



3abn.org

October 2008

J.D. Quinn's search for  
a true picture of God

# CONNECTING THE DOTS

page 6

**J.D. Quinn**

3ABN Pastoral Ministries

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*Internet launch January 1, 2009*

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*Was there anything George didn't know?*

**H**ow did you find 3ABN? Our recent survey indicates that the vast majority of you first heard about us through someone else. 3ABN television and radio stations, satellites, and the Internet are “24-hour evangelists” tirelessly preaching the gospel to the world.

Find out how a 3ABN station made a difference in J.D.’s life (p. 6), and in George’s life, too (p. 18). And while you’re at it, read about our new Son-Beam Channel for children (p. 14). Enjoy!

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All Bible quotes are King James Version (KJV) or New King James Version (NKJV), unless otherwise noted.

Dear 3ABN Partner,

I recently reread a statement which I’ve heard quoted for years, “The work of God in this earth can never be finished until the men and women comprising our church membership rally to the work and unite their efforts with those of ministers and church officers.”\* I’ve seen the greatest example of this here at 3ABN that I’ve ever seen in over 40 years of ministry—time which has been approximately evenly divided between lay ministry (ASI type) and church ministry.

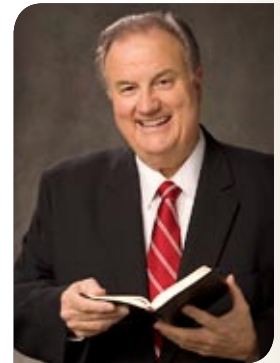
Recently, I spoke with an elder of a church near one of 3ABN’s 120 low-power television stations. Although the station can only be viewed with an antenna or “rabbit ears,” he told me they had already baptized 15 3ABN viewers *this year* who had walked into their church ready for membership. I called the pastor, who not only confirmed this, but added that he was studying with six more whom he expected to baptize in about two weeks!

A couple in Thomasville, Georgia, recently shared how they had watched 3ABN for years on Sky Angel, taking copious notes as Pastors Kenneth Cox, Doug Batchelor, David Asscherick, and others shared the three angels’ messages of Revelation 14. They finally said, “We must find a Seventh-day Adventist church and become part of this great message!”

Three Angels Broadcasting Network is dedicated to working more closely with our local churches than ever before. We are working on plans to make the efforts to unite our viewers with their local Seventh-day Adventist church even more successful. Thank you for your faithful support of 3ABN which is helping to fulfill prophecy in many ways!

*To God be the glory, great things He hath done—and is doing!*

Keep on keeping on with Jesus,



Jim Gilley is  
3ABN’s president.

\*Ellen G. White, *Gospel Workers*, p. 351.

# WRITE TO US!

HAVE YOU BEEN BLESSED by 3ABN? Or have you come to know the Lord Jesus Christ by watching or listening? We'd love to know!

Your testimony can make a difference in our readers' lives, so why not sit down and drop us a line? You can write to us at: 3ABN World, PO Box 220, West Frankfort, IL 62896. E-mail [3abnworld@3abn.org](mailto:3abnworld@3abn.org).

## VIA E-MAIL:

"Thank you, and thank God for such a great TV program. I'm 40 years old and have lost my wife to suicide. I have tried to drink myself into a loss of

"I love Jesus Christ, but I have found myself very lost from His side. Thank you so much for helping me to find Him again."

—VIA E-MAIL

what has happened. I love Jesus Christ, but I have found myself very lost from His side. Thank you so much for helping me to find Him again. I was so consumed in my grief that I forgot what Jesus must have suffered for me!"

## ELKTON, OREGON:

"Just wanted to tell you how much I enjoyed your 3ABN Camp Meeting and Ten Com-

mandments Weekend. At 80 years of age, and as a lifelong Seventh-day Adventist, I still learned new things about the Ten Commandments. I was truly blessed!"

## ST. PATRICK'S PARRISH, GRENADA:

"I am 28 years old, and gave my life to Christ last year. When I was 26 I thought I was young and had a lot of life to live, but I thank God for God-fearing Christian friends who introduced me to 3ABN. I dare say that you were instrumental in helping me to arrive at my decision to serve Christ. I notice that a lot of people are chasing after religions of convenience, and I was blindly going down that path. I don't think I could ever find enough words to express my heartfelt appreciation. Thank you, and continue to shine for God. You can never tell who will see the light and walk in it!"

## VIA E-MAIL:

"God bless you as you give us beloved preachers and teachers. We are not Adventists, but God impacts our lives nightly with the words and awesome music on 3ABN—unlike anything on the vast wasteland of 'Christian' TV. The Christian church has lost its moorings, and we have become a professional

entertainment center. God bless you as you challenge our dying world."

## SAN DIEGO, CALIFORNIA:

"I have been a believer of Jesus Christ for eight years. While I was on vacation in Kauai, Hawaii, I attended my first Seventh-day Adventist church. Two questions I had carried with me for years were answered concerning the Sabbath and healthy eating. The book *Ten Commandments Twice Removed* was given to me by a lady of that church. It was a tremendous blessing! I am now a believer in Christ who honors and worships on the Sabbath. I am rejoicing in the grace of God."

## TUMEN REGION, RUSSIA [TO 3ABN'S RUSSIAN STAFF]:

"Dear beloved people at 3ABN, I am 32 years old, and I repented in April 2007 when the Lord revealed His love to me. One day I tuned in the *Face to Face* program on the CNL Channel and saw a young man from St. Petersburg talking about how he broke up with drugs and alcohol. When he mentioned a Bible study school, I sensed I should study the Bible. My life story is very sad. When I was a 16-year-old girl, I was raped. Then, at the age of 20 I became

a prostitute, and two years later I turned to drugs. I led a sinful life for nine more years until the Lord set me free. I am sure He will show me what my calling is, but before that happens, I need to get instructed in His Word. Please admit me to your correspondence Bible school. Coming to know God is vital for me."

## AUSTRIA [TO THE 3ABN RUSSIAN STAFF]:

"Dear brothers and sisters, I've learned in one of your programs that you have a correspondence Bible study course. My dear, I want to study and understand the Bible. Help me, please. And, of course, I will wait impatiently for the day when I receive a Bible as a gift. But as I live in Austria, do I still have this opportunity? If yes, please write me. I pray for you, and wish you the best of health, unity, strength, patience, and love."

## FULTON, MISSOURI:

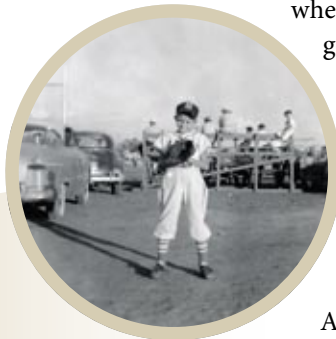
"Since late 2005 I've tuned into 3ABN Radio. I have become a Seventh-day Adventist, and am a *3ABN World* magazine subscriber. Praise be to the Lord! 3ABN has reached my dad's viewing area in Commerce, Oklahoma! Keep on with the Lord's work." ■

Thank you for your comments, suggestions, prayers, and financial support as we seek to reach the world for Jesus Christ!

Letters and other materials sent to 3ABN may be used in whole or in part, and edited for content, grammar, and readability, unless otherwise requested.

# CONNECTING THE DOTS

**"A**s a Christian, I'd always felt like I was in one of those exercises you see in a children's book, connecting the dots to outline a picture," begins J.D. Quinn, 3ABN's Pastoral Ministries manager. "Sadly, I could never quite figure out the big picture, but I always knew there was one there somewhere. I just couldn't get a clear view."



*J.D. loved sports, but as he grew up he discovered his family's beliefs would prevent him from playing on the Sabbath.*

J.D. grew up in Coleman, a small town in central Texas. "My ancestors were mostly Seventh-day Adventists, and had traveled to Texas by covered wagon," he says. "My mother was raised Methodist, but became an Adventist after she married my dad. They wanted their kids to grow up in church, so they took us every week.

"But when I was young, the only thing on my mind was sports! As I grew older, I discov-

ered my family's beliefs and was faced with a dilemma because they kept the Sabbath day holy, refraining from work or play from sundown Friday to sundown on Saturday.

"It broke my heart not to be able to play sports on the weekend," he says, "and I didn't understand why, although my mother tried to explain. It seemed unfair to me and I felt that way for a long time. My mother, bless her little heart, tried her best to teach me how to give my heart to Jesus. I know she prayed for my salvation every day, as did my aunt Veda Pearl Quinn. But my heart was not converted, so I wound up living by a bunch of rules, without experiencing a personal relationship with Jesus Christ. I lived the religious lifestyle that I'd inherited, and I thought being a part of the church would save me."

As J.D. reached the sixth grade, his father experienced a spiritual revival after attending a service held by Fordyce Deta-

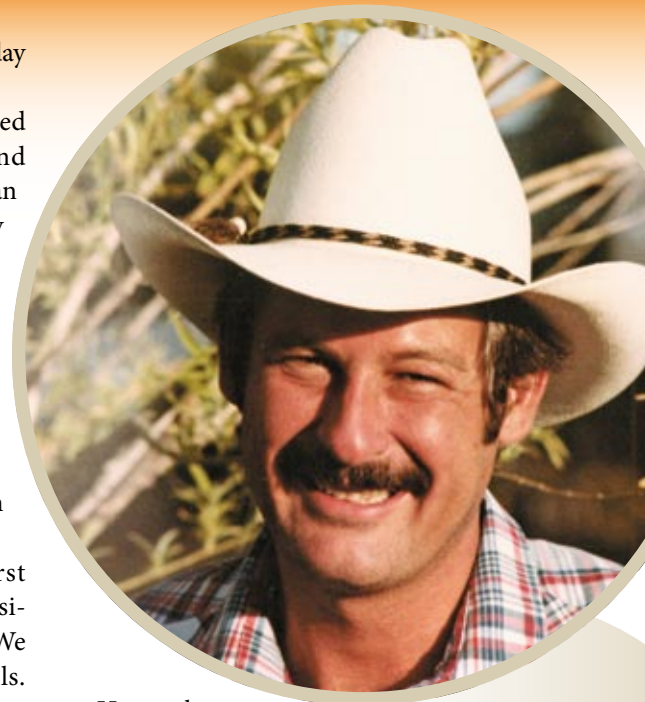
more, a well-known Seventh-day Adventist evangelist.

