoy!



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Preach the word! Be ready in season and out of season.

2 TIMOTHY 4:2

Dear Family,

Fertile farming country surrounds 3ABN. February is not the season for planting or reaping in our area—it's "out of season." Still, local farmers are busy repairing equipment, preparing land for planting, or nurturing winter crops planted some months ago. These industrious folk stay prepared in and out of season. Every day of the year their focus is riveted on either sowing or reaping.

How much more should Christians be ready—in and out of season! Cultivating friendships with those who need Christ should occupy our attention. We need always to be ready to plant the good seed of God's Word in others, and—once planted—to nurture it. We need to stay tuned to God's channel to know when conditions are right to begin the harvest—to be receptive to those who have questions, or who are struggling to submit and commit their lives to Christ.

3ABN's mission is to preach God's undiluted truth—to counteract the counterfeit! By His grace, we stay ready in *all* seasons to promote His work in the world's harvest fields. It was God's grace that joined you to this ministry to co-labor with us.

We thank God, and we thank you, for your continued support! It is only because of your prayers and sacrificial giving that we can continue to make the most of every opportunity before He announces the harvest is closed. We must be diligent to preach the good news to the whole world; we must be busy with His business while it's daylight. The night is coming when no man can continue working (John 9:4).

May God richly bless you,



Danny Shelton is the president and founder of 3ABN.

Have you been blessed?

Have you been blessed by 3ABN? Or have you come to know the Lord Jesus Christ by watching or listening? We'd love to know!

Your testimony can make a difference in our readers' lives, so why not sit down and drop us a line? You can write to us at: 3ABN World, PO Box 220, West Frankfort, IL 62896. E-mail us at: mail@3abn.org.

NEW ZEALAND:

"We are so encouraged and challenged by the Lord as we watch your station daily. We have been linked to satellite for about three months, and, oh, how our lives have been changed. We came from a charismatic background in the 1990s and at last we have heard teaching that has given us such understanding of God's Word. We have recommitted our lives to God and look forward to baptism, now that we truly understand."

UMATILLA, OREGON:

"It is through the power of God that I somehow found a way to get your programs on my TV. I'm in a prison out in the middle of nowhere and the only way to pick up anything is by satellite. Even more interesting is the fact that our local satellite company

doesn't carry your channel. So today God told me to disconnect my satellite cable from the wall and let it hang in the air, and rerun my channel programmer on my TV. This cancelled out all 43 channels I had, and now 3ABN is coming through [on 3ABN's Hermiston, OR, station—K48DZ, channel 48] really well. Thank you all! God knew this is what I needed."

NICHOLS, IOWA:

"My wife passed away in 2005 due to lung cancer at the age of 47. Ever since my life has been spiraling downhill. Depressed one evening, I turned on my TV and found 3ABN. Pastor Doug Batchelor was preaching a sermon on tribulation. The more I watched the more I hungered. I believe the Lord directed me to attend a Seventh-day Adventist church. Through worship, fellowship, and instruction of the Word, I felt ready to serve the body of Christ and was baptized in October of last year!"

ST. GEORGES, GRENADA, WEST

INDIES:

"I am the senior pastor for the City Church in beautiful St. Georges, and I am so delighted

to tell you how much of a blessing 3ABN has been to us. People are walking into our church requesting baptism as a result of watching 3ABN. Keep up the good work. God is really using you all."

HIAWASSEE, GEORGIA:

"I was baptized shortly after I brought 3ABN home with me. 3ABN is an incredible tool. It has allowed me to behold God's grace during the week, when I'm most susceptible to negative influences. My devotional life has increased from fifteen minutes a day to 1-2 hours! I can't begin to share with you how much your programs have blessed me. May God bless all who labor to make it possible!"

MARION, NORTH CAROLINA:

"I listen to your radio broadcast on WHGW-LP 100.3 FM in Morganton, North Carolina. I absolutely love your programming. Over the years I have been to several denominations and churches, and always asked, 'Why are the preachers teaching things that aren't in the Bible?' After listening to your broadcast, I thought, 'Thank God!

There's a group of people who preach and teach what the Bible really says, and not some bent and twisted version that suits their lifestyle.' So I ask, does this mean that I am a Seventh-day Adventist? If not, then how do I become one?"

LONDON, ENGLAND:

"My husband and I are Seventh-day Adventists. To say we are thrilled to have 3ABN in our home is putting it mildly. Although we have been Adventists for a number of years, we are just beginning to understand the prophecies a little better. In addition to having a healthier lifestyle, I am growing spiritually day by day. My prayer is that God will open the avenues of opportunity, so that every home and church in England will be able to receive 3ABN programmes."

DZERZHINSK, NIZHNY NOVGOROD, RUSSIA:

"I am thankful to you from the bottom of my heart for the opportunity of comprehending Bible that you give us. You are truly given us from God. Each time I find something new from your programs."

Thank you for your comments, suggestions, prayers, and financial support as we seek to reach the world for Jesus Christ!

Letters and other materials sent to 3ABN may be used in whole or in part, and edited for content, grammar, and readability, unless otherwise requested.

RIDING THE AIRWAVES

Jay Christian was born to a hardworking family in Seattle, Washington, and grew up in what he describes as the most idyllic life a boy could ever hope for in the great Pacific Northwest. He was baptized as an infant and later took two

“I was taught that if I didn’t follow all of His rules perfectly, I was going to burn in hell forever,” he says, “and I knew I couldn’t be perfect. I didn’t see God’s love and compassion, so I got mad! I said to Him, ‘I will *never* serve You. Burn me forever and I’ll writhe in pain for millions of years, but I won’t serve a mean and vengeful God!’”

Fresh out of the military and looking for a career, Jay enrolled in a radio broadcasting school in Atlanta, Georgia. There he met his first wife, and eventually moved to California where he hoped to make it big. But the competition was fierce, and Jay found only a part-time job in radio, forcing him to work at a factory to supplement his income.

Looking for meaning in his life, Jay was introduced to self-

hypnosis and the occult by a neighbor, and began experiencing “past lives.”

“By the time I left Los Angeles, I was eyebrow-deep into it,” he says.

A job opened up in Ohio, and eventually one in Indiana, where his daughter, Jodi, was born. But sadly, his marriage ended in divorce. He moved up from station to station and married again, only to have this one end after five years. Then while working in northeastern Tennessee, Jay met and married his third wife. Finally, it seemed like happiness and success were coming together as he reached the top of the ratings. Jay’s afternoon-drive show made him the highest rated radio personality in the country, and helped his station win the highest ratings of any radio station in the United States! But he wanted more.



Jay moved to Memphis, then Cleveland, and finally to San Francisco. Even though he managed to get his San Francisco AM station’s ratings to go up, the FM sister station, under a different program director, took a nosedive, and a staff member convinced the management that Jay was the problem.

Out of a job, he knew it was time for a change, but he hadn’t counted on his third divorce.

Jay Christian achieved success in secular radio broadcasting, but says his greatest joy is introducing listeners to a loving Savior.

JAY’S AFTERNOON-DRIVE SHOW MADE HIM THE HIGHEST RATED RADIO PERSONALITY IN THE COUNTRY, AND HELPED HIS STATION WIN THE HIGHEST RATINGS OF ANY RADIO STATION IN THE UNITED STATES!

years of confirmation classes in the Lutheran faith; but sadly, his image of God was badly damaged as he learned of the doctrine concerning eternal hellfire.

A broken man, he returned to Washington to live with his mother as he sank into a deep depression.

Eventually Jay moved back to Tennessee to manage a radio station, and while he was there he hired a woman who told him she would work any time other than from sundown Friday to sundown Saturday. Thinking this must be for religious reasons, Jay eventually asked her about it.

“Have you ever heard about Seventh-day Adventists?” she asked.

“Well, isn’t your Sunday Saturday?” he asked back.

“No,” she explained, “the *Sabbath* is Saturday.”

Not long afterward she invited Jay to attend church with her and Cari, her daughter.

“I looked forward to meeting pastors of any religion,” Jay says. “Sooner or later they would say something I knew they couldn’t back up from the Bible, and I got great pleasure out of pointing that out!”

But his first question to Pastor John Riggs brought an answer he didn’t expect. “I should have known I was in trouble,” Jay comments. “He

was doing *exactly* the same thing to me that I had done to the others! He would start reading from the beginning of the thought rather than just a sentence or two of text. To every question he would reply, ‘Let’s find it in the Bible.’”

Jay began taking Bible studies from Amazing Facts. The first one dealt with the afterlife, and since he had been to séances and experienced “former lives,” he put it aside, feeling like he knew all that. As he studied he could easily see why they worshipped on the Sabbath, and as he went through the other study guides, he found each one to be perfectly in line with the Bible. Then he finally came to the last one—which had been the first one, dealing with the afterlife.

Jay scoured the Bible from one end to the other. “Under hypnosis I remembered three of my ‘former lives,’” he says, “and my Bible said *that* couldn’t have happened. I realized then that the Bible was on trial. I would either have to accept it or reject it.”

He understood clearly that the Bible taught that we are born, we live, and we die. It was also clear that God had said that



when we die our breath goes back to Him, we are buried in a “death sleep,” and are either resurrected to go to heaven, or stay in the grave until we’re resurrected to face eternal death.

“If I chose the Bible, I’d be rejecting everything I’d believed in for the past 20 years!” Jay says. Then suddenly he was overwhelmed with belief that the Bible was right and he was wrong. He went to Pastor Riggs and said, “I’d like to be baptized.”

Pastor Riggs carefully asked him numerous questions on a variety of biblical topics. Then, finally, he asked what Jay believed about the Sabbath.

“Well,” he replied, “I was recently fired from my job just when I had decided to keep the Sabbath.”

“Then welcome!” Pastor Riggs said, standing up with a smile and extending his hand.

On fire for the Lord, Jay wanted to be a preacher. “When I was baptized, I went under the water ambitious for myself, and came out of the water ambitious for the Lord,” he says. “I moved to Walla Walla, Washington, to go to school, but then there was this woman, still in Tennessee. I found myself missing her more and more, and I was only a month and a half into

Jay Christian, his wife Annette (R), and daughter Cari (L) have faced many difficulties in life, but have never been happier. The secret of their joy, and the source of their strength, lies in their faith and the assurance of God’s loving care. They are truly a blessing to all who meet them!



Annette Christian's battle with cancer left her physically weak, but determined to serve her Lord. She has co-hosted many programs, literally speaking from a couch in 3ABN Radio's Studio A. Here she is working on the program Women at the Well.

school when I realized that I loved her!"

That weekend he called her and asked her to marry him. "She said no, and it startled me because I knew she cared for me!" he admits. "I suddenly realized that I was alone, and I was going to be alone. I asked myself, 'Am I making the right decision, or is this the wrong place for me?'"

It took him only half a second to realize that he was exactly where God wanted him. "Two days later Annette called me back and asked if the offer still held!" Jay grins.

He moved back to Tennessee and they married, realizing that God was not calling him to be a preacher after all. A year later he applied and got a job at KGTS, the Walla Walla College radio

station where he had worked as a student.

After several years Jay became the manager of Blue Mountain Television, a local 3ABN affiliate station at that time. By then he had written a book called *Falling For a Lie* and was invited to come be interviewed for a 3ABN TV program. During his visit he was offered a position with 3ABN Radio.

"I didn't feel called to be here at the time," he explains. "I was happy where I was, and knew that my wife and daughter, Cari, were both happy in their jobs, too." But six months later, Annette expressed her desire to work in a ministry. Two weeks after that, 3ABN called again to let Jay know that the job at 3ABN Radio Network was still open, and as it turned out, Jay, Annette, and Cari were each offered a position. After much prayer, they accepted, but no one was ready for what transpired next.

In June of 2000, while working in 3ABN's Marketing Department, Annette was diagnosed with breast cancer. As her health worsened, doctors eventually diagnosed bone and liver cancer as well! But Annette's

faith was strong, and the more Satan tried to make her despair, the more she clung to her Bible promises. Today, nearly seven years after her first diagnosis, Annette continues her battle with cancer.

"It's been a real challenge for all of us," Jay admits. "It's affected Cari tremendously, because she's extremely close to her mother; they're almost like twins. But this trial has given me a chance to see someone who is close to the Lord who fights, reads her Bible, talks to Him, writes articles and stories and even does 3ABN television and radio programs when she can muster the strength."

Yet this is not all he has had to endure. Between November 2004 and May 2006 Jay's sister, mother, and father passed away. He says one thing that has helped him through these difficult times is his sense that the Lord had truly called his family to 3ABN. Another is that he sees how God provides for Annette each day.

From the early days of 3ABN Radio Network, Jay witnessed the struggles and miracles. 3ABN had no affiliates, but soon the Lord started open-

ing the doors. First we got on the Internet, then the Federal Communications Commission introduced low power FM stations. Today 3ABN has over 80 affiliates worldwide!