"My parents were convinced Jesus was coming soon, and they gave us the best Christian education they could get. They bought a second home in Keene, Texas, where I began attending the Adventist academy. Summers were spent on the farm, working for Dad in his custom harvesting business, but in the fall we returned with Mom to Keene."

It was here that God first brought J.D. and 3ABN's president, Jim Gilley, together. "We both loved sports," he recalls. "He was a senior and I was a freshman, but I was good enough that I managed to play on the same field with him some."

This was also where J.D. first felt God's strong call on his life. "I was attending an evangelistic series on campus and the appeal was made to come forward. I felt like my heart was going to explode out of my chest! I looked around, but none of my friends were going forward, so I didn't either. Sometimes I think my life would have been very different if I had," he says.

After graduating from Southwestern Junior College, J.D. moved to Houston and earned a degree in medical technol-



ogy. He was then hired to head up the lab at Santa Anna Seventh-day Adventist Hospital in Texas, and serve on call as an x-ray technician. "I decided hospital life was not for me," he says, "so I returned to college in Arlington at the University of Texas where I pursued my bachelor's and master's degrees in psychology."

After school, J.D. began looking for opportunities in business. "I was always working on three or four deals at once," he says. "Some went wonderfully well, and others ended pitifully, but during this time I began evolving away from church. You see, my heart was never converted, so I couldn't connect the dots

*God has brought J.D. from sheep ranching and custom harvesting, to tending His flock and working His harvest fields.*



Left: Shelley and J.D. celebrating their fifth anniversary in Dallas.

Right: Shelley and J.D. worked as business partners before they were married.



and see a true picture of God, even though

I wanted to.”

Then Shelley came along.

“I liked her immediately,” he says, “and I could tell her spiritual life was terribly important to her. She let me know quickly that if I was to mean anything to her, I needed to be a committed Christian.”

Shelley brought a new perspective to religion. “She was a student of the Word,” he says, “and I definitely was not. So when she presented her reasons for worshipping on Sunday, I thought, *Maybe my parents were wrong. And if they were, that meant I could have pursued a career in sports after all! It meant that I had basically wasted my life by not doing what I really wanted to do.* This was a biggie. It looked like I’d finally found reason to

believe that they were wrong, and Shelley would prove it.”

J.D. began attending church with her on Sundays, and soon they were married. Then, years later, when Shelley was called into full-time ministry, J.D. asked her how she would handle the “Saturday” Sabbath question when it came up.

“Not a problem,” she said, as she marched upstairs to study it out. But what happened next really took J.D. by surprise.

“Ten days later she came down the stairs saying, ‘Oh, Honey, I’ve been woefully wrong!’ After studying every mention of the Sabbath in the entire Bible, she was now convinced that God wants us to worship on the seventh day! It was a life-changing event for her, but, ironically, it was an even bigger one for me!” he exclaims. “I’d been going to Sunday churches with her for

fifteen years, but I’d been uncomfortable. Now I had a strange rush of emotions—disappointment and euphoria at the same time. *My parents were right!* I thought to myself.”

Some of the dots in J.D.’s picture of God began to appear. Years before, his aunt Veda Pearl had left a sizeable donation in a trust fund to the local Seventh-day Adventist church she loved so much. Many years later, a low-power station was built in Coleman (population 4,900), but eventually was put up for sale. The church saw this as an opportunity to spread the gospel, buying the license and turning it into a 3ABN affiliate. Through the years J.D. had secretly watched familiar Adventist programs, but always thought Shelley wouldn’t care for them. Now, while he was away on business trips, she began watching 3ABN more and more after discovering programs on prophecy. She was amazed that the very truths she was discovering in God’s Word were the same truths 3ABN was airing. By careful study of the Scriptures she had come to the same conclusions about what happens after death, what the Bible says about hell, and many other truths. “And all along she thought she had new light,” J.D. says with a smile.

Through another incredible

story (detailed in the July 2008 edition of *3ABN World*), Shelley came in contact with the pastor of the Coleman Seventh-day Adventist Church and began attending services.

In June of 2002, she joined the church, and J.D. began attending with her.

“It was so wonderful to see many of the old members when I went back to church,” he says, “and it humbled me to find out they’d been praying for me for all those years. I was re-baptized in March of 2003.”

Soon Shelley was invited to host a program called *Exalting His Word* on 3ABN, and it wasn’t long before 3ABN’s general manager, Mollie Steenson, called the Quinns to join the team. “She specifically asked me to work in 3ABN’s pastoral ministries department,” J.D. says, his eyes filling with tears. “At first I just laughed,” he adds. “I was a businessman, so I thought maybe they wanted me to work in their marketing department, but I would never have imagined a job like this. I couldn’t have been more surprised if I’d been drafted by the Dallas Cowboys! But Mollie told me she believed I had a pastor’s heart.”

He pauses for a long moment. “I finally told her that I would have to pray about it, and I did.

► continued on page 46...



# The REWARDS of Perseverance

by Nikki Anderson

**B**inghamton, New York, is a city of roughly 50,000 people and the Broome County seat. It sits at the crossroads of two major interstate highways, and the confluence of the Susquehanna and Chenango rivers. It is also home to a state university, the Binghamton Philharmonic, a zoo, and many other societal necessities, including Christian radio station WLRP-LP, 94.3 FM.

In 2000, during the low-power FM radio application days, Theresa Boote, former operations manager for 3ABN Radio, received a call from Rose Willumson in the Binghamton area. She said she'd heard about the LPFM opportunities, and that the Holy Spirit impressed her to call, but she hadn't, because she knew nothing about radio stations. For two weeks the Holy Spirit had interrupted her sleep, urging her every day to call 3ABN. Finally, almost in tears, she made the

call. Theresa told her to take the idea to her church board and ask them to get involved. A few days later Rose called back again saying the church board was not interested.

Rose thought that was the end of it, but she couldn't stop thinking about the station. (We've heard that before!) So she made another call to Theresa, who gave her some homework to do, investigating if there was a frequency available in the Binghamton area. Several days later, Rose called again. She told Theresa that she'd done her homework, and that there *was* an open frequency! So she took it to the church board again.

Theresa was very excited when she heard the board had voted to pursue the radio project, but Rose was stressed! When asked why she was so stressed, Rose answered that the board had asked her to head up the project. Then she cried out, "Now what am I going to do? I don't know anything about

building a radio station!" (Yep, that sounds familiar!)

Soon they discovered that four other groups were applying for the same frequency as the Latter Rain Network, Inc., the nonprofit corporation formed by Rose and other church members who would own and operate the new station. Three of those other groups qualified, along with the Latter Rain Network. Rose and the board members were disappointed several times along the way, but they were persistent in their efforts to get the radio station on the air.

Then the miracles started happening: One of the other groups did not comply with some part of the filing process, so their application was dismissed. Another group had a legal problem when someone filed a petition with the Federal Communications Commission (FCC) against them being awarded a construction permit. The third group negotiated with the Latter Rain group, and when the dust settled, Rose and the board were able to file a whole new application for a different frequency and location. That, according to their attorney, Donald Martin, was an unprecedented action by the FCC.

When I talked to Don about it, he said, "The Binghamton LPFM group could be the poster child for LPFM stations.

Anything that could have gone wrong did!"

In June 2006, two representatives of the station, Ken Lyons and Andrew Stephenson, attended a training school at 3ABN Radio. Ken said the training sessions were helpful, and that he also enjoyed the time all the students spent one evening just sitting around, sharing their radio experiences with each other.

WLRP-LP went on the air in August 2006 after six long years of faith and persistence

**"[They] could be the poster child for LPFM stations. Anything that could have gone wrong did!"**

by a handful of God's dedicated servants.

Rose praises the wonderful people God brought to help establish the radio station, along with Don Martin, who she thinks she "bugged" too much with her many questions.

I told Rose that I appreciated her willingness to step out in faith like she did. She laughed and said, "Well, you can do anything with God ... even if you don't know anything!"

We praise God for the blessing of having WLRP-LP, 94.3 FM, as part of the 3ABN Radio family!



Nikki Anderson is the administrative assistant for 3ABN Radio.



# The Joy of Salvation

by John Dinzey

**I**n some areas, society has become a place where people seek privacy and protection. In many cities around the world you'll see tall buildings with guards, gated communities of entire city blocks which have been closed off to the public, or homes with dogs inside walls with sharp glass shards along the top. These walls have made it more difficult to bring the good news of salvation to those who live there, since door-to-door visitation is a thing of the past.

But 3ABN Latino's signal goes past the fences, dogs, guards, and even the iron cages people place in front of their homes. It even pierces the concrete, wood, and brick walls to reach them in their homes.

In addition, God uses the Internet and mailings to reach those with whom person-to-

person contact is difficult. We must use every means possible to bring the gospel to them, so the words of Jesus may come true. "And this gospel of the kingdom shall be preached in all the world for a witness unto all nations; and then shall the end come." Matthew 24:14.

Just this past month, God has enabled 3ABN Latino to enter into new cities, and I'm happy to report that doors are opening for us even in the United States. I received two requests from Texas to add 3ABN Latino programming to their lineup. One of them was a radio station that wanted to use the audio from our TV programs to reach several cities. In the past month we've also received requests from cable companies in Colombia, Mexico, and the Dominican Republic to add 3ABN Latino.

One gentleman I spoke to stated, "We have talked to some key people in our country's government who approve foreign channels for broadcast. They've approved the 3ABN Latino channel, and I believe this will soon result in it being added to many more cites!"

When I think of the many reports from those who are giving their hearts to the Lord by watching 3ABN Latino, I can only say, "Praise the Lord!"

Recently, while visiting the Dominican Republic, I heard of a man named Freddy who was baptized as a result of watching 3ABN Latino network. I talked to him on the phone, and he told me how happy he was to be part of God's family. He then said, "The programs are such a blessing to my family. As a matter of fact, my house is full of people right now, and we are watching 3ABN Latino!" Although I didn't meet Freddy in person, his voice commu-

nicated a happiness that only Jesus Christ could bring.

During the same visit I also spoke to Lydia. After her husband noticed she was watching 3ABN Latino most of the time, he became curious. He noticed it was a Christian channel, and he expressed concern about how much interest she had in it.

After a while, she told him that she'd like to visit a Seventh-day Adventist church. He told her he didn't like the idea, and that if she wanted to, she could go by herself. A few weeks later Lydia told her husband she would like to be baptized. As he tried to talk her out of it, she kept telling him that it would make her really happy.

Finally, he agreed, and now Lydia says that not only has he been coming to church with her for several weeks, he's also considering baptism! Lydia and Freddy have experienced the same joy. This happiness is called the joy of salvation! ■



John Dinzey is the general manager for 3ABN Latino Network. He also works in Pastoral Ministries.



# Announced: SonBeam Channel

**W**e are thrilled to announce 3ABN's new SonBeam Channel for children, to be launched in January 1, 2009, on the Internet through the MOIPTV system as well as MOPCWeb. This new channel will feature 24-hour children's programming for young people of all ages, and is an exciting complement to 3ABN's media lineup.

"We are very excited about the great opportunities this chil-

drren's channel will open up," says 3ABN president, Jim Gilley.

"The greatest way to reach the whole family is through the kids," says Mollie Steenson, 3ABN General Manager. "Our hope is that this channel will evolve into a full-fledged television network in the future," she adds. "The new children's channel will be a tremendous resource for parents to safely allow children to watch television, knowing that the content is carefully in harmony with the Bible," says Moses Primo, president of Media Opportunities, the Internet-based company that will provide the channel initially. "As a parent of four children, I know the challenge of finding programming that reflects both family values and Bible truths in an accurate way. I'm confident that this channel will be an answer to that problem."

3ABN's biggest challenge will be to find and acquire broadcast rights to quality children's programming to fill 168 hours each week. Already, we've enlisted the help of volunteer Joyce Neal, known to millions of TV viewers as the host of 3ABN's *Grandma's House* program.

"I've been hoping, dreaming, and praying for a whole children's channel for about two years now!" Joyce says. "Just as soon as we started taping the first

*Grandma's House* episodes, I realized the need, and God planted a great desire and passion in me to help bring this channel into being. Now it's beginning to take shape, and I can't wait!"

"We have new programs being planned for our children's studio to help fill the high demand the channel will create," Mollie says. "We'll be holding all programming to the same high standards of excellence as you see on our 3ABN and 3ABN Latino networks."

Young and old alike are captivated by the innocence of children, and this channel provides 3ABN with another opportunity to appeal to their hearts and introduce them to Jesus Christ. Please pray for this exciting new ministry. It's one more way 3ABN is stepping out in faith, trusting the Lord to impress those who will support this outreach to the young, and the young at heart.

"This channel is being launched by faith," Mollie adds. "We pray that it will become a powerful tool in God's hands to reach children around the world during these end times." ■



**T**he SonBeam Channel will be available beginning January 1, 2009, on MOIPTV™ and MOPCWeb™ only.

THE MOIPTV SYSTEM includes a set-top box which connects to high-speed Internet and to your TV set, providing high-quality video and audio. No computer is required.

**Set top box: US\$149**  
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**Orders/Information: (618) 627-2300**  
or visit [www.moiptv.net](http://www.moiptv.net)



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**"The greatest way to reach the whole family is through the kids."**

dren's channel will open up," says 3ABN president, Jim Gilley. "The greatest way to reach the whole family is through the kids, and I believe that if you reach the adults, but not the kids, they are far less likely to become followers of Christ."

"Many of us have dreamed, talked, and anticipated this new children's channel for many years," says Mollie Steenson, 3ABN General Manager. "Our hope is that this channel will evolve into a full-fledged televi-



## Thanksgiving Chain

Hey kids, check out how to make your own Thanksgiving Chain! It's a great way to count your blessings! [www.3abn.org/kids](http://www.3abn.org/kids).



How many words can you make from...

## CREATION

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____



"Then God looked over all He had made, and He saw that it was very good!"

**Genesis 1:31 (New Living Translation)**

## Hi Kids,

According to the book of Genesis, God created the world and all that is in it in just six days. Then He declared it to be "very good." Genesis 1:31. Some of God's creations that I appreciate the most are the beautiful stars in the night sky, the twin fawns that played in my front yard this past summer, the spring and summer flowers, and now, the beautiful fall leaves. Then, of course, man and woman are the crowning achievements of God's creative work. I hope you will stop and thank Him for His wonderful creations, and for creating **you!**

Love,  
**Tammy**



# I NOW BAPTIZE YOU...

by Thurman C. Petty, Jr.

I usually circle the vestibule before Sabbath School looking for visitors, lonely people, or anyone who seems to need a friendly conversation. One Sabbath I met George.

"Hello, I'm George Nelson,"\* he said, gripping my out-

"I've studied the Bible before, and never could understand those beasts," he continued.

stretched hand. "I'd like to be baptized."

I smiled broadly and eyed the short, college-aged man. He stood there, dressed in a clean sport shirt and creaseless slacks. His deep-set eyes and sun-tanned face expressed a slight smile as he gazed expectantly at me.

\*Pseudonym.

"That's wonderful, George," I replied. "Perhaps we should study the Bible together. When you're sure you understand the major teachings of Scripture, you'll be ready for baptism."

I've had experience with people who feel they're ready for baptism, but who have not had a close relationship with Jesus and really don't know the Bible all that well. And since I believe it's important to have a good spiritual foundation before taking such an important step, I felt somewhat leery of George's approach.

"You won't need to spend a lot of time teaching me about the beliefs of Seventh-day Adventists," he remarked enthusiastically. "I've been studying them for a long time, and I know them all."

"Well then, why don't we meet Wednesday night and talk about

it?" I suggested, not knowing what else to say.

We met at the church at 7:00, and sat down across the table from each other in one of the Sabbath school rooms. I sought to size him up a little more. This time his hair was disheveled from wearing his parka in the frigid weather of the winter night. The heating system hadn't been on that day, so we kept our coats on. The lighting was softer than it had been in the foyer of the church, and his deep-set eyes seemed more pronounced.

"How did you learn about the Seventh-day Adventist Church?" I enquired.

"I've been watching 3ABN," George explained, with a slight smile. "I took a semester off from school to work, but I didn't find a job. So I had a lot of time. My dad and I were watching TV one eve-

ning and, as we flipped through the channels, we ran onto a preacher on 3ABN. We stopped long enough to hear what he was preaching about, and he was talking about the beasts of Daniel and Revelation."

"Oh?" I injected, to assure him I was listening.

"I've studied the Bible before, and never could understand those beasts," he continued. "Then here was a man talking about them." He ran his hand through his hair, but that didn't change its appearance. "He compared the pictures of the beasts—he had them hanging on the wall behind him—with other texts in the Bible, and he began to make sense."

George looked down at his hands. "Anyway, my father had put down the remote by that time, and I could see that he was just as interested as I was."



Thurman C. Petty, Jr., is a retired pastor who lives in Burleson, Texas, with his wife Martha. He is the author of 18 books and 40 Bible study guides.

“I’ve thought many times about coming to church, but never seemed to make it because some of the best preachers were on Saturday morning.”

and trying them out when I had to eat alone.”

His smile morphed into an earnest expression, and his voice softened. “I don’t know what it was, but there was just something about the channel. Something I’ve never been able to put my finger on. I just liked 3ABN.”

“That’s good,” I approved. “I enjoy their programs, too.”

“You liked what you heard?” I asked.

“Yeah,” his smile broadened. “I kinda got hooked on it and watched it all day long, almost every day.”

A thought turned his smile into a toothy grin. “I’ve never liked listening to preachers, but 3ABN had really good ones on all the time. Well, most of the time!” He let out a short laugh. “But it wasn’t just the preachers I liked,” he went on. “I liked the kid’s programs, the music programs—even the cooking programs. I found myself writing down some of the recipes

“You watch 3ABN?”

“Yes. I like the preaching, too.”

I smiled back, letting him know that I liked what he said.

We talked for over an hour as I tactfully “grilled” him about the major Bible teachings. I wanted to make sure he understood the important biblical framework of basic truth, so that when he read his Bible he would be able to see how each verse fit into the overall picture of Scripture.

“There are other TV channels like 3ABN, radio channels, and thousands of Adventists preachers and missionaries around the world who teach these truths,” I added. “It’s very important that you know and believe what the Bible says in order to become a Seventh-day Adventist.”

But as we went on from one major Bible topic to another, I realized that he knew every one without exception. George’s grasp of Bible truth surprised me, because, according to him, he’d never been in a Seventh-day Adventist church before.

I watched him in silence for a moment or two, seeking something in his expression to know more about him.

“What makes you want to be baptized now?” I quizzed him. “Why didn’t you begin coming to church for awhile, and then express your interest to be baptized?”

“I’ve thought many times about coming to church, but never seemed to make it because some of the best preachers were on Saturday morning, and I didn’t want to miss them,” he chuckled. “But I saw last week how great it is to worship the Lord with many other people. It adds a dimension I’d never realized.”

George paused for a moment. “So I’ll be here every Sabbath from now on. But I’m ready to be baptized now.” He gave me a wide grin. “I think that’s a good way to start my new life with Jesus.”

His case was so unusual I didn’t really know what to do. I couldn’t doubt that his knowledge of Bible truth lay somewhat above the average member. How could I say no? So we set his baptism date to take place in two weeks.

George came to church the following Sabbath full of enthusiasm, and we put him in touch with several other people about his age. After church we discussed the physical act of baptism: how he would stand in relation to me, and how I would lower him gently under the wa—

“Yeah,” he grinned. “I know all that. I’ve watched it many times on 3ABN.”

*Is there anything George*

*doesn’t know?* I wondered.

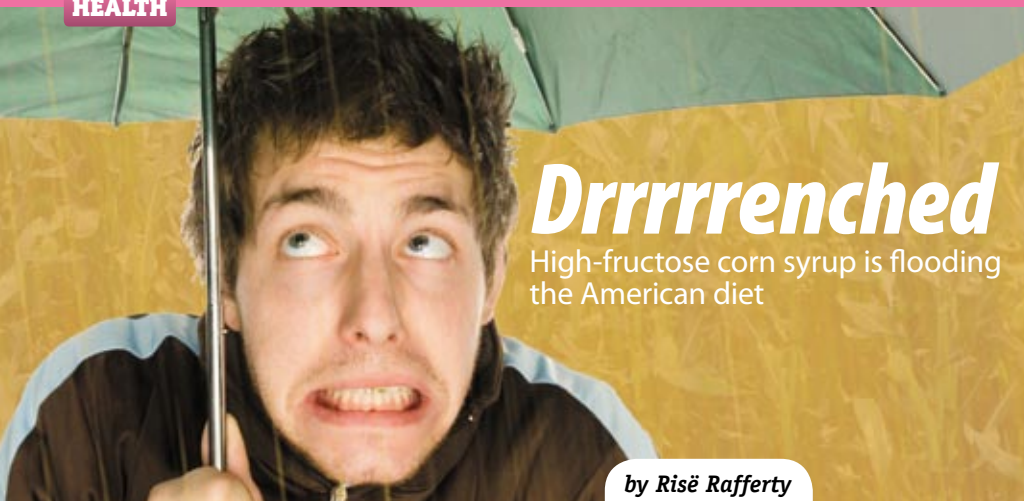
The following Sabbath, I stood with George in the baptism, looking at his peaceful face. I felt sure we were doing the right thing. I spent several minutes telling his story, and how he had been won to the Lord merely by watching 3ABN. “And that’s what Adventist media is doing around the world,” I said. “I wonder how many other people like George are learning about Jesus over 3ABN’s world ministry, along with all the other TV and radio programs supported by members of our church? We need to pray for George, and the thousands who come to Christ through Seventh-day Adventist media. And we need to help these evangelistic organizations with our offerings and with our prayers.”