When asked about his dreams for the network, he says, "I would love to have 3ABN Radio available to every person, everywhere. While our signal circles the globe, there are still large areas of the world that can't hear us. We pray that people stumble across us on the radio, satellite, or Internet, but we also pray for the Lord to open up some new ways to deliver our signal.

"Ours is not always an easy message, but God has commissioned us to give it. That's why I'm here. I'm not here to earn a lot, or to make a name for myself. I'm here to help get an important message to the world."

Today Jay's voice rides the airwaves around the world. He walks with God, and trusts Him more each day. Annette, Cari, and Jay continue to be an inspiration to those who know them, and this precious family continues to give their all to the loving Jesus who gave His all for them. ■

HAPPY ANNIVERSARY 3ABN RADIO!

by *Nikki Anderson*



Nikki Anderson is the administrative assistant for 3ABN Radio.

It is hard to believe that 3ABN Radio is already seven years old. It is an honor and a privilege for me to have been here for six and a half of those years. When I started working at radio, I had no clue about anything having to do with the media, let alone what an "FCC window" was. (Don't they have windows like the rest of us?) Boy, did I have some catching up to do!

Our affiliates are a joy to

work with; each station is unique. Just as all the owners have faced different challenges to build their stations, God has blessed all of them in various ways. The 3ABN Radio team has been abundantly blessed with the privilege of having these people as a source of great inspiration. To them and to our listeners...

Jay, Mike, Jim, Nikki, Angela, Michael, Pam, and Mary say, "Thank you!" ■

“ In Jeremiah 13:17 and 14:17 we read about a God whose face is wet with tears for the loss of those who do not understand His love and goodness. 3ABN Radio has had the honor of sharing His message of warning and invitation to a hurting, dying world for the past seven years. Praise His name!
**Dr. Walter Thompson, Chairman of the Board
Three Angels Broadcasting Network** ”

“ I'm sure glad that 3ABN Radio got started! Congratulations on your seven years, and thank you all for your hard work.
**Donna Gottfried, Owner/Operator, WJOF-LP 97.9 FM
Liberty, North Carolina** ”

“ *By faith*, seven years ago 3ABN Radio was launched to join with 3ABN Television in taking the Good News of Jesus Christ to the world. As a result, today we are praising our *faithful* God for the many souls who have learned of Him and are now free from their bondage of sin.
**Mollie Steenson, General Manager
Three Angels Broadcasting Network** ”

“ Thank God for this network. I never knew about it until today. The music you play is so awesome and touching, not to mention anointed. Please keep those beautiful songs coming. Nobody preaches like Adventist preachers. This is coming from a Pentecostal Christian. Keep up the good work of the Lord!
Jocelyn, 3ABN Radio listener ”

“ Wow! It's been seven years already since 3ABN Radio launched on February 28, 2000. What a tremendous privilege to have been part of this exciting soul-winning project of God's! I love reading about all the radio miracles in the monthly 3ABN *World* magazine. They are such faith boosters. Congratulations, and thank you, Lord!
Theresa Boote, Former 3ABN Radio Operations Manager ”

“ Greetings to all the brethren at 3ABN Radio. I've been so blessed by listening to 3ABN Radio while at work over the past few years. I want to thank each one of you for your hard work and dedication to God's cause.
Terri, 3ABN Radio Internet listener ”

LETTERS OF ENCOURAGEMENT

by John Dinzey

It's a marvelous thing to hear of how God is blessing people through 3ABN and 3ABN Latino. We are privileged to see and hear from only a small percentage of them, but God sees them all. If we can rejoice when we hear of someone giving their life to God, imagine how God must rejoice when He sees someone repent and be converted, knowing all of the details of the efforts that He put into motion to win an individual into His family.

Sometimes we receive a brief report by e-mail, sometimes it is by regular mail, sometimes it's a phone call, and sometimes we are blessed to hear the story from the person. God is using 3ABN Latino to reach His children who are tossed to and fro, those who are walking in darkness, those who are bound

to some pernicious habit, those who are confused, even those who feel they have need of nothing. Consider some of these inspiring reports that have been translated from Spanish:

MAY GOD REWARD you for blessing so many people, especially those of us that live in the European continent. It is a gift from the Lord to be able to watch 3ABN on the Internet.

Jessica from Yverdon Les-Bains, Switzerland

THIS LETTER is to congratulate you for 3ABN. My name is Raul from Puerto Rico. I am confined, and I thank my family for putting me in jail, because here I met Jesus Christ. It doesn't bother me, because I am happy, because this Jesus Christ that I love broke my chains of drugs, cigarette smok-

ing, and homosexuality. My love for Christ grows more and more each day. I am a Christian and I feel happy to have peace. It is beautiful to love myself. Since I met Jesus I don't try to hurt myself. I tried to kill myself various times, but now I praise God and cry with joy, and I know that my Lord never forgets about me. Thank you for letting me know that there is a living God.

Raul from Guayama, Puerto Rico

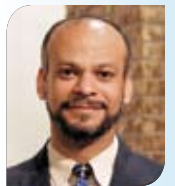
MAY GOD CONTINUE to give you many blessings in your lives and your channel. Some days ago I was looking for a station, and I was blessed to find yours. I listened, and since that day I watch it daily. It is very interesting. I have two testimonies of being alive only by the grace of God. I will appreciate it if you can send me the book El Camino a Cristo ["Steps to Christ"] which is the book you were offering when I first found your channel.

Cristina, Guatemala

This is just a small sample of how God is using 3ABN Latino. On a daily basis God is using this ministry to reach people all over the world twenty-four hours a day. During a recent

meeting a man was sharing a tremendous story with me, and great joy showed on his face. He said that the previous Sabbath was one of great joy and celebration in his church in Honduras. He said that five families were baptized that day! "It was remarkable!" he said. "I was really amazed to hear their testimonies. Each family shared how 3ABN Latino was instrumental in them coming to church and making a decision to be baptized. I want to encourage you to keep up the good work."

Praise be to the Lord! Speaking of Honduras, I must report that 3ABN Latino has just been added to three more cable companies in that country. We have also been added to a few more cable companies in Mexico and Grenada. Lives are being transformed, people are making decisions to follow Jesus, and doors are opening like never before. God is preparing a people for the soon return of our Lord and Savior Jesus Christ. Please continue to remember the people that are in the valley of decision as they hear precious words of hope and salvation through this ministry. ■



John Dinzey is the general manager for 3ABN Latino Network. He also works in Pastoral Ministries.

This Month's Craft

Hey kids, here's a great way to make a great sign out of popsicle sticks—and it's great fun, too! Just hang it anywhere your parents will let you! Check it out:

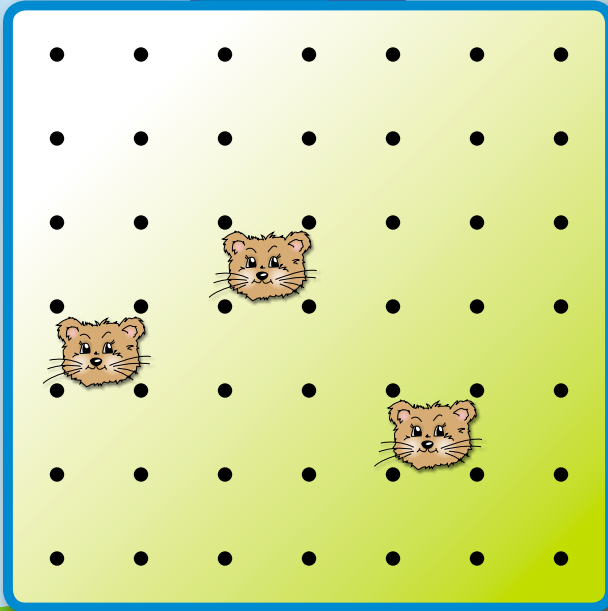
www.3abn.org/kids

Hey Kids, my house is out in the country, and my husband and I enjoy watching the beautiful creatures God has made. Our favorites are the little groundhogs that play in the lane going up to our house. We found out that groundhogs are also called woodchucks, land beavers, or—my favorite—whistle pigs! Their proper name, of course, is marmots, and I just had to draw one for you to see!



Love,
Tammy

Capture the Whistle Pig



For 2 Players

Players take turns connecting 2 dots. Lines go across or down, not diagonally. Complete as many small squares as you can. Initial each square you complete and take an extra turn. Squares in which whistle pigs are caught count 5 points. All other squares count 1 point.

Memory verse

Genesis 2:19 (NKJV): "Out of the ground the Lord God formed every beast of the field and every bird of the air, and brought them to Adam to see what he would call them. And whatever Adam called each living creature, that was its name."





THE STILL, SMALL VOICE

“MY SHEEP HEAR MY VOICE, AND I KNOW THEM, AND THEY FOLLOW ME.” JOHN 10:27 (NAS)

by Kim Smith

Hearing and obeying the voice of God has been my heart's desire ever since I was a young girl. But for me, the hearing has instruction, and comfort are just a few of the ways God's voice speaks to me as I study His Word. And through His messengers, His voice becomes even more distinct.

THE LIGHT TURNED GREEN, BUT AS I MOVED MY FOOT TO THE GAS PEDAL, I HEARD, “WAIT!”

always been easier than the obeying. I've heard the voice of God many times as I read the Scriptures during my daily devotions. Conviction of sin,

I've been most amazed when I've heard God teaching me about His character and nature by using *my own voice!* Through motherhood, I've heard His voice through the love, joy, peace, and patience He's given me for my children and grandchildren.

But I still have trouble dis-

tinguishing His “still, small voice” when I get that feeling that I should say or do something. I'm not always sure if it's just me, or if it is God speaking, so this is where the obeying comes in. The Scriptures leave no doubt about how I am supposed to live my life, and God's messengers guide and teach me about the things I don't fully understand.

“Lord,” I pray, “help me to obey Your ‘still, small voice.’ No matter what.”

Even though I know God is concerned with every detail of my life, sometimes *I just don't obey.* Recently, God's “still, small voice” saved my life. I'm a laid-back country girl—the kind that drives *back roads only*, in order to take my time and enjoy the scenery. I was driving into town to do my shopping, and since I'm a creature of habit, I always take the same route every week, crossing the main highway where there is a traffic light, for safety's sake. As I approached the light, it was red, and I was impressed to turn right. “Nah,” I said out loud, “I'll just go on across.”

The light turned green, but

as I moved my foot to the gas pedal, I heard, “Wait!”

I quickly put my foot on the brake as a car came flying through the intersection! I let out a sigh of relief and said, “Thank you, Jesus.”

“*God is to us a God of deliverances; and to God the Lord belong escapes from death.*” Psalm 68:20 (NAS).

I put my foot on the gas, when suddenly I heard, “Wait!”

“LORD,” I PRAY, “HELP ME TO OBEY YOUR ‘STILL, SMALL VOICE.’ NO MATTER WHAT.”

again! In a second, another car came through the intersection, traveling even faster than the first! By now I was a little rattled, to say the least. It was obvious to me that the impression to turn right was God's voice. However, I took it as being my own thought, and did my own thing.

God continues to present me with opportunities to hear and obey His voice. I will keep praying, “Lord, help me to discern, trust, and obey immediately Your ‘still, small voice.’ No matter what.” ■



Kim Smith is 3ABN's purchasing agent and enjoys being her church's praise and worship leader. She formerly worked with the U.S. Defense Intelligence Agency.

NATURE'S HEALERS

by Dr. Walter Thompson

Are your pills too expensive? Your medical costs getting you down? Can't seem to get the correct dose or combination of medications? Frustrated because you're not getting the results you want? Why not try nature's natural healers?

Skip the cow. Eat the grass! You know what I mean—get plenty of fresh food of plant origin. Drink from the living springs—lots of pure, clean water. Take time to smell the posies and get a good night's sleep. If it bites, turn on heel! Avoid everything that poisons. Jesus said, "I am the good shepherd." Put Him to the test! Trust Him with everything, whether it be little or big. Don't forget to add nature's magic triad: fresh air, sunlight, and plenty of exercise! They just seem to go together—like cap, coat, and gloves in wintertime.

Try some of these almost every day: Take a walk. Go for a swim. Make a garden, reap the harvest. Cycle through the park. Build a fence. Split some wood. Rake your neighbor's leaves. Take your friend for a spin in his/her wheelchair. Use your imagination and find some other innovative ways to enjoy the benefits of nature's triad.

Benefits to health: A brain that thinks clearly—better to talk with God and men. A heart that pumps forcefully through cholesterol free vessels—no fret! Kidneys that do their job. Bowels that move like clockwork. Eyes that see. Bones that are strong—and muscles just itchin' to get moving. Long life of health to enjoy and to share with a friend or neighbor.

No risks! Just cautions: Avoid contaminated air. Use filters if needed. Don't let your skin burn over and over again—start



slow, gradually increasing time and intensity. Always have a buddy along when swimming. Walk, and ride your bicycle on safe trails. Stop before you hurt yourself.