I raised my hand over George’s head and pronounced Christ’s words: “I now baptize you in the name of the Father, and of His Son Jesus Christ, and of the Holy Spirit, amen.”

I lowered George down gently until he was completely immersed in the waters of the baptismal pool. Then, with a quick motion, I raised him up. Amid the sound of amens and clapping, George gave me a bear hug, and beamed.

“Thank you, Pastor. Thank you!”

■



## Drrrrrenched

High-fructose corn syrup is flooding the American diet

by *Risë Rafferty*

Cane and beet sugar consumption has hit a 40-year low, but from 1970 to 2005 there's been an overall increase in general sugar consumption from 119 pounds to 142 a person per year. This 19 percent increase is due to the new kid on the block—high-fructose corn syrup (HFCS), a substance that's been around for only 40 years.

According to government data, per capita intake of the syrup “increased by more than 1,000 percent from 1970 to 1990, exceeding the changes in the intake of any other food group tracked by the Department of Agriculture.”<sup>1</sup>

Sugar, specifically high-fructose corn syrup, can be found in every aisle of the grocery store, and consuming roughly 60 pounds of the sticky syrup yearly per person looks “drenched” to me.

The switch from white crys-

als to goopy liquid was not difficult for food companies because:

- It became a cheaper ingredient. “In a 1983 article in *Fortune* magazine, one beverage analyst estimated that by switching to high-fructose corn syrup, Coca-Cola gained a cost advantage over Pepsi and its bottlers of \$70 million a year.”<sup>2</sup> Pepsi, not to be left behind, soon licked up the new sweetener, and in the following 20 years, when soft drink intake rose 40 percent, “the inflation-adjusted price of soda declined by about one-third, according to Bureau of Labor Statistics data.”<sup>3</sup>

- It was made from our own home-grown corn.

- It was similar to Styrofoam; It could undergo varying temperatures and humidity, and seemingly never go bad.

- As a liquid, it mixed easily to create sweet drinks. After bever-

age companies began using it, soft drink consumption soared like a tidal wave. Since 1970 our soda guzzling has doubled to about 56 gallons per person a year. In the 1980s the drowning of America began with the birth of the Big Gulp.

Japanese researchers gave birth to high-fructose corn syrup in a lab. Many people like Michael F. Jacobson, director of the Center for Science in the Public Interest, do not see it as a “natural” food. “Unlike sugar molecules, which reside in the stalks of sugar cane or the beets that are used to make sugar, high-fructose corn syrup is artificial because it is not found anywhere in corn. You’re causing a change in the molecular structure, and that shouldn’t be considered natural.”<sup>4</sup>

Chi-Hang Ho, Ph.D., professor of food science at Rutgers University, conducted chemical tests on 11 different soft drinks containing HFCS. “He found ‘astonishingly high’ levels of reactive carbonyls in those beverages. These undesirable and highly-reactive compounds associated with ‘unbound’ fructose and glucose molecules are believed to cause tissue damage.”<sup>5</sup> Reactive carbonyls have also been associated with the development of Type-2 diabetes and its complications.

In HFCS the goodness of the original corn has been erased. Nature has been so tampered with, that a man-made substance is what is left. The same has happened with the precious truths of God’s Word. Man’s tampering has taken parts, not the whole, and so altered the part that it’s no longer recognizable when compared with the original. “The earth is also defiled under its inhabitants, because they have transgressed the laws, changed the ordinance, broken the everlasting covenant.” Isaiah 24:5.

The man-made version of truth will ultimately “drown men in destruction and perdition.” 1 Timothy 6:9. The only way out of the deluge will be to cling to the Scriptures. In the end, “so closely will the counterfeit resemble the true that it will be impossible to distinguish between them except by the Holy Scriptures.”<sup>6</sup> But God ever will be the protector of His truth and those who cling to it. “When the enemy shall come in like a flood, the Spirit of the Lord shall lift up a standard against him.” Isaiah 59:19.

1-4. Melanie Warner. “A Sweetener with a Bad Rap.” [www.nytimes.com](http://www.nytimes.com), July 2, 2006.

5. “Soft Drink Sweetener Linked to Diabetes in Kids.” [www.consumeraffairs.com](http://www.consumeraffairs.com), August 24, 2007.

6. Ellen G. White, *The Great Controversy*, p. 593.



*Risë Rafferty works part time for Light Bearers Ministry. She fell in love with God’s plan for uniting medical ministry and the gospel as a young adult. She lives with her beloved family, husband James and their two children, in Oregon.*

This schedule is an overview of the program lineup for North American and website broadcasts. Check out the schedule listings on our website, 3abn.org, for additional details and program changes.

Abbreviations and symbols: PDT = Pacific Daylight Saving Time (UTC-7); MDT = Mountain Daylight Saving Time (UTC-6); CDT = Central Daylight Saving Time (UTC-5); EDT = Eastern Daylight Saving Time (UTC-4). = Closed captioned. = Live program. = New series. = Repeat of live program.

Program titles in red are changes effective this month.

## DTV and Antenna Issues

MANY 3ABN VIEWERS that watch over-the-air broadcasts on low power (LPTV) down-link stations say that they watch little else. If you are one of those, then you have little to worry about with DTV—until we change your station to DTV. This process continues, as we tackle the huge task of upgrading all of our 80+ owned and operated stations. Our LPTV affiliate stations are doing the same, so

**Many people who get “adequate” reception of analog signals will get none at all when DTV becomes the standard for all full-power stations on February 18, 2009.**

eventually you will need to either purchase a DTV converter box, or buy a new TV set.

In the meantime, there are some major issues looming for DTV reception. Many people who get “adequate” reception of analog signals will get none at all when DTV becomes the standard for all full-power stations on February 18, 2009. They will have to get a larger antenna installed somewhere up high (an attic is a great place to put one), but even then they may have problems getting all the digital channels. Here are several culprits:

**AIM** ▶ The directional antennas must be

pointed in the direction of the transmitters in order to get maximum signal strength. Use the signal strength meter on your digital TV or converter box to determine where you get the best signal. You may need an antenna with a rotor motor (remember those?).

**SPLITTER** ▶ If you’re using a signal splitter, you may need to boost your signal before you split it, because the splitter cuts the strength of the signal considerably. RF amplifiers (sometimes called antenna boosters) can be purchased for \$50 or less. The closer you install them to the antenna, the better they work, since the signal is stronger and cleaner to begin with. Before you buy an RF amplifier, though, make sure that the splitter is the culprit. To test this, just hook your converter box or TV directly to the antenna cable. If the signal comes in better, then most likely your splitter is the problem.

**FEEDBACK** ▶ We’d love to hear from our readers who have purchased a digital antenna. Please let us know what brand and model you have, and how well it has worked for you. We’d like to let others know which ones seem to work best. Don’t forget to include where you live and what 3ABN channel you watch. E-mail us at 3abnworld@3abn.org. ■

## 3ABN: OCTOBER

## ▼ SUNDAY

PDT	MDT	CDT	EDT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	Exalting His Word (Shelley Quinn)
12:30	1:30	2:30	3:30	Breath of Life (Walter Pearson)
1:00a	2:00a	3:00a	4:00a	Amazing Facts Presents... (Doug Batchelor)
1:30	2:30	3:30	4:30	Battles of Faith
2:00a	3:00a	4:00a	5:00a	Digging Up the Past (David Down)
2:30	3:30	4:30	5:30	It Is Written (Shawn Boonstra)
3:00a	4:00a	5:00a	6:00a	Kenneth Cox Ministries Presents...
3:30	4:30	5:30	6:30	...continued
4:00a	5:00a	6:00a	7:00a	Body & Spirit (Dick Nunez)
4:30	5:30	6:30	7:30	His Words Are Life/Grandma’s House
5:00a	6:00a	7:00a	8:00a	Kids’ Time (Brenda Walsh)
5:30	6:30	7:30	8:30	Kids’ Time Praise
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	India: Face to Face/World Prophecy News
7:30	8:30	9:30	10:30	Exploring the Word (Lonnie Melashenko)
8:00a	9:00a	10:00a	11:00a	Inspirational Hour
8:30	9:30	10:30	11:30	...continued
9:00a	10:00a	11:00a	Noon	Revelation Insights (Lyle Albrecht)
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	Praise! (Kelly Mowrer)
10:30	11:30	12:30	1:30	Marriage in God’s Hands
11:00a	Noon	1:00p	2:00p	3ABN On the Road
11:30	12:30	1:30	2:30	...continued
Noon	1:00p	2:00p	3:00p	Out of Thin Air (Shawn Boonstra)
12:30	1:30	2:30	3:30	...continued
1:00p	2:00p	3:00p	4:00p	3ABN Today LIVE (repeat)
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	...continued
2:30	3:30	4:30	5:30	...continued
3:00p	4:00p	5:00p	6:00p	The Carter Report (John Carter)
3:30	4:30	5:30	6:30	...continued
4:00p	5:00p	6:00p	7:00p	Adventures in Missions
4:30	5:30	6:30	7:30	In Search of Truth (Charles Byrd)
5:00p	6:00p	7:00p	8:00p	Celebrating Life in Recovery (Cheri Peters)
5:30	6:30	7:30	8:30	...continued
6:00p	7:00p	8:00p	9:00p	Issues & Answers
6:30	7:30	8:30	9:30	In the Footsteps of Paul (Tony Moore)
7:00p	8:00p	9:00p	10:00p	3ABN Today
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	White Horse Media Presents... (Steve Wohlberg)
8:30	9:30	10:30	11:30	...continued
9:00p	10:00p	11:00p	Mon	Making Waves (Jim Ayer)
9:30	10:30	11:30	12:30	Wonderfully Made
10:00p	11:00p	Mon	1:00a	Hebrews—Books of the Book (Gibson/Rafferty)
10:30	11:30	12:30	1:30	ASI Video Magazine (Dan Houghton)
11:00p	Mon	1:00a	2:00a	3ABN Today
11:30	12:30	1:30	2:30	...continued