I saw Mrs. Jones in the clinic for the first time just three weeks ago. She was diabetic, taking pills and insulin, and had a bad, gangrenous ulcer on the ball of her foot. Nothing her doctors could do was helping to heal the ulcer. Reluctantly, Mrs. Jones listened to my advice and began to apply nature's healers.

At one week the pain was gone. At two weeks the ulcer was clean and beginning to heal. At three weeks she had almost eliminated her insulin and was maintaining low normal blood sugars—a thing never even dreamed of before. Mrs. Jones is already beginning to enjoy her new lifestyle practices and is rejoicing with her new lease

SAVE THE TRIP TO THE PHARMACY—JUST STEP OUTDOORS!

on life. To the rotating medical student, Mrs. Jones is nothing less than a miracle; and to the nurse practitioner assistant, one more lesson learned. To me—a blessing from God, who honors them that love and honor Him and respect His principles of life.

Nature's (God's) remedies really do work! They may be slow, but they are sure, and virtually free of dangerous side effects. No need to fret or worry that one remedy will interfere with another. Save the trip to the pharmacy—just step outdoors! The price is right—they're a free gift from a loving God.

There is only one problem: They do not work unless applied! ■



Dr. Walter Thompson is a retired surgeon and 3ABN's board chairman. He spends much of his spare time working in free clinics.



NYSE COLLINS is the founder of Nyse Life Consultants, Inc., based in Atlanta, Georgia. He provides seminars for corporations, organizations, and churches which feature a wide variety of safety, health, and nutritional information. He specializes in disease prevention, and he also provides individual consultations for those with illness, helping clients with food planning and preparation, natural health remedies, and lifestyle adjustments. Visit his website at nyselife.com.

Sunflower Seed Nutloaf

Nyse Collins was recently featured on *3ABN Today* and the Spanish version, *3ABN Hoy*, as he prepared some of his favorite crowd-pleasing dishes.

“You can never go wrong with the Sunflower Seed Nutloaf,” he says. “You can use it with so many different meals!”

He says this loaf is so good that people often comment, “Weren’t you going to cook a vegetarian meatloaf?”

“That’s what it is,” he tells them, as he watches their amazed expressions.

Give it a try, and you’ll be amazed, too! ■

Sunflower Seed Nutloaf

- ½ C raw sunflower seeds, ground in blender
- ⅔ C walnuts, ground
- ¾ C bread crumbs
- 1 medium potato, raw, shredded
- 1 C nut or soy milk
- 1 garlic clove, chopped fine
- 1 small onion, chopped fine
- 1 tsp sea salt
- 1 Tbsp Bragg’s Liquid Aminos (soy sauce replacement)
- ¼ tsp sage
- ¼ tsp garlic salt

Mix all ingredients in a large mixing bowl. Grease loaf pan with olive oil or cooking spray, and pour mixture into it. Cover it with aluminum foil, and bake 45 minutes at 350°F. Uncover and bake for an additional 15 minutes. Serves 6–8.

Asado de Semillas de Girasol

- ½ taza de semillas de girasol crudas y molidas
- ⅔ taza de nueces molidas
- ¾ taza de migajas de pan fresco
- 1 papa medianas crudas ralladas
- 1 taza de leche de nuez o de soya
- 1 diente de ajo picado finamente
- 1 cebolla pequeña picada finamente
- 1 cucharadita de sal marina
- 1 cucharada de Bragg’s Liquid Aminos (o salsa de soya)
- ¼ cucharadita de salvia
- ¼ cucharadita de sal de ajo

Mezclar todo los ingredientes en un recipiente grande. Use un poco de aceite de olivo para engrasar la lamina de hornear (pueden usan *Pam* spray para cocinar si desea). Distribuir la mezcla en la lamina de hornear y cubra con papel de aluminio. Hornee a 350 grados por 45 minutos. Destape y hornee por unos 15 minutos adicionales. Sirve de 6-8 personas.

SCHEDULES

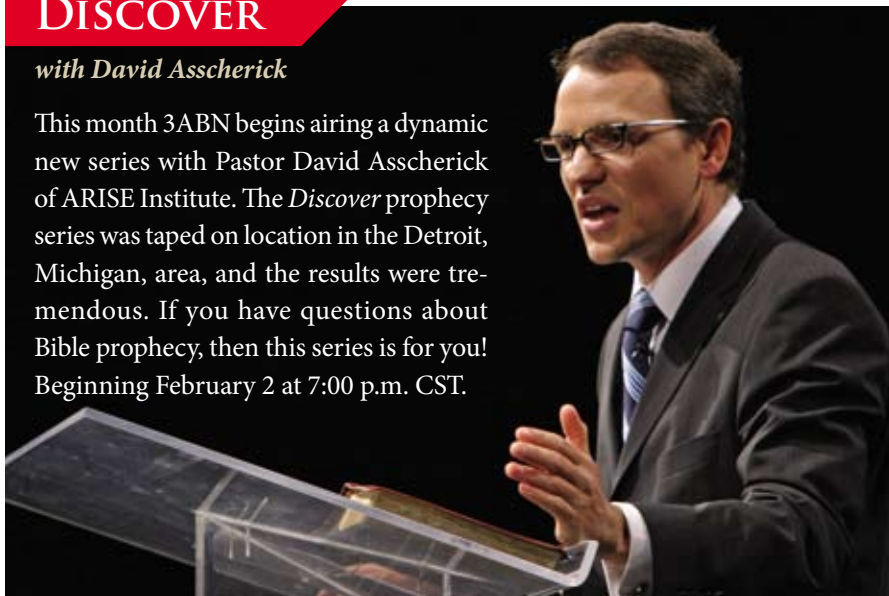
This schedule is an overview of the program lineup for North American and website broadcasts. Check out the “Programming” section of our website, www.3abn.org, for more detailed weekly schedules and program changes.

Abbreviations and symbols: PST = Pacific Standard Time (UTC-8); MST = Mountain Standard Time (UTC-7); CST = Central Standard Time (UTC-6); EST = Eastern Standard Time (UTC-5). GMT = Greenwich Mean Time (UTC, the standard international time zone). = Closed captioned. = Live program. = New series. = Repeat of live program. **Programs in red are changes from the previous month.**

DISCOVER

with David Asscherick

This month 3ABN begins airing a dynamic new series with Pastor David Asscherick of ARISE Institute. The *Discover* prophecy series was taped on location in the Detroit, Michigan, area, and the results were tremendous. If you have questions about Bible prophecy, then this series is for you! Beginning February 2 at 7:00 p.m. CST.



SPECIALS

These preempt our regular weekly programs

Mar 16 - Mar 17	LIVE South East Youth Conference, Southern Adventist University, Collegedale, Tennessee. Times TBA.
Apr 13 - Apr 14	LIVE 3ABN Rally, Fletcher Academy, Fletcher, North Carolina. Times TBA.
May 5 - May 6	LIVE 3ABN's Ten Commandments Weekend. Arie Crown Theater, McCormick Place, Chicago, Illinois. Times TBA.
May 23 - May 26	LIVE 3ABN Spring Camp Meeting, Thompsonville, Illinois. Wed. 7:00 p.m.; Thu. 8:00 p.m.; Fri. 8:00 p.m.; Sat. 9:30 a.m., 2:30 p.m., 7:00 p.m. CST.

3ABN: FEBRUARY

SUNDAY

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	8:00a	Janice's Attic (Janice Smith)
12:30	1:30	2:30	3:30	8:30	Exalting His Word (Shelley Quinn)
1:00a	2:00a	3:00a	4:00a	9:00a	The Most Amazing Prophecies (Doug Batchelor)
1:30	2:30	3:30	4:30	9:30	...continued
2:00a	3:00a	4:00a	5:00a	10:00a	...continued
2:30	3:30	4:30	5:30	10:30	Wonderfully Made
3:00a	4:00a	5:00a	6:00a	11:00a	Kenneth Cox Ministries Presents...
3:30	4:30	5:30	6:30	11:30	...continued
4:00a	5:00a	6:00a	7:00a	Noon	Body & Spirit (Dick Nunez)
4:30	5:30	6:30	7:30	12:30	His Words Are Life/Rags to Riches
5:00a	6:00a	7:00a	8:00a	1:00p	Variety
5:30	6:30	7:30	8:30	1:30	Let's Cook Together
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Today
6:30	7:30	8:30	9:30	2:30	...continued
7:00a	8:00a	9:00a	10:00a	3:00p	Grandma's House/Back to Nature
7:30	8:30	9:30	10:30	3:30	Exploring the Word (Lonnie Melashenko)
8:00a	9:00a	10:00a	11:00a	4:00p	Worship Hour
8:30	9:30	10:30	11:30	4:30	...continued
9:00a	10:00a	11:00a	Noon	5:00p	Revelation Insights (Lyle Albrecht)
9:30	10:30	11:30	12:30	5:30	...continued
10:00a	11:00a	Noon	1:00p	6:00p	Melody From My Heart
10:30	11:30	12:30	1:30	6:30	Faith Chapel
11:00a	Noon	1:00p	2:00p	7:00p	The Presence (Shawn Boonstra)
11:30	12:30	1:30	2:30	7:30	...continued
Noon	1:00p	2:00p	3:00p	8:00p	Body & Spirit Aerobics (Dick Nunez)
12:30	1:30	2:30	3:30	8:30	Abundant Living (Curtis & Paula Eakins)
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Today LIVE (repeat)
1:30	2:30	3:30	4:30	9:30	...continued
2:00p	3:00p	4:00p	5:00p	10:00p	...continued
2:30	3:30	4:30	5:30	10:30	...continued
3:00p	4:00p	5:00p	6:00p	11:00p	The Carter Report (John Carter)
3:30	4:30	5:30	6:30	11:30	...continued
4:00p	5:00p	6:00p	7:00p	Mon	Adventures in Missions
4:30	5:30	6:30	7:30	12:30	In Search of Truth (Charles Byrd)
5:00p	6:00p	7:00p	8:00p	1:00a	Discover (David Asscherick)
5:30	6:30	7:30	8:30	1:30	...continued
6:00p	7:00p	8:00p	9:00p	2:00a	Issues & Answers (Summers/Thomas)
6:30	7:30	8:30	9:30	2:30	In the Footsteps of Paul (Tony Moore)
7:00p	8:00p	9:00p	10:00p	3:00a	3ABN Today
7:30	8:30	9:30	10:30	3:30	...continued
8:00p	9:00p	10:00p	11:00p	4:00a	Revelation Now (Jac Colon)
8:30	9:30	10:30	11:30	4:30	...continued
9:00p	10:00p	11:00p	Mon	5:00a	Battles of Faith (Ivor & Atonte Myers)
9:30	10:30	11:30	12:30	5:30	Wonderfully Made
10:00p	11:00p	Mon	1:00a	6:00a	Special Feature
10:30	11:30	12:30	1:30	6:30	...continued
11:00p	Mon	1:00a	2:00a	7:00a	3ABN Today
11:30	12:30	1:30	2:30	7:30	...continued

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	8:00a	Kids Time (Brenda Walsh)
12:30	1:30	2:30	3:30	8:30	Lift Him Up (Ty Gibson, James Rafferty)
1:00a	2:00a	3:00a	4:00a	9:00a	Revelation Speaks Hope (McMahon)
1:30	2:30	3:30	4:30	9:30	...continued
2:00a	3:00a	4:00a	5:00a	10:00a	Up Close
2:30	3:30	4:30	5:30	10:30	...continued
3:00a	4:00a	5:00a	6:00a	11:00a	Faith Chapel
3:30	4:30	5:30	6:30	11:30	Heaven's Point of View (Hal Steenson)
4:00a	5:00a	6:00a	7:00a	Noon	Body & Spirit Aerobics (Dick Nunez)
4:30	5:30	6:30	7:30	12:30	World Prophecy News/Health Headlines
5:00a	6:00a	7:00a	8:00a	1:00p	Janice's Attic (Janice Smith)
5:30	6:30	7:30	8:30	1:30	Food for Thought
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Today
6:30	7:30	8:30	9:30	2:30	...continued
7:00a	8:00a	9:00a	10:00a	3:00p	House Calls (live) (John Lomacang) 🔥
7:30	8:30	9:30	10:30	3:30	...continued
8:00a	9:00a	10:00a	11:00a	4:00p	Thinking About Home (Kathy Matthews)
8:30	9:30	10:30	11:30	4:30	ASI Video Magazine (Dan Houghton)
9:00a	10:00a	11:00a	Noon	5:00p	Amazing Discoveries (Stephen Wohlberg)
9:30	10:30	11:30	12:30	5:30	...continued
10:00a	11:00a	Noon	1:00p	6:00p	Digging Up the Past (David Down)
10:30	11:30	12:30	1:30	6:30	Breath of Life (Walter Pearson)
11:00a	Noon	1:00p	2:00p	7:00p	Grandma's House/Rags to Riches
11:30	12:30	1:30	2:30	7:30	Let's Cook Together
Noon	1:00p	2:00p	3:00p	8:00p	Body & Spirit (Dick Nunez)
12:30	1:30	2:30	3:30	8:30	Lift Him Up (Ty Gibson, James Rafferty)
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Today
1:30	2:30	3:30	4:30	9:30	...continued
2:00p	3:00p	4:00p	5:00p	10:00p	Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30	10:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	11:00p	General Youth Conference
3:30	4:30	5:30	6:30	11:30	...continued
4:00p	5:00p	6:00p	7:00p	Tue	Laymen Ministries (Jeff Reich)
4:30	5:30	6:30	7:30	12:30	Melody From My Heart
5:00p	6:00p	7:00p	8:00p	1:00a	Discover (David Asscherick) ★
5:30	6:30	7:30	8:30	1:30	...continued
6:00p	7:00p	8:00p	9:00p	2:00a	Exploring the Word (Lonnie Melashenko)
6:30	7:30	8:30	9:30	2:30	Liberty Insider (James Standish)
7:00p	8:00p	9:00p	10:00p	3:00a	3ABN Today
7:30	8:30	9:30	10:30	3:30	...continued
8:00p	9:00p	10:00p	11:00p	4:00a	The Carter Report (John Carter)
8:30	9:30	10:30	11:30	4:30	...continued
9:00p	10:00p	11:00p	Tue	5:00a	The Most Amazing Prophecies (Doug Batchelor)
9:30	10:30	11:30	12:30	5:30	...continued
10:00p	11:00p	Tue	1:00a	6:00a	...continued
10:30	11:30	12:30	1:30	6:30	ASI Video Magazine (Dan Houghton)
11:00p	Tue	1:00a	2:00a	7:00a	3ABN Today
11:30	12:30	1:30	2:30	7:30	...continued

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	8:00a	Kids Time Praise
12:30	1:30	2:30	3:30	8:30	By My Spirit (Ed Reid)
1:00a	2:00a	3:00a	4:00a	9:00a	The Carter Report (John Carter)
1:30	2:30	3:30	4:30	9:30	...continued
2:00a	3:00a	4:00a	5:00a	10:00a	Abundant Living (Curtis & Paula Eakins)
2:30	3:30	4:30	5:30	10:30	It Is Written (Shawn Boonstra) ☑
3:00a	4:00a	5:00a	6:00a	11:00a	Laymen Ministries (Jeff Reich)
3:30	4:30	5:30	6:30	11:30	Digging Up the Past (David Down)
4:00a	5:00a	6:00a	7:00a	Noon	Body & Spirit (Dick Nunez)
4:30	5:30	6:30	7:30	12:30	In Search of Truth (Charles Byrd)
5:00a	6:00a	7:00a	8:00a	1:00p	Revelation Insights (Lyle Albrecht)
5:30	6:30	7:30	8:30	1:30	...continued
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Today LIVE (repeat) 🔍
6:30	7:30	8:30	9:30	2:30	...continued
7:00a	8:00a	9:00a	10:00a	3:00p	...continued
7:30	8:30	9:30	10:30	3:30	...continued
8:00a	9:00a	10:00a	11:00a	4:00p	Help Yourself to Health (Agatha Thrash)
8:30	9:30	10:30	11:30	4:30	So Send I You (May Chung)
9:00a	10:00a	11:00a	Noon	5:00p	Revelation Speaks Hope (McMahon)
9:30	10:30	11:30	12:30	5:30	...continued
10:00a	11:00a	Noon	1:00p	6:00p	3ABN On the Road
10:30	11:30	12:30	1:30	6:30	...continued
11:00a	Noon	1:00p	2:00p	7:00p	Heaven's Point of View (Hal Steenson)
11:30	12:30	1:30	2:30	7:30	Food for Thought
Noon	1:00p	2:00p	3:00p	8:00p	Body & Spirit Aerobics (Dick Nunez)
12:30	1:30	2:30	3:30	8:30	Bible Answers (Doug Batchelor)
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Today
1:30	2:30	3:30	4:30	9:30	...continued
2:00p	3:00p	4:00p	5:00p	10:00p	Kids Time Praise
2:30	3:30	4:30	5:30	10:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	11:00p	Grandma's House/His Words Are Life
3:30	4:30	5:30	6:30	11:30	Wonderfully Made
4:00p	5:00p	6:00p	7:00p	Wed	Melody From My Heart
4:30	5:30	6:30	7:30	12:30	Lift Him Up (Ty Gibson, James Rafferty)
5:00p	6:00p	7:00p	8:00p	1:00a	Discover (David Asscherick) ★
5:30	6:30	7:30	8:30	1:30	...continued
6:00p	7:00p	8:00p	9:00p	2:00a	Faith Factor (Cynthia Prime)
6:30	7:30	8:30	9:30	2:30	Global Mission Frontline (Mike Ryan)
7:00p	8:00p	9:00p	10:00p	3:00a	3ABN Today
7:30	8:30	9:30	10:30	3:30	...continued
8:00p	9:00p	10:00p	11:00p	4:00a	Exalting His Word (Shelley Quinn) ☑
8:30	9:30	10:30	11:30	4:30	Health for a Lifetime (Don Mackintosh)
9:00p	10:00p	11:00p	Wed	5:00a	Ten Commandments
9:30	10:30	11:30	12:30	5:30	...continued
10:00p	11:00p	Wed	1:00a	6:00a	Revelation Speaks Hope (McMahon)
10:30	11:30	12:30	1:30	6:30	...continued
11:00p	Wed	1:00a	2:00a	7:00a	3ABN Today
11:30	12:30	1:30	2:30	7:30	...continued

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	8:00a	Tiny Tots for Jesus (Linda Johnson)
12:30	1:30	2:30	3:30	8:30	Issues & Answers
1:00a	2:00a	3:00a	4:00a	9:00a	The Carter Report (John Carter)
1:30	2:30	3:30	4:30	9:30	...continued
2:00a	3:00a	4:00a	5:00a	10:00a	Battles of Faith (Ivor & Atonte Myers)
2:30	3:30	4:30	5:30	10:30	Adventures in Missions (Dan Matthews)
3:00a	4:00a	5:00a	6:00a	11:00a	General Youth Conference
3:30	4:30	5:30	6:30	11:30	...continued
4:00a	5:00a	6:00a	7:00a	Noon	Body & Spirit Aerobics (Dick Nunez)
4:30	5:30	6:30	7:30	12:30	His Words Are Life/Rags to Riches
5:00a	6:00a	7:00a	8:00a	1:00p	Grandma's House/Back to Nature
5:30	6:30	7:30	8:30	1:30	Maranatha Mission Stories
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Today
6:30	7:30	8:30	9:30	2:30	...continued
7:00a	8:00a	9:00a	10:00a	3:00p	In the Footsteps of Paul (Tony Moore)
7:30	8:30	9:30	10:30	3:30	Adventist SE Asian Projects
8:00a	9:00a	10:00a	11:00a	4:00p	Marriage in God's Hands (Waters)
8:30	9:30	10:30	11:30	4:30	Adventist Frontier Missions
9:00a	10:00a	11:00a	Noon	5:00p	Revelation Now (Jac Colon)
9:30	10:30	11:30	12:30	5:30	...continued
10:00a	11:00a	Noon	1:00p	6:00p	In Search of Truth (Charles Byrd)
10:30	11:30	12:30	1:30	6:30	Liberty Insider (James Standish)
11:00a	Noon	1:00p	2:00p	7:00p	By My Spirit (Ed Reid)
11:30	12:30	1:30	2:30	7:30	Abundant Living (Curtis & Paula Eakins)
Noon	1:00p	2:00p	3:00p	8:00p	Body & Spirit (Dick Nunez)
12:30	1:30	2:30	3:30	8:30	Left Behind: Fact or Fiction? (Finley)
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Today
1:30	2:30	3:30	4:30	9:30	...continued
2:00p	3:00p	4:00p	5:00p	10:00p	Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30	10:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	11:00p	Teen Pathways
3:30	4:30	5:30	6:30	11:30	Exploring the Word (Lonnie Melashenko)
4:00p	5:00p	6:00p	7:00p	Thu	Battles of Faith (Ivor & Atonte Myers)
4:30	5:30	6:30	7:30	12:30	Issues & Answers
5:00p	6:00p	7:00p	8:00p	1:00a	Discover (David Asscherick) ★
5:30	6:30	7:30	8:30	1:30	...continued
6:00p	7:00p	8:00p	9:00p	2:00a	It Is Written (Shawn Boonstra) CC
6:30	7:30	8:30	9:30	2:30	Faith Chapel
7:00p	8:00p	9:00p	10:00p	3:00a	3ABN Today
7:30	8:30	9:30	10:30	3:30	...continued
8:00p	9:00p	10:00p	11:00p	4:00a	3ABN On the Road
8:30	9:30	10:30	11:30	4:30	...continued
9:00p	10:00p	11:00p	Thu	5:00a	Revelation Insights (Lyle Albrecht)
9:30	10:30	11:30	12:30	5:30	...continued
10:00p	11:00p	Thu	1:00a	6:00a	Secrets Unsealed Presents... ★
10:30	11:30	12:30	1:30	6:30	...continued
11:00p	Thu	1:00a	2:00a	7:00a	3ABN Today
11:30	12:30	1:30	2:30	7:30	...continued

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	8:00a	Kids Time (Brenda Walsh)
12:30	1:30	2:30	3:30	8:30	In Search of Truth (Charles Byrd)
1:00a	2:00a	3:00a	4:00a	9:00a	House Calls (repeat) (John Lomacang) ◀
1:30	2:30	3:30	4:30	9:30	...continued
2:00a	3:00a	4:00a	5:00a	10:00a	Liberty Insider (James Standish)
2:30	3:30	4:30	5:30	10:30	Exploring the Word (Lonnie Melashenko)
3:00a	4:00a	5:00a	6:00a	11:00a	Bible Answers (Doug Batchelor)
3:30	4:30	5:30	6:30	11:30	Adventist Frontier Missions
4:00a	5:00a	6:00a	7:00a	Noon	Body & Spirit (Dick Nunez)
4:30	5:30	6:30	7:30	12:30	So Send I You (May Chung)
5:00a	6:00a	7:00a	8:00a	1:00p	The Presence (Shawn Boonstra)
5:30	6:30	7:30	8:30	1:30	...continued
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Today
6:30	7:30	8:30	9:30	2:30	...continued
7:00a	8:00a	9:00a	10:00a	3:00p	Lift Him Up (Ty Gibson, James Rafferty)
7:30	8:30	9:30	10:30	3:30	Heaven's Point of View (Hal Steenson)
8:00a	9:00a	10:00a	11:00a	4:00p	Faith Factor (Cynthia Prime)
8:30	9:30	10:30	11:30	4:30	Laymen Ministries (Jeff Reich)
9:00a	10:00a	11:00a	Noon	5:00p	Keepers of the Flame
9:30	10:30	11:30	12:30	5:30	Health Headlines/World Prophecy News
10:00a	11:00a	Noon	1:00p	6:00p	Secrets Unsealed Presents... ★
10:30	11:30	12:30	1:30	6:30	...continued
11:00a	Noon	1:00p	2:00p	7:00p	Melody From My Heart
11:30	12:30	1:30	2:30	7:30	Let's Cook Together
Noon	1:00p	2:00p	3:00p	8:00p	Body & Spirit Aerobics (Dick Nunez)
12:30	1:30	2:30	3:30	8:30	Exalting His Word (Shelley Quinn) CC
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Today
1:30	2:30	3:30	4:30	9:30	...continued
2:00p	3:00p	4:00p	5:00p	10:00p	Kids Time Praise
2:30	3:30	4:30	5:30	10:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	11:00p	Grandma's House/His Words Are Life
3:30	4:30	5:30	6:30	11:30	Faith Chapel
4:00p	5:00p	6:00p	7:00p	Fri	The Carter Report (John Carter)
4:30	5:30	6:30	7:30	12:30	...continued
5:00p	6:00p	7:00p	8:00p	1:00a	Central Study Hour CC
5:30	6:30	7:30	8:30	1:30	...continued
6:00p	7:00p	8:00p	9:00p	2:00a	3ABN Today LIVE ⚡
6:30	7:30	8:30	9:30	2:30	...continued
7:00p	8:00p	9:00p	10:00p	3:00a	...continued
7:30	8:30	9:30	10:30	3:30	...continued
8:00p	9:00p	10:00p	11:00p	4:00a	Kenneth Cox Ministries Presents... ★
8:30	9:30	10:30	11:30	4:30	...continued
9:00p	10:00p	11:00p	Fri	5:00a	Health for a Lifetime (Don Mackintosh)
9:30	10:30	11:30	12:30	5:30	In the Footsteps of Paul (Tony Moore)
10:00p	11:00p	Fri	1:00a	6:00a	Central Study Hour CC
10:30	11:30	12:30	1:30a	6:30	...continued
11:00p	Fri	1:00a	2:00a	7:00a	3ABN Today LIVE (repeat) ◀
11:30	12:30	1:30	2:30	7:30	...continued