### 3ABN: OCTOBER

### ▼ MONDAY

PDT	MDT	CDT	EDT	◀ CHOOSE YOUR TIME ZONE	
Midnt	1:00a	2:00a	3:00a		Up Close <span>CC</span>
12:30	1:30	2:30	3:30		...continued
1:00a	2:00a	3:00a	4:00a		Revelation Speaks Hope (Brian McMahon) <span>CC</span>
1:30	2:30	3:30	4:30		...continued
2:00a	3:00a	4:00a	5:00a		Celebrating Life in Recovery (Cheri Peters) <span>CC</span>
2:30	3:30	4:30	5:30		...continued
3:00a	4:00a	5:00a	6:00a		Faith Chapel
3:30	4:30	5:30	6:30		Heaven's Point of View (Hal Steenson) <span>CC</span>
4:00a	5:00a	6:00a	7:00a		Body & Spirit Aerobics (Dick Nunez)
4:30	5:30	6:30	7:30		World Prophecy News/Grandma's House
5:00a	6:00a	7:00a	8:00a		Janice's Attic (Janice Smith)
5:30	6:30	7:30	8:30		Wonderfully Made
6:00a	7:00a	8:00a	9:00a		3ABN Today
6:30	7:30	8:30	9:30		...continued
7:00a	8:00a	9:00a	10:00a		House Calls (John Lomacang) <span>▶</span>
7:30	8:30	9:30	10:30		...continued
8:00a	9:00a	10:00a	11:00a		Thinking About Home (Kathy Matthews)
8:30	9:30	10:30	11:30		Maranatha Mission Stories (Dick Duerksen)
9:00a	10:00a	11:00a	Noon		His Harvest Is Ready (C.A. Murray)
9:30	10:30	11:30	12:30		...continued
10:00a	11:00a	Noon	1:00p		Digging Up the Past (David Down)
10:30	11:30	12:30	1:30		Breath of Life (Walter Pearson) <span>CC</span>
11:00a	Noon	1:00p	2:00p		Grandma's House/His Words Are Life
11:30	12:30	1:30	2:30		Abundant Living (Curtis & Paula Eakins)
Noon	1:00p	2:00p	3:00p		Body & Spirit (Dick Nunez)
12:30	1:30	2:30	3:30		ShareHim Newsmagazine
1:00p	2:00p	3:00p	4:00p		3ABN Today
1:30	2:30	3:30	4:30		...continued
2:00p	3:00p	4:00p	5:00p		Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30		Kids' Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p		Generation of Youth for Christ 2007
3:30	4:30	5:30	6:30		...continued
4:00p	5:00p	6:00p	7:00p		Health for a Lifetime (Don Mackintosh)
4:30	5:30	6:30	7:30		Melody From My Heart
5:00p	6:00p	7:00p	8:00p		House Calls (repeat) (John Lomacang) <span>▶</span>
5:30	6:30	7:30	8:30		...continued
6:00p	7:00p	8:00p	9:00p		Exploring the Word (Lonnie Melashenko)
6:30	7:30	8:30	9:30		World of Praise (Wintley Phipps)
7:00p	8:00p	9:00p	10:00p		3ABN Today
7:30	8:30	9:30	10:30		...continued
8:00p	9:00p	10:00p	11:00p		The Carter Report (John Carter)
8:30	9:30	10:30	11:30		...continued
9:00p	10:00p	11:00p	Tue		Here We Stand (Doug Batchelor)
9:30	10:30	11:30	12:30		...continued
10:00p	11:00p	Tue	1:00a		...continued
10:30	11:30	12:30	1:30		Maranatha Mission Stories (Dick Duerksen)
11:00p	Tue	1:00a	2:00a		3ABN Today
11:30	12:30	1:30	2:30		...continued

### ▼ TUESDAY

PDT	MDT	CDT	EDT	◀ CHOOSE YOUR TIME ZONE	
Midnt	1:00a	2:00a	3:00a		Wonderfully Made
12:30	1:30	2:30	3:30		By My Spirit (Ed Reid)
1:00a	2:00a	3:00a	4:00a		Nature's Lesson Book (Greg Evans)
1:30	2:30	3:30	4:30		...continued
2:00a	3:00a	4:00a	5:00a		Faith Chapel
2:30	3:30	4:30	5:30		Praise! (Kelly Mowrer)
3:00a	4:00a	5:00a	6:00a		Everlasting Gospel <span>CC</span>
3:30	4:30	5:30	6:30		...continued
4:00a	5:00a	6:00a	7:00a		Body & Spirit (Dick Nunez)
4:30	5:30	6:30	7:30		In Search of Truth (Charles Byrd) <span>CC</span>
5:00a	6:00a	7:00a	8:00a		Revelation Insights (Lyle Albrecht)
5:30	6:30	7:30	8:30		...continued
6:00a	7:00a	8:00a	9:00a		3ABN Today LIVE (repeat) <span>▶</span>
6:30	7:30	8:30	9:30		...continued
7:00a	8:00a	9:00a	10:00a		...continued
7:30	8:30	9:30	10:30		...continued
8:00a	9:00a	10:00a	11:00a		Help Yourself to Health (Agatha Thrash)
8:30	9:30	10:30	11:30		Variety
9:00a	10:00a	11:00a	Noon		Revelation Speaks Hope (Brian McMahon) <span>CC</span>
9:30	10:30	11:30	12:30		...continued
10:00a	11:00a	Noon	1:00p		3ABN On the Road
10:30	11:30	12:30	1:30		...continued
11:00a	Noon	1:00p	2:00p		Heaven's Point of View (Hal Steenson) <span>CC</span>
11:30	12:30	1:30	2:30		Let's Cook Together
Noon	1:00p	2:00p	3:00p		Body & Spirit Aerobics (Dick Nunez)
12:30	1:30	2:30	3:30		Hebrews—Books of the Book (Gibson/Rafferty) <span>CC</span>
1:00p	2:00p	3:00p	4:00p		3ABN Today
1:30	2:30	3:30	4:30		...continued
2:00p	3:00p	4:00p	5:00p		Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30		Kids' Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p		Kids' Time Praise
3:30	4:30	5:30	6:30		Melody From My Heart
4:00p	5:00p	6:00p	7:00p		ShareHim Newsmagazine
4:30	5:30	6:30	7:30		Exalting His Word (Shelley Quinn) <span>CC</span>
5:00p	6:00p	7:00p	8:00p		Secrets Unsealed Presents...
5:30	6:30	7:30	8:30		...continued
6:00p	7:00p	8:00p	9:00p		Battles of Faith
6:30	7:30	8:30	9:30		Making Waves (Jim Ayer)
7:00p	8:00p	9:00p	10:00p		3ABN Today
7:30	8:30	9:30	10:30		...continued
8:00p	9:00p	10:00p	11:00p		Discover (David Asscherick) <span>CC</span>
8:30	9:30	10:30	11:30		...continued
9:00p	10:00p	11:00p	Wed		Ten Commandments Weekend 2008
9:30	10:30	11:30	12:30		...continued
10:00p	11:00p	Wed	1:00a		Special Feature
10:30	11:30	12:30	1:30		...continued
11:00p	Wed	1:00a	2:00a		3ABN Today
11:30	12:30	1:30	2:30		...continued

### 3ABN: OCTOBER

### ▼ WEDNESDAY

PDT	MDT	CDT	EDT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	Hebrews—Books of the Book (Gibson/Rafferty)
12:30	1:30	2:30	3:30	Exploring the Word (Lonnie Melashenko)
1:00a	2:00a	3:00a	4:00a	Battles of Faith
1:30	2:30	3:30	4:30	Laymen Ministries (Jeff Reich)
2:00a	3:00a	4:00a	5:00a	World of Praise (Wintley Phipps)
2:30	3:30	4:30	5:30	3ABN Classics
3:00a	4:00a	5:00a	6:00a	Generation of Youth for Christ 2007
3:30	4:30	5:30	6:30	...continued
4:00a	5:00a	6:00a	7:00a	Body & Spirit Aerobics (Dick Nunez)
4:30	5:30	6:30	7:30	Back to Nature/Grandma's House
5:00a	6:00a	7:00a	8:00a	His Words Are Life/World Prophecy News
5:30	6:30	7:30	8:30	Thinking About Home (Kathy Matthews)
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	Kenneth Cox Presents...
7:30	8:30	9:30	10:30	...continued
8:00a	9:00a	10:00a	11:00a	Marriage in God's Hands (Tom and Alane Waters)
8:30	9:30	10:30	11:30	In the Footsteps of Paul (Tony Moore)
9:00a	10:00a	11:00a	Noon	Revelation Now (Jac Colon)
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	In Search of Truth (Charles Byrd)
10:30	11:30	12:30	1:30	Liberty Insider (Lincoln Steed)
11:00a	Noon	1:00p	2:00p	By My Spirit (Ed Reid)
11:30	12:30	1:30	2:30	Abundant Living (Curtis & Paula Eakins)
Noon	1:00p	2:00p	3:00p	Body & Spirit (Dick Nunez)
12:30	1:30	2:30	3:30	World of Praise (Wintley Phipps)
1:00p	2:00p	3:00p	4:00p	3ABN Today
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30	Kids' Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	Teen Pathways
3:30	4:30	5:30	6:30	Exploring the Word (Lonnie Melashenko)
4:00p	5:00p	6:00p	7:00p	Issues & Answers
4:30	5:30	6:30	7:30	Wonderfully Made
5:00p	6:00p	7:00p	8:00p	White Horse Media Presents... (Steve Wohlberg)
5:30	6:30	7:30	8:30	...continued
6:00p	7:00p	8:00p	9:00p	It Is Written (Shawn Boonstra)
6:30	7:30	8:30	9:30	Amazing Facts Presents... (Doug Batchelor)
7:00p	8:00p	9:00p	10:00p	3ABN Today
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	3ABN On the Road
8:30	9:30	10:30	11:30	...continued
9:00p	10:00p	11:00p	Thu	Revelation Insights (Lyle Albrecht)
9:30	10:30	11:30	12:30	...continued
10:00p	11:00p	Thu	1:00a	Secrets Unsealed Presents...
10:30	11:30	12:30	1:30	...continued
11:00p	Thu	1:00a	2:00a	3ABN Today
11:30	12:30	1:30	2:30	...continued