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	8:00a	3ABN Today LIVE (cont.)
12:30	1:30	2:30	3:30	8:30	...continued
1:00a	2:00a	3:00a	4:00a	9:00a	Heaven's Point of View (Hal Steenson)
1:30	2:30	3:30	4:30	9:30	Faith Factor (Cynthia Prime)
2:00a	3:00a	4:00a	5:00a	10:00a	The Carter Report (John Carter)
2:30	3:30	4:30	5:30	10:30	...continued
3:00a	4:00a	5:00a	6:00a	11:00a	Revelation Now (Jac Colon)
3:30	4:30	5:30	6:30	11:30	...continued
4:00a	5:00a	6:00a	7:00a	Noon	Faith Chapel
4:30	5:30	6:30	7:30	12:30	Exalting His Word (Shelley Quinn) CC
5:00a	6:00a	7:00a	8:00a	1:00p	By My Spirit (Ed Reid)
5:30	6:30	7:30	8:30	1:30	Left Behind: Fact or Fiction? (Finley)
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Today
6:30	7:30	8:30	9:30	2:30	...continued
7:00a	8:00a	9:00a	10:00a	3:00p	Special Feature
7:30	8:30	9:30	10:30	3:30	...continued
8:00a	9:00a	10:00a	11:00a	4:00p	Health for a Lifetime (Don Mackintosh)
8:30	9:30	10:30	11:30	4:30	Adventures in Missions (Dan Matthews)
9:00a	10:00a	11:00a	Noon	5:00p	Ten Commandments
9:30	10:30	11:30	12:30	5:30	...continued
10:00a	11:00a	Noon	1:00p	6:00p	Up Close
10:30	11:30	12:30	1:30	6:30	...continued
11:00a	Noon	1:00p	2:00p	7:00p	ASI Video Magazine (Dan Houghton)
11:30	12:30	1:30	2:30	7:30	Food for Thought
Noon	1:00p	2:00p	3:00p	8:00p	Issues & Answers
12:30	1:30	2:30	3:30	8:30	Battles of Faith (Ivor & Atonte Myers)
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Today
1:30	2:30	3:30	4:30	9:30	...continued
2:00p	3:00p	4:00p	5:00p	10:00p	Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30	10:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	11:00p	Teen Pathways
3:30	4:30	5:30	6:30	11:30	Variety
4:00p	5:00p	6:00p	7:00p	Sat	Breath of Life (Walter Pearson)
4:30	5:30	6:30	7:30	12:30	In the Footsteps of Paul (Tony Moore)
5:00p	6:00p	7:00p	8:00p	1:00a	Discover (David Asscherick) ★
5:30	6:30	7:30	8:30	1:30	...continued
6:00p	7:00p	8:00p	9:00p	2:00a	It Is Written (Shawn Boonstra) CC
6:30	7:30	8:30	9:30	2:30	Heaven's Point of View (Hal Steenson)
7:00p	8:00p	9:00p	10:00p	3:00a	3ABN Today
7:30	8:30	9:30	10:30	3:30	...continued
8:00p	9:00p	10:00p	11:00p	4:00a	Everlasting Gospel
8:30	9:30	10:30	11:30	4:30	...continued
9:00p	10:00p	11:00p	Sat	5:00a	In Search of Truth (Charles Byrd)
9:30	10:30	11:30	12:30	5:30	Marriage in God's Hands (Waters)
10:00p	11:00p	Sat	1:00a	6:00a	Faith Chapel
10:30	11:30	12:30	1:30	6:30	ASI Video Magazine (Dan Houghton)
11:00p	Sat	1:00a	2:00a	7:00a	3ABN Today
11:30	12:30	1:30	2:30	7:30	...continued

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	8:00a	Melody From My Heart
12:30	1:30	2:30	3:30	8:30	Dynamics in the Science of Prayer (Phillips)
1:00a	2:00a	3:00a	4:00a	9:00a	3ABN On the Road
1:30	2:30	3:30	4:30	9:30	...continued
2:00a	3:00a	4:00a	5:00a	10:00a	Breath of Life (Walter Pearson)
2:30	3:30	4:30	5:30	10:30	In the Footsteps of Paul (Tony Moore)
3:00a	4:00a	5:00a	6:00a	11:00a	Ten Commandments
3:30	4:30	5:30	6:30	11:30	...continued
4:00a	5:00a	6:00a	7:00a	Noon	His Words Are Life/Back to Nature
4:30	5:30	6:30	7:30	12:30	Kids Time Praise
5:00a	6:00a	7:00a	8:00a	1:00p	Tiny Tots for Jesus (Linda Johnson)
5:30	6:30	7:30	8:30	1:30	Kids Time (Brenda Walsh)
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Today
6:30	7:30	8:30	9:30	2:30	...continued
7:00a	8:00a	9:00a	10:00a	3:00p	Central Study Hour CC
7:30	8:30	9:30	10:30	3:30	...continued
8:00a	9:00a	10:00a	11:00a	4:00p	Worship Hour
8:30	9:30	10:30	11:30	4:30	...continued
9:00a	10:00a	11:00a	Noon	5:00p	Secrets Unsealed Presents... ★
9:30	10:30	11:30	12:30	5:30	...continued
10:00a	11:00a	Noon	1:00p	6:00p	The Most Amazing Prophecies (Doug Batchelor)
10:30	11:30	12:30	1:30	6:30	...continued
11:00a	Noon	1:00p	2:00p	7:00p	...continued
11:30	12:30	1:30	2:30	7:30	Melody From My Heart
Noon	1:00p	2:00p	3:00p	8:00p	Lift Him Up (Ty Gibson, James Rafferty)
12:30	1:30	2:30	3:30	8:30	Faith Factor (Cynthia Prime)
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Today
1:30	2:30	3:30	4:30	9:30	...continued
2:00p	3:00p	4:00p	5:00p	10:00p	Exalting His Word (Shelley Quinn) CC
2:30	3:30	4:30	5:30	10:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	11:00p	Kids Time Praise
3:30	4:30	5:30	6:30	11:30	Tiny Tots for Jesus (Linda Johnson)
4:00p	5:00p	6:00p	7:00p	Sun	Health for a Lifetime (Don Mackintosh)
4:30	5:30	6:30	7:30	12:30	Global Mission Frontline (Mike Ryan)
5:00p	6:00p	7:00p	8:00p	1:00a	Discover (David Asscherick) ★
5:30	6:30	7:30	8:30	1:30	...continued
6:00p	7:00p	8:00p	9:00p	2:00a	It Is Written (Shawn Boonstra) CC
6:30	7:30	8:30	9:30	2:30	Wonderfully Made
7:00p	8:00p	9:00p	10:00p	3:00a	3ABN Today
7:30	8:30	9:30	10:30	3:30	...continued
8:00p	9:00p	10:00p	11:00p	4:00a	Special Feature
8:30	9:30	10:30	11:30	4:30	...continued
9:00p	10:00p	11:00p	Sun	5:00a	Left Behind: Fact or Fiction? (Finley)
9:30	10:30	11:30	12:30	5:30	Faith Factor (Cynthia Prime)
10:00p	11:00p	Sun	1:00a	6:00a	3ABN On the Road
10:30	11:30	12:30	1:30	6:30	...continued
11:00p	Sun	1:00a	2:00a	7:00a	3ABN Today
11:30	12:30	1:30	2:30	7:30	...continued



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Genesis TO Revelation SEMINAR

You probably can't get a better overview of the Bible than on the Genesis to Revelation Seminar! Pastor George Knowles skillfully takes us through the books of the Bible with his delightful insight, highlighting some of the most wonderful stories from each book. If you're a new student of God's Word, or even a seasoned Christian, you'll enjoy this insightful program. Tuesday at 10:00 a.m. CST.

CST	SUNDAY
2:00a	Thinking About Home
2:30	Dynamics in the Science of Prayer
3:00a	The Prophecy Code
3:30	...continued
4:00a	Heaven's Point of View
4:30	Faith Chapel
5:00a	Musical Meditations
5:30	...continued
6:00a	Rags to Riches/Growing in Grace
6:30	Freedom's Ring/Abundant Living
7:00a	Your Story Hour
7:30	Bible Answers
8:00a	3ABN Today
8:30	...continued
9:00a	Endtime Insights/The StoryHouse
9:30	Janice's Attic
10:00a	Central Study Hour
10:30	...continued
11:00a	Worship Hour
11:30	...continued
Noon	Thinking About Home
12:30	Christian Concerns
1:00p	The Prophecy Code
1:30	...continued
2:00p	It Is Written
2:30	Women at the Well
3:00p	3ABN Today LIVE (repeat)
3:30	...continued
4:00p	...continued
4:30	...continued
5:00p	Musical Meditations
5:30	...continued
6:00p	3ABN On the Road: Prophecy
6:30	...continued
7:00p	More Abundant Life
7:30	Rags to Riches/Growing in Grace
8:00p	3ABN Today
8:30	...continued
9:00p	Bible Answers LIVE
9:30	...continued
10:00p	Your Story Hour
10:30	Christian Concerns
11:00p	Endtime Insights/Health Headlines
11:30	Freedom's Ring/Abundant Living
Mon	3ABN On Location
12:30	...continued
1:00a	3ABN Today
1:30	...continued

CST	MONDAY	CST	TUESDAY
2:00a	Health for a Lifetime	2:00a	Bible Answers LIVE (repeat)
2:30	His Words Are Life/Rags to Riches	2:30	...continued
3:00a	Voice of Prophecy/Between the Lines	3:00a	Voice of Prophecy/Between the Lines
3:30	Profiles	3:30	Marriage in God's Hands
4:00a	Kids Time	4:00a	Kids Time
4:30	Lift Him Up	4:30	Issues & Answers
5:00a	Musical Meditations	5:00a	Musical Meditations
5:30	...continued	5:30	...continued
6:00a	Bible Answers	6:00a	Help Yourself to Health
6:30	Christian Concerns	6:30	Freedom's Ring/Endtime Insights
7:00a	Wonderfully Made	7:00a	Thinking About Home
7:30	Faith Chapel	7:30	Faith Chapel
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio	9:00a	Crossroads on 3ABN Radio
9:30	...continued	9:30	...continued
10:00a	Marriage in God's Hands	10:00a	Genesis to Revelation Seminar
10:30	Health Headlines/Your Family Health	10:30	Homeschool of Health
11:00a	3ABN On the Road	11:00a	3ABN On the Road
11:30	...continued	11:30	...continued
Noon	Your Story Hour	Noon	Your Story Hour
12:30	It's Your Money	12:30	Abundant Living/Growing in Grace
1:00p	Health for a Lifetime	1:00p	By My Spirit
1:30	His Words Are Life/Rags to Riches	1:30	Profiles
2:00p	Kids Time	2:00p	Kids Time
2:30	Lift Him Up	2:30	Issues & Answers
3:00p	Voice of Prophecy/Between the Lines	3:00p	Voice of Prophecy/Between the Lines
3:30	It Is Written	3:30	It Is Written
4:00p	3ABN On Location	4:00p	3ABN On Location
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	3ABN On the Road	6:00p	3ABN On the Road
6:30	...continued	6:30	...continued
7:00p	Christian Concerns	7:00p	Homeschool of Health
7:30	Health Headlines/The StoryHouse	7:30	Thinking About Home
8:00p	Heaven's Point of View	8:00p	Help Yourself to Health
8:30	Faith Chapel	8:30	Faith Chapel
9:00p	3ABN Today	9:00p	3ABN Today
9:30	...continued	9:30	...continued
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	It Is Written	10:30	It Is Written
11:00p	Crossroads on 3ABN Radio	11:00p	Crossroads on 3ABN Radio
11:30	...continued	11:30	...continued
Tue	3ABN On Location	Wed	3ABN On Location
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today
1:30	...continued	1:30	...continued

3ABN RADIO: FEBRUARY (continued)

CST	WEDNESDAY	CST	THURSDAY
2:00a	Health for a Lifetime	2:00a	Health for a Lifetime
2:30	His Words Are Life/Rags to Riches	2:30	His Words Are Life/Rags to Riches
3:00a	Voice of Prophecy/Between the Lines	3:00a	Voice of Prophecy/Between the Lines
3:30	By My Spirit	3:30	Marriage in God's Hands
4:00a	Kids Time	4:00a	Kids Time
4:30	Issues & Answers	4:30	Issues & Answers
5:00a	Musical Meditations	5:00a	Musical Meditations
5:30	...continued	5:30	...continued
6:00a	Help Yourself to Health	6:00a	Bible Answers
6:30	Christian Concerns	6:30	Your Health News/Endtime Insights
7:00a	Wonderfully Made	7:00a	Thinking About Home
7:30	Faith Chapel	7:30	Faith Chapel
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio	9:00a	Crossroads on 3ABN Radio
9:30	...continued	9:30	...continued
10:00a	Women at the Well	10:00a	Heaven's Point of View
10:30	Health Headlines/Your Family Health	10:30	Homeschool of Health
11:00a	3ABN On the Road	11:00a	3ABN On the Road
11:30	...continued	11:30	...continued
Noon	Your Story Hour	Noon	Your Story Hour
12:30	When God's People Pray	12:30	Stop Smoking Clinic
1:00p	Health for a Lifetime	1:00p	By My Spirit
1:30	His Words Are Life/Rags to Riches	1:30	Melody From My Heart/The StoryHouse
2:00p	Kids Time	2:00p	Kids Time
2:30	Issues & Answers	2:30	Issues & Answers
3:00p	Voice of Prophecy/Between the Lines	3:00p	Voice of Prophecy/Between the Lines
3:30	It Is Written	3:30	It Is Written
4:00p	3ABN On Location	4:00p	3ABN On Location
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	3ABN On the Road	6:00p	3ABN On the Road
6:30	...continued	6:30	...continued
7:00p	Christian Concerns	7:00p	Homeschool of Health
7:30	Health Headlines/Freedom's Ring	7:30	Profiles
8:00p	Help Yourself to Health	8:00p	3ABN Today LIVE 
8:30	Faith Chapel	8:30	...continued
9:00p	3ABN Today	9:00p	...continued
9:30	...continued	9:30	...continued
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	It Is Written	10:30	It Is Written
11:00p	Crossroads on 3ABN Radio	11:00p	Crossroads on 3ABN Radio
11:30	...continued	11:30	...continued
Thu	3ABN On Location	Fri	3ABN On Location
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today LIVE (repeat) 
1:30	...continued	1:30	...continued

CST	FRIDAY	CST	SATURDAY
2:00a	3ABN Today LIVE (cont.)	2:00a	Thinking About Home
2:30	...continued	2:30	Genesis to Revelation Seminar
3:00a	Voice of Prophecy/Between the Lines	3:00a	The Prophecy Code
3:30	By My Spirit	3:30	...continued
4:00a	Kids Time	4:00a	3ABN On the Road
4:30	Issues & Answers	4:30	...continued
5:00a	Musical Meditations	5:00a	Musical Meditations
5:30	...continued	5:30	...continued
6:00a	Help Yourself to Health	6:00a	Rags to Riches/Growing in Grace
6:30	More Abundant Life	6:30	More Abundant Life
7:00a	Wonderfully Made	7:00a	Your Story Hour
7:30	Faith Chapel	7:30	Bible Answers
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio	9:00a	Freedom's Ring/His Words Are Life
9:30	...continued	9:30	Marriage in God's Hands
10:00a	Marriage in God's Hands	10:00a	Central Study Hour
10:30	Health Headlines/Your Family Health	10:30	...continued
11:00a	3ABN On the Road	11:00a	Worship Hour
11:30	...continued	11:30	...continued
Noon	Your Story Hour	Noon	Thinking About Home
12:30	When God's People Pray	12:30	By My Spirit
1:00p	Health for a Lifetime	1:00p	The Prophecy Code
1:30	His Words Are Life/Rags to Riches	1:30	...continued
2:00p	Kids Time	2:00p	Issues & Answers
2:30	Issues & Answers	2:30	Faith Chapel
3:00p	Voice of Prophecy/Between the Lines	3:00p	House Calls 
3:30	Breath of Life	3:30	Endtime Insights/Melody From My H.
4:00p	3ABN On Location	4:00p	3ABN On the Road
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	3ABN On the Road	6:00p	3ABN On the Road: Prophecy
6:30	...continued	6:30	...continued
7:00p	More Abundant Life	7:00p	Heaven's Point of View
7:30	Thinking About Home	7:30	Rags to Riches/Growing in Grace
8:00p	Help Yourself to Health	8:00p	3ABN Today
8:30	Faith Chapel	8:30	...continued
9:00p	3ABN Today	9:00p	Bible Answers
9:30	...continued	9:30	Marriage in God's Hands
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	Breath of Life	10:30	Women at the Well
11:00p	Crossroads on 3ABN Radio	11:00p	Faith Chapel
11:30	...continued	11:30	By My Spirit
Sat	3ABN On the Road: Prophecy	Sun	3ABN On the Road: Prophecy
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today
1:30	...continued	1:30	...continued



Guía de Programación Mensual

Este horario es un repaso de la programación alineada para la transmisión de Norteamérica y de la Página Web. Revise la sección "Programación" de nuestra Página Web, www.3abn.org. Vaya a "Latino" para un informe más detallado acerca del horario semanal y cambios en la programación.

En las zonas de Estados Unidos: PST= Cambio de Tiempo en la Zona del Pacífico (UTC-8) MST= Cambio de Tiempo en la Zona Montaña (UTC-7) CST= Cambio de Tiempo en la Zona Central (UTC-6); EST= Cambio de Tiempo en la Zona Este (UTC-5). GMT= Greenwich quiere decir (UTC), la hora standard en la zona internacional. **Los programas en rojo son los cambios ocurridos desde el mes anterior.** **P** = programas en Portugués. **(P)** = programas em Portugués. **★** = programas nuevos. **↻** = repite.

MARAVILLOSA CREACIÓN • Hay enfermedades en todas partes, y la mayoría de ellas podrían evitarse si se prestara atención a las leyes de la salud. 3ABN Latino ha invitado a una variedad de doctores y médicos misioneros quienes están convencidos que la educación con relación a la maravillosa creación del cuerpo humano y su curación física van enlazadas con la misión de predicar el Evangelio. 3ABN Latino presenta *Maravillosa Creación* durante el mes de febrero. "Te alabaré; porque formidables, maravillosas son tus obras; estoy maravillado, y mi alma lo sabe muy bien." (Salmo 139:14.)



Maravillosa Creación

¿IDEAS NUEVAS? ¡BIENVENIDAS!

Para 3ABN Latino es un privilegio servir—servir a aquellos que están necesitados. Reconocemos que la mejor manera de proveer producciones con un contenido que supla sus necesidades es el que ustedes, los televidentes, envíen sugerencias acerca del tipo de programas que desearían ver por medio de este canal. Les extendemos una cordial invitación para que nos envíen sus ideas en cuanto a programación nueva. Escribanos a: 3ABN Latino, At: Ideas Nuevas, P.O. Box 220, West Frankfort, IL 62896, USA. Correo electrónico a: jose.medina@3abn.org. Gracias por ayudarnos a servirles mejor. ¡Que Dios les bendiga!



PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	8:00a	Volvamos a la Naturaleza/Patriarcas da Fé P
12:30	1:30	2:30	3:30	8:30	Está Escrito (Mark Finley) P
1:00a	2:00a	3:00a	4:00a	9:00a	Educando Para a Eternidade (Shirley G.) P
1:30	2:30	3:30	4:30	9:30	Saúde e Você P
2:00a	3:00a	4:00a	5:00a	10:00a	Hogar Dulce Hogar
2:30	3:30	4:30	5:30	10:30	El Joven de Hoy
3:00a	4:00a	5:00a	6:00a	11:00a	La Fe de Jesús (Enrique Campillo)
3:30	4:30	5:30	6:30	11:30	Crónicas del Anticristo (Steve Wohlberg)
4:00a	5:00a	6:00a	7:00a	MD	Descubra - Houston (Frank González)
4:30	5:30	6:30	7:30	12:30	Cuerpo y Espíritu - Aeróbicos
5:00a	6:00a	7:00a	8:00a	1:00p	Temas de Actualidad
5:30	6:30	7:30	8:30	1:30	Capilla de Fe
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Hoy
6:30	7:30	8:30	9:30	2:30	...continúa
7:00a	8:00a	9:00a	10:00a	3:00p	Descubriendo las Señales (Shawn B.)
7:30	8:30	9:30	10:30	3:30	...continúa
8:00a	9:00a	10:00a	11:00a	4:00p	Hogar Dulce Hogar
8:30	9:30	10:30	11:30	4:30	Está Escrito
9:00a	10:00a	11:00a	MD	5:00p	Con Mi Espíritu
9:30	10:30	11:30	12:30	5:30	Salud Total
10:00a	11:00a	MD	1:00p	6:00p	Las Profecías más Asombrosas (Doug B.)
10:30	11:30	12:30	1:30	6:30	...continúa
11:00a	MD	1:00p	2:00p	7:00p	...continúa
11:30	12:30	1:30	2:30	7:30	Cocinemos Juntos
MD	1:00p	2:00p	3:00p	8:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	8:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Hoy En Vivo
1:30	2:30	3:30	4:30	9:30	...continúa
2:00p	3:00p	4:00p	5:00p	10:00p	...continúa
2:30	3:30	4:30	5:30	10:30	...continúa
3:00p	4:00p	5:00p	6:00p	11:00p	Está Escrito (Mark Finley) P
3:30	4:30	5:30	6:30	11:30	Saúde e Você P
4:00p	5:00p	6:00p	7:00p	Lun	3ABN Visita
4:30	5:30	6:30	7:30	12:30	...continúa
5:00p	6:00p	7:00p	8:00p	1:00a	Maravillosa Creación ★
5:30	6:30	7:30	8:30	1:30	Variedad
6:00p	7:00p	8:00p	9:00p	2:00a	Descubriendo los Misterios de Génesis
6:30	7:30	8:30	9:30	2:30	...continúa (Esteban Bohr)
7:00p	8:00p	9:00p	10:00p	3:00a	3ABN Hoy
7:30	8:30	9:30	10:30	3:30	...continúa
8:00p	9:00p	10:00p	11:00p	4:00a	Diez Mandamientos
8:30	9:30	10:30	11:30	4:30	...continúa
9:00p	10:00p	11:00p	Lun	5:00a	Revive, Hay Esperanza (José Rojas)
9:30	10:30	11:30	12:30	5:30	...continúa
10:00p	11:00p	Lun	1:00a	6:00a	Capilla de Fe
10:30	11:30	12:30	1:30	6:30	Las Profecías más Asombrosas (Doug B.)
11:00p	Lun	1:00a	2:00a	7:00a	...continúa
11:30	12:30	1:30	2:30	7:30	...continúa

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	8:00a	Está Escrito (Henry Feyerabend) P
12:30	1:30	2:30	3:30	8:30	Espaço Jovem P
1:00a	2:00a	3:00a	4:00a	9:00a	Saúde e Você P
1:30	2:30	3:30	4:30	9:30	Patriarcas da Fé P /Seminario do Apocalipse P
2:00a	3:00a	4:00a	5:00a	10:00a	Jesús Es la Esperanza (Alejandro Bullón)
2:30	3:30	4:30	5:30	10:30	...continúa
3:00a	4:00a	5:00a	6:00a	11:00a	Temas de Actualidad
3:30	4:30	5:30	6:30	11:30	Maravillosa Creación ★
4:00a	5:00a	6:00a	7:00a	MD	Hogar Dulce Hogar
4:30	5:30	6:30	7:30	12:30	Cuerpo y Espíritu – Aeróbicos
5:00a	6:00a	7:00a	8:00a	1:00p	Amiguitos de Jesús
5:30	6:30	7:30	8:30	1:30	Alabanzas Infantiles
6:00a	7:00a	8:00a	9:00a	2:00p	Crónicas del Anticristo (Steve Wohlberg)
6:30	7:30	8:30	9:30	2:30	El Jóven de Hoy
7:00a	8:00a	9:00a	10:00a	3:00p	Respuestas Bíblicas
7:30	8:30	9:30	10:30	3:30	...continúa
8:00a	9:00a	10:00a	11:00a	4:00p	Descubriendo los Misterios de Génesis
8:30	9:30	10:30	11:30	4:30	...continúa (Esteban Bohr)
9:00a	10:00a	11:00a	MD	5:00p	3ABN Visita
9:30	10:30	11:30	12:30	5:30	...continúa
10:00a	11:00a	MD	1:00p	6:00p	Melodías del Corazón
10:30	11:30	12:30	1:30	6:30	La Dieta Ideal (Carlos Canales)
11:00a	MD	1:00p	2:00p	7:00p	Cuerpo y Espíritu – Aeróbicos
11:30	12:30	1:30	2:30	7:30	Cocinemos Juntos
MD	1:00p	2:00p	3:00p	8:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	8:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	9:00p	Capilla de Fe
1:30	2:30	3:30	4:30	9:30	Está Escrito
2:00p	3:00p	4:00p	5:00p	10:00p	Está Escrito (Henry Feyerabend) P
2:30	3:30	4:30	5:30	10:30	3ABN Gravando P
3:00p	4:00p	5:00p	6:00p	11:00p	Seminario do Apocalipse P /Patriarcas da Fé P
3:30	4:30	5:30	6:30	11:30	Felicidad Sin Límites (Esteban Bohr)
4:00p	5:00p	6:00p	7:00p	Mar	...continúa
4:30	5:30	6:30	7:30	12:30	Hogar Dulce Hogar
5:00p	6:00p	7:00p	8:00p	1:00a	Extrema Transformación de Vida
5:30	6:30	7:30	8:30	1:30	...continúa
6:00p	7:00p	8:00p	9:00p	2:00a	Educando Para La Eternidad (Yolanda S.)
6:30	7:30	8:30	9:30	2:30	Salud Total
7:00p	8:00p	9:00p	10:00p	3:00a	Descubra – Houston (Frank González) ◀
7:30	8:30	9:30	10:30	3:30	El Jóven de Hoy
8:00p	9:00p	10:00p	11:00p	4:00a	Descubriendo las Señales (Shawn B.)
8:30	9:30	10:30	11:30	4:30	...continúa
9:00p	10:00p	11:00p	Mar	5:00a	A Los Pies de Jesús
9:30	10:30	11:30	12:30	5:30	La Fé de Jesús (Peru) (Melchor Ferreyra)
10:00p	11:00p	Mar	1:00a	6:00a	Respuestas Bíblicas
10:30	11:30	12:30	1:30	6:30	...continúa
11:00p	Mar	1:00a	2:00a	7:00a	Descubriendo los Misterios de Génesis
11:30	12:30	1:30	2:30	7:30	...continúa (Esteban Bohr)