### ▼ THURSDAY

PDT	MDT	CDT	EDT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	Help Yourself to Health (Agatha Thrash)
12:30	1:30	2:30	3:30	In Search of Truth (Charles Byrd)
1:00a	2:00a	3:00a	4:00a	House Calls (repeat) (John Lomacang)
1:30	2:30	3:30	4:30	...continued
2:00a	3:00a	4:00a	5:00a	Health for a Lifetime (Don Mackintosh)
2:30	3:30	4:30	5:30	Issues & Answers
3:00a	4:00a	5:00a	6:00a	Amazing Facts Presents... (Doug Batchelor)
3:30	4:30	5:30	6:30	Adventist Frontier Missions
4:00a	5:00a	6:00a	7:00a	Body & Spirit (Dick Nunez)
4:30	5:30	6:30	7:30	So Send I You (May Chung)
5:00a	6:00a	7:00a	8:00a	Out of Thin Air (Shawn Boonstra)
5:30	6:30	7:30	8:30	...continued
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	Nature's Lesson Book (Greg Evans)
7:30	8:30	9:30	10:30	...continued
8:00a	9:00a	10:00a	11:00a	Liberty Insider (Lincoln Steed)
8:30	9:30	10:30	11:30	Laymen Ministries (Jeff Reich)
9:00a	10:00a	11:00a	Noon	Keepers of the Flame
9:30	10:30	11:30	12:30	Health Headlines/World Prophecy News
10:00a	11:00a	Noon	1:00p	Secrets Unsealed Presents...
10:30	11:30	12:30	1:30	...continued
11:00a	Noon	1:00p	2:00p	Melody From My Heart
11:30	12:30	1:30	2:30	Let's Cook Together
Noon	1:00p	2:00p	3:00p	Body & Spirit Aerobics (Dick Nunez)
12:30	1:30	2:30	3:30	Marriage in God's Hands
1:00p	2:00p	3:00p	4:00p	3ABN Today
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30	Kids' Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	Kids' Time Praise
3:30	4:30	5:30	6:30	Making Waves (Jim Ayer)
4:00p	5:00p	6:00p	7:00p	The Carter Report (John Carter)
4:30	5:30	6:30	7:30	...continued
5:00p	6:00p	7:00p	8:00p	Central Study Hour
5:30	6:30	7:30	8:30	...continued
6:00p	7:00p	8:00p	9:00p	3ABN Today LIVE
6:30	7:30	8:30	9:30	...continued
7:00p	8:00p	9:00p	10:00p	...continued
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	Kenneth Cox Ministries Presents...
8:30	9:30	10:30	11:30	...continued
9:00p	10:00p	11:00p	Fri	Celebrating Life in Recovery (Cheri Peters)
9:30	10:30	11:30	12:30	...continued
10:00p	11:00p	Fri	1:00a	Heaven's Point of View (Hal Steenson)
10:30	11:30	12:30	1:30	Praise! (Kelly Mowrer)
11:00p	Fri	1:00a	2:00a	3ABN Today LIVE (repeat)
11:30	12:30	1:30	2:30	...continued

### 3ABN: OCTOBER

### ▼ FRIDAY

PDT	MDT	CDT	EDT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	3ABN Today LIVE (cont.)
12:30	1:30	2:30	3:30	...continued
1:00a	2:00a	3:00a	4:00a	White Horse Media Presents... (Steve Wohlberg)
1:30	2:30	3:30	4:30	...continued
2:00a	3:00a	4:00a	5:00a	The Carter Report (John Carter)
2:30	3:30	4:30	5:30	...continued
3:00a	4:00a	5:00a	6:00a	Central Study Hour
3:30	4:30	5:30	6:30	...continued
4:00a	5:00a	6:00a	7:00a	Body & Spirit Aerobics (Dick Nunez)
4:30	5:30	6:30	7:30	Exalting His Word (Shelley Quinn)
5:00a	6:00a	7:00a	8:00a	Kids' Time Praise
5:30	6:30	7:30	8:30	Making Waves (Jim Ayer)
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	Special Feature
7:30	8:30	9:30	10:30	...continued
8:00a	9:00a	10:00a	11:00a	Health for a Lifetime (Don Mackintosh)
8:30	9:30	10:30	11:30	Digging Up the Past (David Down)
9:00a	10:00a	11:00a	Noon	Ten Commandments Weekend 2008
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	Up Close
10:30	11:30	12:30	1:30	...continued
11:00a	Noon	1:00p	2:00p	Hebrews—Books of the Book (Gibson/Rafferty)
11:30	12:30	1:30	2:30	Abundant Living (Curtis & Paula Eakins)
Noon	1:00p	2:00p	3:00p	Discover (David Asscherick)
12:30	1:30	2:30	3:30	...continued
1:00p	2:00p	3:00p	4:00p	3ABN Today
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30	Kids' Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	In the Footsteps of Paul (Tony Moore)
3:30	4:30	5:30	6:30	Variety
4:00p	5:00p	6:00p	7:00p	Breath of Life (Walter Pearson)
4:30	5:30	6:30	7:30	Praise! (Kelly Mowrer)
5:00p	6:00p	7:00p	8:00p	Secrets Unsealed Presents...
5:30	6:30	7:30	8:30	...continued
6:00p	7:00p	8:00p	9:00p	It Is Written (Shawn Boonstra)
6:30	7:30	8:30	9:30	Maranatha Mission Stories (Dick Duerksen)
7:00p	8:00p	9:00p	10:00p	3ABN Today
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	Everlasting Gospel
8:30	9:30	10:30	11:30	...continued
9:00p	10:00p	11:00p	Sat	ShareHim Newsmagazine
9:30	10:30	11:30	12:30	Exalting His Word (Shelley Quinn)
10:00p	11:00p	Sat	1:00a	Revelation Speaks Hope (Brian McMahon)
10:30	11:30	12:30	1:30	...continued
11:00p	Sat	1:00a	2:00a	3ABN Today
11:30	12:30	1:30	2:30	...continued

### ▼ SATURDAY

PDT	MDT	CDT	EDT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	Revelation Now (Jac Colon)
12:30	1:30	2:30	3:30	...continued
1:00a	2:00a	3:00a	4:00a	3ABN On the Road
1:30	2:30	3:30	4:30	...continued
2:00a	3:00a	4:00a	5:00a	3ABN Classics
2:30	3:30	4:30	5:30	In the Footsteps of Paul (Tony Moore)
3:00a	4:00a	5:00a	6:00a	Ten Commandments Weekend 2008
3:30	4:30	5:30	6:30	...continued
4:00a	5:00a	6:00a	7:00a	His Words Are Life/Back to Nature
4:30	5:30	6:30	7:30	Kids' Time Praise
5:00a	6:00a	7:00a	8:00a	Tiny Tots for Jesus (Linda Johnson)
5:30	6:30	7:30	8:30	Kids' Time (Brenda Walsh)
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	Central Study Hour
7:30	8:30	9:30	10:30	...continued
8:00a	9:00a	10:00a	11:00a	Worship Hour
8:30	9:30	10:30	11:30	...continued
9:00a	10:00a	11:00a	Noon	Here We Stand (Doug Batchelor)
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	...continued
10:30	11:30	12:30	1:30	Keepers of the Flame
11:00a	Noon	1:00p	2:00p	Back to Nature/His Words Are Life
11:30	12:30	1:30	2:30	Issues & Answers
Noon	1:00p	2:00p	3:00p	House Calls (John Lomacang)
12:30	1:30	2:30	3:30	...continued
1:00p	2:00p	3:00p	4:00p	3ABN Today
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	Maranatha Mission Stories (Dick Duerksen)
2:30	3:30	4:30	5:30	Kids' Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	Kids' Time Praise
3:30	4:30	5:30	6:30	Tiny Tots for Jesus (Linda Johnson)
4:00p	5:00p	6:00p	7:00p	Laymen Ministries (Jeff Reich)
4:30	5:30	6:30	7:30	Melody From My Heart
5:00p	6:00p	7:00p	8:00p	Discover (David Asscherick)
5:30	6:30	7:30	8:30	...continued
6:00p	7:00p	8:00p	9:00p	Hebrews—Books of the Book (Gibson/Rafferty)
6:30	7:30	8:30	9:30	Heaven's Point of View (Hal Steenson)
7:00p	8:00p	9:00p	10:00p	3ABN Today
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	Revelation Now (Jac Colon)
8:30	9:30	10:30	11:30	...continued
9:00p	10:00p	11:00p	Sun	His Harvest Is Ready (C. A. Murray)
9:30	10:30	11:30	12:30	...continued
10:00p	11:00p	Sun	1:00a	3ABN On the Road
10:30	11:30	12:30	1:30	...continued
11:00p	Sun	1:00a	2:00a	3ABN Today
11:30	12:30	1:30	2:30	...continued

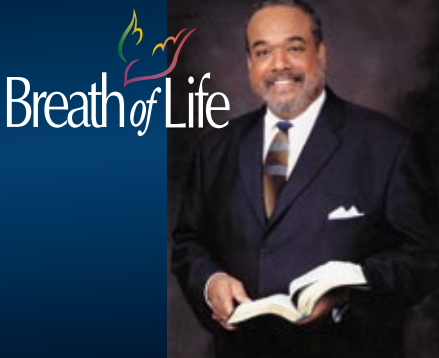




3ABN RADIO is available 24/7 on the Internet, through digital satellite, and via over-the-air radio broadcasts. To learn more, check detailed schedule listings, or listen online, visit our website: 3abnradio.org.

Abbreviations and symbols: CST = Central Daylight Saving Time (UTC-5). ⚡ = Live program. ★ = New series. ♻️ = Repeat of live program. **Program titles in red are changes effective this month.**

**RADIO FEATURE**



**B**reath of Life is a radio program focused on helping people choose a quality of life by following Jesus Christ. The ministry's director, Pastor Walter Pearson, Jr., is a dynamic preacher and gifted speaker who will inspire you with his powerful messages. Be prepared to be blessed as you tune in to *Breath of Life* on Fridays at 1:30 p.m. Central Standard Time.