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	8:00a	Profecías Maravilhosas (Doug B.) P
12:30	1:30	2:30	3:30	8:30	...continúa
1:00a	2:00a	3:00a	4:00a	9:00a	...continúa
1:30	2:30	3:30	4:30	9:30	Capela de Fé P
2:00a	3:00a	4:00a	5:00a	10:00a	Melodías del Corazón
2:30	3:30	4:30	5:30	10:30	Descubra – Houston (Frank González) ◀
3:00a	4:00a	5:00a	6:00a	11:00a	La Dieta Ideal (Carlos Canales)
3:30	4:30	5:30	6:30	11:30	Capilla de Fe
4:00a	5:00a	6:00a	7:00a	MD	3ABN Visita
4:30	5:30	6:30	7:30	12:30	Cuerpo y Espíritu – Aeróbicos
5:00a	6:00a	7:00a	8:00a	1:00p	Amiguitos de Jesús
5:30	6:30	7:30	8:30	1:30	Está Escrito
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Hoy En Vivo
6:30	7:30	8:30	9:30	2:30	...continúa
7:00a	8:00a	9:00a	10:00a	3:00p	...continúa
7:30	8:30	9:30	10:30	3:30	...continúa
8:00a	9:00a	10:00a	11:00a	4:00p	Las Profecías más Asombrosas (Doug B.)
8:30	9:30	10:30	11:30	4:30	...continúa
9:00a	10:00a	11:00a	MD	5:00p	...continúa
9:30	10:30	11:30	12:30	5:30	A Punto de Amanecer (Rubén Arn)
10:00a	11:00a	MD	1:00p	6:00p	Melodías del Corazón
10:30	11:30	12:30	1:30	6:30	La Fe de Jesús
11:00a	MD	1:00p	2:00p	7:00p	Cuerpo y Espíritu – Aeróbicos
11:30	12:30	1:30	2:30	7:30	Salud Total
MD	1:00p	2:00p	3:00p	8:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	8:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	9:00p	La Presencia (Shawn Boonstra)
1:30	2:30	3:30	4:30	9:30	...continúa
2:00p	3:00p	4:00p	5:00p	10:00p	Capela de Fé P
2:30	3:30	4:30	5:30	10:30	Saúde e Você P
3:00p	4:00p	5:00p	6:00p	11:00p	Está Escrito (Bill Santos) P
3:30	4:30	5:30	6:30	11:30	Con Mi Espíritu
4:00p	5:00p	6:00p	7:00p	MiÉ	Cocinemos Juntos
4:30	5:30	6:30	7:30	12:30	Temas de Actualidad
5:00p	6:00p	7:00p	8:00p	1:00a	Diez Mandamientos
5:30	6:30	7:30	8:30	1:30	...continúa
6:00p	7:00p	8:00p	9:00p	2:00a	Está Escrito
6:30	7:30	8:30	9:30	2:30	Educando Para La Eternidad (Yolanda S.)
7:00p	8:00p	9:00p	10:00p	3:00a	Hay Esperanza (Alejandro Bullón)
7:30	8:30	9:30	10:30	3:30	...continúa
8:00p	9:00p	10:00p	11:00p	4:00a	Guardianes de la Llama (Allan Lindsay)
8:30	9:30	10:30	11:30	4:30	Volvamos a la Naturaleza/Patriarcas da Fé P
9:00p	10:00p	11:00p	MiÉ	5:00a	Una Nueva Revelación (Doug Batchelor)
9:30	10:30	11:30	12:30	5:30	...continúa
10:00p	11:00p	MiÉ	1:00a	6:00a	Volvamos a la Naturaleza/Sus Palabras de Vida
10:30	11:30	12:30	1:30	6:30	Está Escrito
11:00p	MiÉ	1:00a	2:00a	7:00a	3ABN Hoy
11:30	12:30	1:30	2:30	7:30	...continúa

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	8:00a	Seminario do Apocalipse P /Patriarcas da Fe P
12:30	1:30	2:30	3:30	8:30	Espaço Jovem (Gislaine Westphal) P
1:00a	2:00a	3:00a	4:00a	9:00a	Saúde e Você P
1:30	2:30	3:30	4:30	9:30	Está Escrito (Alejandro Bullón) P
2:00a	3:00a	4:00a	5:00a	10:00a	Extrema Transformación de Vida
2:30	3:30	4:30	5:30	10:30	...continúa
3:00a	4:00a	5:00a	6:00a	11:00a	La Fé de Jesús (Peru) (Melchor Ferreyra)
3:30	4:30	5:30	6:30	11:30	Cocinemos Juntos
4:00a	5:00a	6:00a	7:00a	MD	Capilla de Fe
4:30	5:30	6:30	7:30	12:30	Cuerpo y Espíritu - Aeróbicos
5:00a	6:00a	7:00a	8:00a	1:00p	Amiguitos de Jesús
5:30	6:30	7:30	8:30	1:30	Hogar Dulce Hogar
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Hoy
6:30	7:30	8:30	9:30	2:30	...continúa
7:00a	8:00a	9:00a	10:00a	3:00p	Cuerpo y Espíritu - Aeróbicos
7:30	8:30	9:30	10:30	3:30	Salud Total
8:00a	9:00a	10:00a	11:00a	4:00p	Descubriendo los Misterios de Génesis
8:30	9:30	10:30	11:30	4:30	...continúa (Esteban Bohr)
9:00a	10:00a	11:00a	MD	5:00p	Respuestas Bíblicas
9:30	10:30	11:30	12:30	5:30	...continúa
10:00a	11:00a	MD	1:00p	6:00p	3ABN Visita
10:30	11:30	12:30	1:30	6:30	Cocinemos Juntos
11:00a	MD	1:00p	2:00p	7:00p	Cuerpo y Espíritu - Aeróbicos
11:30	12:30	1:30	2:30	7:30	El Jóven de Hoy
MD	1:00p	2:00p	3:00p	8:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	8:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Hoy
1:30	2:30	3:30	4:30	9:30	...continúa
2:00p	3:00p	4:00p	5:00p	10:00p	Profecías Maravilhosas (Doug B.) P
2:30	3:30	4:30	5:30	10:30	...continúa
3:00p	4:00p	5:00p	6:00p	11:00p	...continúa
3:30	4:30	5:30	6:30	11:30	Maravillosa Creación ★
4:00p	5:00p	6:00p	7:00p	Jue	Melodías del Corazón
4:30	5:30	6:30	7:30	12:30	Capilla de Fe
5:00p	6:00p	7:00p	8:00p	1:00a	Jesús Es la Esperanza (Alejandro Bullón)
5:30	6:30	7:30	8:30	1:30	...continúa
6:00p	7:00p	8:00p	9:00p	2:00a	La Fé de Jesús (Perú) (Melchor Ferreyra)
6:30	7:30	8:30	9:30	2:30	Con Mi Espíritu
7:00p	8:00p	9:00p	10:00p	3:00a	3ABN Hoy
7:30	8:30	9:30	10:30	3:30	...continúa
8:00p	9:00p	10:00p	11:00p	4:00a	Hogar Dulce Hogar
8:30	9:30	10:30	11:30	4:30	Educando Para La Eternidad (Yolanda S.)
9:00p	10:00p	11:00p	Jue	5:00a	Crónicas del Anticristo (Steve Wohlberg)
9:30	10:30	11:30	12:30	5:30	Descubra - Houston (Frank González)
10:00p	11:00p	Jue	1:00a	6:00a	Volvamos a la Naturaleza/Sus Palabras de Vida
10:30	11:30	12:30	1:30	6:30	Variedad
11:00p	Jue	1:00a	2:00a	7:00a	3ABN Hoy
11:30	12:30	1:30	2:30	7:30	...continúa

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	8:00a	Educando Para a Eternidade (Shirley G.) P
12:30	1:30	2:30	3:30	8:30	Espaço Jovem (Gislaine Westphal) P
1:00a	2:00a	3:00a	4:00a	9:00a	Capela de Fé P
1:30	2:30	3:30	4:30	9:30	Está Escrito (Mark Finley) P
2:00a	3:00a	4:00a	5:00a	10:00a	Descubriendo las Señales (Shawn B.)
2:30	3:30	4:30	5:30	10:30	...continúa
3:00a	4:00a	5:00a	6:00a	11:00a	Salud Total
3:30	4:30	5:30	6:30	11:30	3ABN Visita
4:00a	5:00a	6:00a	7:00a	MD	A Punto de Amanecer (Rubén Arn)
4:30	5:30	6:30	7:30	12:30	Cuerpo y Espíritu - Aeróbicos
5:00a	6:00a	7:00a	8:00a	1:00p	Amiguitos de Jesús
5:30	6:30	7:30	8:30	1:30	Alabanzas Infantiles
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Hoy
6:30	7:30	8:30	9:30	2:30	...continúa
7:00a	8:00a	9:00a	10:00a	3:00p	A Los Pies de Jesús
7:30	8:30	9:30	10:30	3:30	Temas de Actualidad
8:00a	9:00a	10:00a	11:00a	4:00p	Hay Esperanza (Alejandro Bullón)
8:30	9:30	10:30	11:30	4:30	...continúa
9:00a	10:00a	11:00a	MD	5:00p	Guardianes de la Llama (Allan Lindsay)
9:30	10:30	11:30	12:30	5:30	Volvamos a la Naturaleza/Sus Palabras de Vida
10:00a	11:00a	MD	1:00p	6:00p	Melodías del Corazón
10:30	11:30	12:30	1:30	6:30	Descubra - Houston (Frank González) ◀
11:00a	MD	1:00p	2:00p	7:00p	Cuerpo y Espíritu - Aeróbicos
11:30	12:30	1:30	2:30	7:30	La Dieta Ideal (Carlos Canales)
MD	1:00p	2:00p	3:00p	8:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	8:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Hoy
1:30	2:30	3:30	4:30	9:30	...continúa
2:00p	3:00p	4:00p	5:00p	10:00p	Seminario do Apocalipse P /Patriarcas da Fé P
2:30	3:30	4:30	5:30	10:30	Saúde e Você P
3:00p	4:00p	5:00p	6:00p	11:00p	Capela de Fé P
3:30	4:30	5:30	6:30	11:30	La Fe de Jesús
4:00p	5:00p	6:00p	7:00p	Vie	A Los Pies de Jesús
4:30	5:30	6:30	7:30	12:30	Salud Total
5:00p	6:00p	7:00p	8:00p	1:00a	Descubriendo las Señales (Shawn B.)
5:30	6:30	7:30	8:30	1:30	...continúa
6:00p	7:00p	8:00p	9:00p	2:00a	3ABN Hoy En Vivo
6:30	7:30	8:30	9:30	2:30	...continúa
7:00p	8:00p	9:00p	10:00p	3:00a	...continúa
7:30	8:30	9:30	10:30	3:30	...continúa
8:00p	9:00p	10:00p	11:00p	4:00a	Diez Mandamientos
8:30	9:30	10:30	11:30	4:30	...continúa
9:00p	10:00p	11:00p	Vie	5:00a	Respuestas Bíblicas
9:30	10:30	11:30	12:30	5:30	...continúa
10:00p	11:00p	Vie	1:00a	6:00a	Hogar Dulce Hogar
10:30	11:30	12:30	1:30	6:30	Crónicas del Anticristo (Steve Wohlberg)
11:00p	Vie	1:00a	2:00a	7:00a	Respuestas Bíblicas
11:30	12:30	1:30	2:30	7:30	...continúa

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	8:00a	3ABN Hoy En Vivo
12:30	1:30	2:30	3:30	8:30	...continúa
1:00a	2:00a	3:00a	4:00a	9:00a	...continúa
1:30	2:30	3:30	4:30	9:30	...continúa
2:00a	3:00a	4:00a	5:00a	10:00a	Felicidad Sin Límites (Esteban Bohr)
2:30	3:30	4:30	5:30	10:30	...continúa
3:00a	4:00a	5:00a	6:00a	11:00a	Alabanzas Infantiles
3:30	4:30	5:30	6:30	11:30	La Fe de Jesús
4:00a	5:00a	6:00a	7:00a	MD	Revive, Hay Esperanza (José Rojas)
4:30	5:30	6:30	7:30	12:30	...continúa
5:00a	6:00a	7:00a	8:00a	1:00p	Amiguitos de Jesús
5:30	6:30	7:30	8:30	1:30	La Dieta Ideal (Carlos Canale)
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Hoy
6:30	7:30	8:30	9:30	2:30	...continúa
7:00a	8:00a	9:00a	10:00a	3:00p	3ABN Visita
7:30	8:30	9:30	10:30	3:30	...continúa
8:00a	9:00a	10:00a	11:00a	4:00p	La Presencia (Shawn Boonstra)
8:30	9:30	10:30	11:30	4:30	...continúa
9:00a	10:00a	11:00a	MD	5:00p	Un Nuevo Amanecer (Eduardo Gallardo)
9:30	10:30	11:30	12:30	5:30	Está Escrito
10:00a	11:00a	MD	1:00p	6:00p	Melodías del Corazón
10:30	11:30	12:30	1:30	6:30	Variedad
11:00a	MD	1:00p	2:00p	7:00p	Palabras de Vida y Esperanza
11:30	12:30	1:30	2:30	7:30	...continúa
MD	1:00p	2:00p	3:00p	8:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	8:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Hoy
1:30	2:30	3:30	4:30	9:30	...continúa
2:00p	3:00p	4:00p	5:00p	10:00p	Profecías Maravillosas (Doug B.) P
2:30	3:30	4:30	5:30	10:30	...continúa
3:00p	4:00p	5:00p	6:00p	11:00p	...continúa
3:30	4:30	5:30	6:30	11:30	Educando Para La Eternidad (Yolanda S.)
4:00p	5:00p	6:00p	7:00p	Sáb	Respuestas Bíblicas
4:30	5:30	6:30	7:30	12:30	...continúa
5:00p	6:00p	7:00p	8:00p	1:00a	Jesús Es la Esperanza (Alejandro Bullón)
5:30	6:30	7:30	8:30	1:30	...continúa
6:00p	7:00p	8:00p	9:00p	2:00a	Guardianes de la Llama (Allan Lindsay)
6:30	7:30	8:30	9:30	2:30	Sus Palabras de Vida/Volvamos a la Naturaleza
7:00p	8:00p	9:00p	10:00p	3:00a	3ABN Hoy
7:30	8:30	9:30	10:30	3:30	...continúa
8:00p	9:00p	10:00p	11:00p	4:00a	Melodías del Corazón
8:30	9:30	10:30	11:30	4:30	Maravillosa Creación ★
9:00p	10:00p	11:00p	Sáb	5:00a	Hay Esperanza (Alejandro Bullón)
9:30	10:30	11:30	12:30	5:30	...continúa
10:00p	11:00p	Sáb	1:00a	6:00a	Sus Palabras de Vida/Seminario do Apocalipse P
10:30	11:30	12:30	1:30	6:30	Melodías del Corazón
11:00p	Sáb	1:00a	2:00a	7:00a	3ABN Hoy
11:30	12:30	1:30	2:30	7:30	...continúa

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	8:00a	3ABN Gravando P
12:30	1:30	2:30	3:30	8:30	Reavivamento '05 (Doug Batchelor) P
1:00a	2:00a	3:00a	4:00a	9:00a	...continúa
1:30	2:30	3:30	4:30	9:30	...continúa
2:00a	3:00a	4:00a	5:00a	10:00a	3ABN Visita
2:30	3:30	4:30	5:30	10:30	El Joven de Hoy
3:00a	4:00a	5:00a	6:00a	11:00a	Descubra - Houston (Frank González) ◀
3:30	4:30	5:30	6:30	11:30	Capilla de Fe
4:00a	5:00a	6:00a	7:00a	MD	La Presencia (Shawn Boonstra)
4:30	5:30	6:30	7:30	12:30	...continúa
5:00a	6:00a	7:00a	8:00a	1:00p	3ABN Visita
5:30	6:30	7:30	8:30	1:30	...continúa
6:00a	7:00a	8:00a	9:00a	2:00p	3ABN Hoy
6:30	7:30	8:30	9:30	2:30	...continúa
7:00a	8:00a	9:00a	10:00a	3:00p	A Los Pies de Jesús
7:30	8:30	9:30	10:30	3:30	Alabanzas Infantiles
8:00a	9:00a	10:00a	11:00a	4:00p	Hora de Alabanza y Adoración
8:30	9:30	10:30	11:30	4:30	...continúa
9:00a	10:00a	11:00a	MD	5:00p	Está Escrito
9:30	10:30	11:30	12:30	5:30	Capilla de Fe
10:00a	11:00a	MD	1:00p	6:00p	Melodías del Corazón
10:30	11:30	12:30	1:30	6:30	La Fe de Jesús (Peru) (Melchor Ferreyra)
11:00a	MD	1:00p	2:00p	7:00p	Hogar Dulce Hogar
11:30	12:30	1:30	2:30	7:30	El Joven de Hoy
MD	1:00p	2:00p	3:00p	8:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	8:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	9:00p	3ABN Hoy
1:30	2:30	3:30	4:30	9:30	...continúa
2:00p	3:00p	4:00p	5:00p	10:00p	Está Escrito (Bill Santos) P
2:30	3:30	4:30	5:30	10:30	Capela de Fé P
3:00p	4:00p	5:00p	6:00p	11:00p	Espaço Jovem (Gislaine Westphal) P
3:30	4:30	5:30	6:30	11:30	Con Mi Espíritu
4:00p	5:00p	6:00p	7:00p	Dom	3ABN Visita
4:30	5:30	6:30	7:30	12:30	...continúa
5:00p	6:00p	7:00p	8:00p	1:00a	Diez Mandamientos
5:30	6:30	7:30	8:30	1:30	...continúa
6:00p	7:00p	8:00p	9:00p	2:00a	Descubriendo los Misterios de Génesis
6:30	7:30	8:30	9:30	2:30	...continúa (Esteban Bohr)
7:00p	8:00p	9:00p	10:00p	3:00a	3ABN Hoy
7:30	8:30	9:30	10:30	3:30	...continúa
8:00p	9:00p	10:00p	11:00p	4:00a	Volvamos a la Naturaleza/Sus Palabras de Vida
8:30	9:30	10:30	11:30	4:30	La Presencia (Shawn Boonstra)
9:00p	10:00p	11:00p	Dom	5:00a	...continúa
9:30	10:30	11:30	12:30	5:30	A Los Pies de Jesús
10:00p	11:00p	Dom	1:00a	6:00a	Guardianes de la Llama (Allan Lindsay)
10:30	11:30	12:30	1:30	6:30	Volvamos a la Naturaleza/Sus Palabras de Vida
11:00p	Dom	1:00a	2:00a	7:00a	3ABN Hoy
11:30	12:30	1:30	2:30	7:30	...continúa

TESTIMONY

WHEN GOD TOUCHES YOU

by *Cristopher V. Luaya*

Have you ever wondered how 3ABN is making a difference around the world? Let me tell you the story of a lady whose life has been changed dramatically by 3ABN's ministry!

Eva Duenas lives in Bacolod City, Philippines, and tells us that her search for God has been a long journey. "I grew up as a nominal Catholic, without a solid foundation of truth," she says.

"I had come to believe that man's rise from the Stone Age to modern civilization would one day lead to perfection, and that eventually we would become gods!"

Before her encounter with the Lord, Eva had encountered many Christians she hadn't liked so well. She even called people who gave her tracts and other

reading materials "Bible fanatics." But there was a hole in her heart that nothing seemed to fill, and God's love for this lady was such that He put a wonderful plan into action.

Eva began attending meditation centers, but once again her spiritual hunger was not satisfied.

"When God touches a person," she says, "He doesn't leave them alone. God wants to possess them. He wants them to know the whole truth! God did just that to me."

From time to time she had watched many of the different religious TV channels available in the Philippines, but always found herself feeling empty and confused after a while.

"I never found satisfaction in watching the religious programming that was available to me,"

Photo supplied by Cristopher V. Luaya



she says. "My wish and prayer was for a TV channel that would provide me with information that could satisfy my thirst and fill that empty space inside my heart."

Then one day Eva found one of her friends reading a Bible. As she looked at the passages her friend was highlighting, she was intrigued. The more she read, the more it began making sense. It wasn't long before she had bought her own Bible and they began having Bible study sessions together. Eva's hunger for more knowledge of the Scriptures continued to grow as she studied, and she began

buying and borrowing other religious books anywhere she could find them.

But this was only the beginning. The Lord heard and answered her prayer for a TV station that would help her understand the Bible truths. What a wonderful day it was when she discovered a different kind of TV channel on her cable system—one that seemed to fit her needs. It was 3ABN, and for the first time Eva became acquainted with the Bible truths Seventh-day Adventists believe. From then on, she was "hooked" on 3ABN. She says her favorite programs were the ones with

Eva Duenas' search for truth was rewarded when she tuned into 3ABN in the Philippines.



Cristopher V. Luaya is assigned to follow up the 3ABN interests around Bacolod City, Philippines, and is supported by the Adopt-a-Minister International program featured on 3ABN.

“I STUDIED THE ENTIRE TRUTH I NEEDED TO KNOW. IT WAS SO CLEAR, UNDERSTANDABLE AND CONVICTING. I AM SO HAPPY I FOUND THE TRUTH. GOD ANSWERED MY PRAYER THROUGH 3ABN!”

music, and the *Voice of Prophecy*. It seemed like she just couldn't get enough.

“The more I watched 3ABN, the more I became curious to attend a Seventh-day Adventist church,” she says. “I would sit there and wish somebody would invite me to an Adventist worship service.”

One day she saw a free book offer and a local number on her screen as she watched

3ABN. Eagerly picking up the telephone, she called and was answered by Mrs. Joebenie L. De Villa. Although she was a busy chairperson at the Central Philippines Adventist College, Mrs. De Villa had volunteered to answer telephone calls for the free offers at her home.

Soon Eva came by to claim her free books, and while she was there, she asked Mrs. De Villa about where she might find even more books. You cannot imagine her delight as she was directed to the local Adventist Book Store only a few meters across the street! And, of course, her prayer was answered when she was invited to attend the Bacolod Adventist Center Church.

Can you imagine the joy Eva must have felt that first Sabbath? I'm sure the angels

were rejoicing as she made her way there that day. Eager to learn more, Eva arranged to have Bible studies with Pastor Josue Subang and then another church member. Finally she was getting answers to her perplexing problems.

“I studied the entire truth I needed to know. It was so clear, understandable and convicting. I am so happy I found the truth. God answered my prayer through 3ABN!” she says.

But that's not the end of the story. After discovering the treasures of God's Word, Eva could not keep it all to herself. Today this precious lady goes door to door working as a literature evangelist. Every day she meets precious souls who are thirsting for truth, like she did. Eva gives them an opportunity to obtain literature that explains the precious truths of the Bible.

We praise the Lord for all of you who continue to support 3ABN's ministry around the world. Your prayers and love gifts are what make it possible for us to reach people like Eva, and you are truly making a difference in the lives of millions! ■



Investing In Eternity

HERE ARE FIVE GOOD REASONS to develop a Charitable Gift Annuity with 3ABN:

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3. You receive an immediate tax deduction, and much of the interest is tax free.
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5. You may fund a Charitable Gift Annuity for another person and claim the tax deduction yourself.

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God never intended for believers to walk alone. If you are looking for a church family that shares your passion for the same Bible-based teachings you enjoy on 3ABN, visit www.adventistdirectory.org. This website will help you locate Seventh-day Adventist churches near you. These churches would love to have you visit! And be sure to tell them 3ABN sent you!

Video of the Month

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\$10



This month we have a special program for you from Dr. Jan Paulien, Professor of New Testament Interpretation at Andrews University. He was our recent guest on *3ABN Today Live*, and you can enjoy his wonderful insights into the exciting book of Revelation on either DVD or VHS. It's yours for a suggested donation of only US\$10 (includes shipping within the United States). Just call us at 800-752-3226 during regular business hours and order your copy today.



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