**3ABN RADIO: OCTOBER**

CDT	SUNDAY
2:00a	Thinking About Home
2:30	Dynamics in the Science of Prayer
3:00a	Heaven's Point of View
3:30	Faith Chapel
4:00a	Revelation Insights
4:30	...continued
5:00a	Musical Meditations
5:30	...continued
6:00a	Rags to Riches/Growing in Grace
6:30	Freedom's Ring/The StoryHouse
7:00a	Your Story Hour
7:30	Bible Answers
8:00a	3ABN Today
8:30	...continued
9:00a	His Words Are Life/Melody From My H.
9:30	The Bible in Living Sound
10:00a	Central Study Hour
10:30	...continued
11:00a	Worship Hour
11:30	...continued
<b>Noon</b>	Lift Him Up
12:30	Marriage in God's Hands
1:00p	Revelation Speaks Hope
1:30	...continued
2:00p	It Is Written
2:30	Left Behind: Fact or Fiction?
3:00p	3ABN Today LIVE (repeat) ♻️
3:30	...continued
4:00p	...continued
4:30	...continued
5:00p	Musical Meditations
5:30	...continued
6:00p	Revelation Insights
6:30	...continued
7:00p	More Abundant Life
7:30	Rags to Riches/Growing in Grace
8:00p	3ABN Today
8:30	...continued
9:00p	Bible Answers LIVE ♻️
9:30	...continued
10:00p	Your Story Hour
10:30	Marriage in God's Hands
11:00p	Homeschool of Health
11:30	Freedom's Ring/The StoryHouse
<b>Mon</b>	The Prophecy Code
12:30	...continued
1:00a	3ABN Today
1:30	...continued

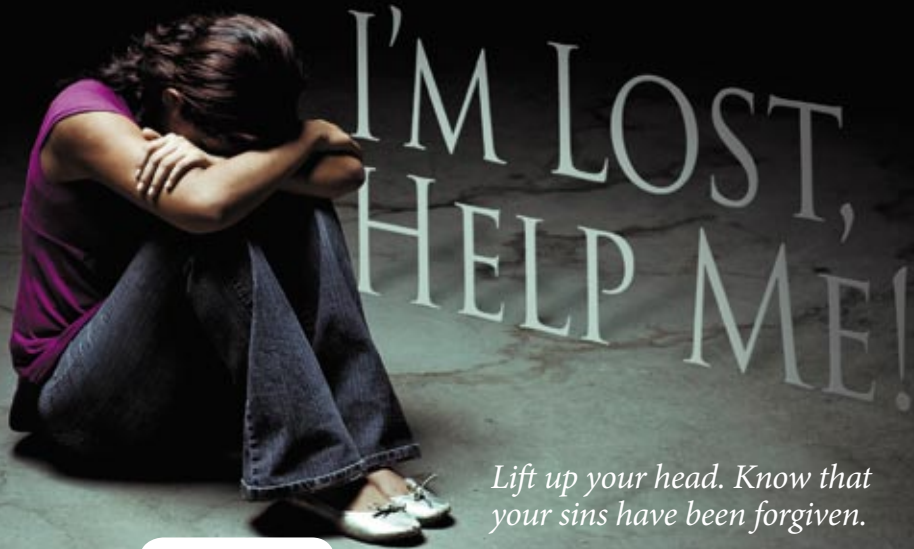
**This schedule begins October 1.**

CDT	MONDAY	CDT	TUESDAY
2:00a	Help Yourself to Health	2:00a	Bible Answers LIVE ♻️
2:30	His Words Are Life/Rags to Riches	2:30	...continued
3:00a	Voice of Prophecy/Between the Lines	3:00a	Voice of Prophecy/Between the Lines
3:30	Your Health News/Growing in Grace	3:30	By My Spirit
4:00a	Kids' Time	4:00a	Kids' Time
4:30	It's Your Money!	4:30	Issues & Answers
5:00a	Musical Meditations	5:00a	Musical Meditations
5:30	...continued	5:30	...continued
6:00a	Thinking About Home	6:00a	Health for a Lifetime
6:30	Christian Concerns	6:30	Freedom's Ring/Endtime Insights
7:00a	The Bible in Living Sound	7:00a	The Bible in Living Sound
7:30	Wonders in the Word	7:30	Wonders in the Word
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio ⚡	9:00a	Crossroads on 3ABN Radio
9:30	...continued	9:30	...continued
10:00a	Bible Answers	10:00a	Lift Him Up
10:30	Your Family Health/Health Headlines	10:30	Homeschool of Health
11:00a	3ABN On the Road	11:00a	3ABN On the Road
11:30	...continued	11:30	...continued
<b>Noon</b>	Your Story Hour	<b>Noon</b>	Your Story Hour
12:30	Freedom's Ring/Melody From My Heart	12:30	Abundant Living/Growing in Grace
1:00p	Help Yourself to Health	1:00p	By My Spirit
1:30	His Words Are Life/Rags to Riches	1:30	Dynamics in the Science of Prayer
2:00p	Kids' Time	2:00p	Kids' Time
2:30	It's Your Money!	2:30	Issues & Answers
3:00p	Voice of Prophecy/Between the Lines	3:00p	Voice of Prophecy/Between the Lines
3:30	Wonderfully Made	3:30	Women at the Well
4:00p	The Prophecy Code	4:00p	The Prophecy Code
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	3ABN On the Road	6:00p	3ABN On the Road
6:30	...continued	6:30	...continued
7:00p	The Bible in Living Sound	7:00p	The Bible in Living Sound
7:30	Wonders in the Word	7:30	Wonders in the Word
8:00p	Heaven's Point of View	8:00p	Health for a Lifetime
8:30	Thinking About Home	8:30	Genesis to Revelation Seminar
9:00p	3ABN Today	9:00p	3ABN Today
9:30	...continued	9:30	...continued
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	Wonderfully Made	10:30	Women at the Well
11:00p	Crossroads on 3ABN Radio	11:00p	Crossroads on 3ABN Radio
11:30	...continued	11:30	...continued
<b>Tue</b>	The Prophecy Code	<b>Wed</b>	The Prophecy Code
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today
1:30	...continued	1:30	...continued

### 3ABN RADIO: OCTOBER (continued)

CDT	WEDNESDAY	CDT	THURSDAY
2:00a	Help Yourself to Health	2:00a	Help Yourself to Health
2:30	His Words Are Life/Rags to Riches	2:30	His Words Are Life/Rags to Riches
3:00a	Voice of Prophecy/Between the Lines	3:00a	Voice of Prophecy/Between the Lines
3:30	Bible Answers	3:30	Bible Answers
4:00a	Kids' Time	4:00a	Kids' Time
4:30	Issues & Answers	4:30	Issues & Answers
5:00a	Musical Meditations	5:00a	Musical Meditations
5:30	...continued	5:30	...continued
6:00a	Health for a Lifetime	6:00a	Thinking About Home
6:30	Christian Concerns	6:30	The StoryHouse/Endtime Insights
7:00a	The Bible in Living Sound	7:00a	The Bible in Living Sound
7:30	Wonders in the Word	7:30	Wonders in the Word
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio	9:00a	Crossroads on 3ABN Radio
9:30	...continued	9:30	...continued
10:00a	Left Behind: Fact or Fiction?	10:00a	Genesis to Revelation Seminar
10:30	Your Family Health/Health Headlines	10:30	Stop Smoking Clinic
11:00a	3ABN On the Road	11:00a	3ABN On the Road
11:30	...continued	11:30	...continued
<b>Noon</b>	Your Story Hour	<b>Noon</b>	Your Story Hour
12:30	When God's People Pray	12:30	Heaven's Point of View
1:00p	Help Yourself to Health	1:00p	By My Spirit
1:30	His Words Are Life/Rags to Riches	1:30	His Words Are Life/Rags to Riches
2:00p	Bible Answers LIVE	2:00p	Kids' Time
2:30	...continued	2:30	Issues & Answers
3:00p	Voice of Prophecy/Between the Lines	3:00p	Voice of Prophecy/Between the Lines
3:30	Wonderfully Made	3:30	It Is Written
4:00p	<b>The Prophecy Code</b>	4:00p	<b>The Prophecy Code</b>
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	3ABN On the Road	6:00p	3ABN On the Road
6:30	...continued	6:30	...continued
7:00p	The Bible in Living Sound	7:00p	The Bible in Living Sound
7:30	Wonders in the Word	7:30	Wonders in the Word
8:00p	Health for a Lifetime	8:00p	3ABN Today LIVE
8:30	Your Health News/Freedom's Ring	8:30	...continued
9:00p	3ABN Today	9:00p	...continued
9:30	...continued	9:30	...continued
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	Wonderfully Made	10:30	It Is Written
11:00p	Crossroads on 3ABN Radio	11:00p	Crossroads on 3ABN Radio
11:30	...continued	11:30	...continued
<b>Thu</b>	<b>The Prophecy Code</b>	<b>Fri</b>	<b>The Prophecy Code</b>
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today LIVE (repeat)
1:30	...continued	1:30	...continued

CDT	FRIDAY	CDT	SATURDAY
2:00a	3ABN Today LIVE (cont.)	2:00a	Lift Him Up
2:30	...continued	2:30	Genesis to Revelation Seminar
3:00a	Voice of Prophecy/Between the Lines	3:00a	3ABN On the Road
3:30	By My Spirit	3:30	...continued
4:00a	<b>Central Study Hour</b>	4:00a	<b>Revelation Insights</b>
4:30	...continued	4:30	...continued
5:00a	Musical Meditations	5:00a	Musical Meditations
5:30	...continued	5:30	...continued
6:00a	Health for a Lifetime	6:00a	Rags to Riches/Growing in Grace
6:30	More Abundant Life	6:30	More Abundant Life
7:00a	The Bible in Living Sound	7:00a	Your Story Hour
7:30	Faith Chapel	7:30	Bible Answers
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio	9:00a	Freedom's Ring/Endtime Insights
9:30	...continued	9:30	Christian Concerns
10:00a	Bible Answers	10:00a	Central Study Hour
10:30	Your Family Health/Health Headlines	10:30	...continued
11:00a	3ABN On the Road	11:00a	Worship Hour
11:30	...continued	11:30	...continued
<b>Noon</b>	Your Story Hour	<b>Noon</b>	Heaven's Point of View
12:30	When God's People Pray	12:30	Women at the Well
1:00p	Help Yourself to Health	1:00p	Revelation Speaks Hope
1:30	Breath of Life	1:30	...continued
2:00p	Kids' Time	2:00p	Issues & Answers
2:30	Issues & Answers	2:30	Faith Chapel
3:00p	Voice of Prophecy/Between the Lines	3:00p	House Calls
3:30	Marriage in God's Hands	3:30	...continued
4:00p	<b>The Prophecy Code</b>	4:00p	3ABN On the Road
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	3ABN On the Road	6:00p	<b>Revelation Insights</b>
6:30	...continued	6:30	...continued
7:00p	The Bible in Living Sound	7:00p	Heaven's Point of View
7:30	More Abundant Life	7:30	Rags to Riches/Growing in Grace
8:00p	<b>Worship Hour</b>	8:00p	3ABN Today
8:30	...continued	8:30	...continued
9:00p	3ABN Today	9:00p	Bible Answers
9:30	...continued	9:30	Christian Concerns
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	Marriage in God's Hands	10:30	Left Behind: Fact or Fiction?
11:00p	Crossroads on 3ABN Radio	11:00p	Faith Chapel
11:30	...continued	11:30	By My Spirit
<b>Sat</b>	Revelation Speaks Hope	<b>Sun</b>	Revelation Speaks Hope
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today
1:30	...continued	1:30	...continued



*Lift up your head. Know that your sins have been forgiven.*

by **Kenneth Cox**

**Y**ou've taken your first step, but you can't be saved until you know you're truly lost. You must realize that while sinning, you've broken God's Law—and the penalty is death! Paul cried out, "O wretched man that I am! Who will deliver me from this body of death?" Romans 7:24.

Understand that God loves you, not because of your actions, but from the fact that you're His creation. He's made the decision to save you—if you're willing. "But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us." Romans 5:8.

Anytime you break a law, whether it's God's or man's, a penalty must be paid. Otherwise the law would hold no power. Breaking God's Law carries the

penalty of death, "For the wages of sin is death." Romans 6:23.

Jesus Christ paid that penalty for all mankind, including you. By doing so, He lifted the condemnation off of you and placed it upon Himself, setting you free from the penalty of death. "There is therefore now no condemnation to those who are in Christ Jesus." Romans 8:1. When you accept His sacrifice in your behalf, all your sins are forgiven, and there is nothing held against you. You are justified with the Law, and all your sins are paid.

But the fact that Christ died for you does not do away with God's Law. It still exists, and it carries the same requirement of perfection. It still requires you to keep it 100 percent, and there's still a penalty if you break it! From this aspect of the Law, Christ did more

that just die for you! "For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life." Romans 5:10. If all that was necessary to save you was for Christ to die, He could have done that as a baby. But the Law required a perfect life, and that's the reason He stayed here for 30 years, not sinning even once, so that He might meet the demands of the Law on our behalf. "For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him." 2 Corinthians 5:21. Jesus took your sins upon Himself, and now gives you His righteousness, which meets all the requirements of the Law.

So how can you lay hold of what Christ has done for you? By faith. God has done everything necessary to save you, but faith is your part in the process. It takes two words to define faith: belief and trust, and we use them interchangeably with faith.

We might say, "That's his faith," meaning "that's his belief." But while belief is part of faith, it isn't enough by itself. The Scriptures say that "Even the demons believe—and tremble!" James 2:19.

Faith also requires trust. When you say, "I have faith in him," you mean you trust that person. So

in accepting Christ, you must believe in Him, and trust Him to save you.

How do you put all this into action? No matter where you are, simply pray to the Lord. It doesn't take special words. Just say, "Heavenly Father, I ask for the forgiveness of my sins, and place my faith in Jesus Christ, accepting Him as my Savior. For the wonderful gift of eternal life, I thank you."

You now have the wonderful promise, "Most assuredly, I say to you, he who hears My word and believes in Him who sent Me has everlasting life, and shall not come into judgment, but has passed from death into life." John 5:24.

You are no longer a stranger: "But as many as received Him, to them He gave the right to become children of God, to those who believe in His name." John 1:12.

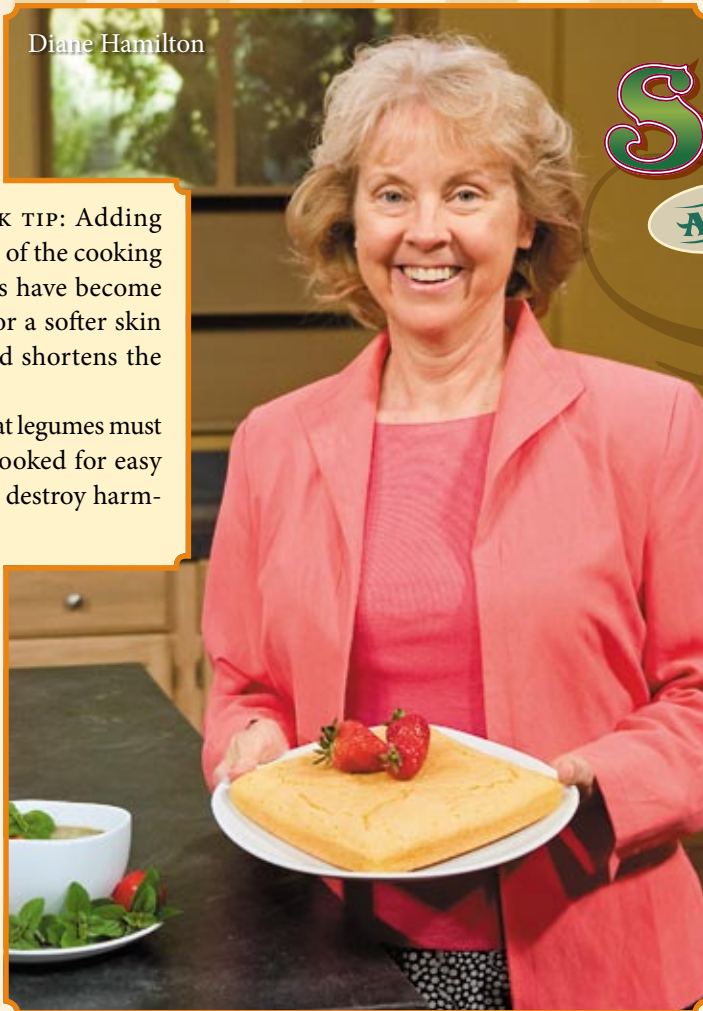
"God has given us eternal life, and this life is in His Son. He who has the Son has life; he who does not have the Son of God does not have life. These things I have written to you who believe in the name of the Son of God, that you may know that you have eternal life, and that you may continue to believe in the name of the Son of God." 1 John 5:11–13.

So lift up your head. Know that your sins have been forgiven, and that Christ is your Savior! ■



*For nearly four decades, Pastor Kenneth Cox has conducted evangelistic meetings in over a dozen countries, bringing salvation to thousands. He works closely with 3ABN, and his programs have aired on our networks for many years.*

Diane Hamilton



PHOTOS: NICOLE ISA

HERE'S A QUICK TIP: Adding salt near the end of the cooking time, after beans have become tender, makes for a softer skin on the bean, and shortens the cooking time.

Remember that legumes must be thoroughly cooked for easy digestion and to destroy harmful toxins.

# DIANE'S SPLIT PEA SOUP AND CORN BREAD



## SPLIT PEA SOUP

*Onion Mixture:*

- 1 medium onion, chopped
- 2 Tbsp olive oil
- 1-2 garlic cloves, or 1-2 tsp garlic powder

Sauté until onions are clear. Set aside.

*Soup:*

- 1 cup split peas
- ¼ cup old world pilaf (mixture of brown and wild rice, black eyed peas, yellow split peas, and lentils)
- 6 cups water (add more as needed for consistency)
- 2 carrots, peeled and chunked
- 2 bay leaves
- 1½ tsp salt
- 1 Tbsp sweet basil (or large sprig of fresh basil)

Mix all other soup ingredients. Bring to a boil, then simmer until legumes are soft. Add onion mixture. Serve with corn bread or whole wheat toast. Makes approximately 5 to 8 servings.



## CORN BREAD

- 1 cup corn meal
- 1 cup flour
- 1 Tbsp baking powder
- 1 tsp salt
- 2 Tbsp sugar
- 1 egg replacer of your choice, or 1 heaping tsp Jolly Joan Egg Replacer powder
- 1 cup soy milk
- 4 Tbsp oil

Mix dry ingredients until well blended. (Sift flour before measuring.) Mix liquid ingredients until oil is emulsified. Whip Egg Replacer powder with 2 Tbsp hot water until foamy. Add to liquids and mix. Mix all ingredients until batter is smooth. Pour into a well-greased 8 x 8-inch pan, or spoon into muffin tins. (Makes 1 dozen muffins.) Bake at 425°F for 25 minutes, or until done. Makes 8 to 10 servings.

**D**IANE HAMILTON has just joined us as administrative assistant to our president. She graciously gave us one of her “no fuss, no muss” recipes—and it is delicious!

“It’s easy to prepare, and nutritious,” she says. “When I have a busy day, with no time for the kitchen, I mix up the soup, put it in a crock pot, and voilà—lunch is ready!”

“There are over 20 varieties of legumes. Beans, lentils, peas, and soybeans are excellent sources of vegetable protein. They’re also high in carbohydrates, fiber, B-vitamins, iron, phosphorus, and calcium. Enjoy!”

# THE HOLY CLUB

by Michael Prewitt

In the early 1700s, the Great Awakening spread across England. Churches that had become as cold and lifeless as their stone cathedrals began to awaken and talk of spiritual things. Across the country, small groups of church members began home Bible studies to learn the Scriptures for themselves.

Inspired by this revival, in 1729 a group of students at Oxford University began meeting regularly to encourage each other in their spiritual growth. Among the students leading this group were John and Charles Wesley, and later their friend, George Whitefield. As members of the Anglican Church, they felt the efforts of the Puritan reformers had not kept their church from slipping into worldliness and formalism. They strongly desired a renewal of practical godliness and personal devotion among clergy and laity alike.

Some fellow students mockingly called this group the “Holy Club.” Others called them “Methodists,” a name that then evoked

images of a mechanical, legalistic faith. But these caricatures were far from the group’s true character. Their disciplines included prayer, fasting, refraining from worldly amusements and luxuries, and visiting the poor, sick, and imprisoned. “They observed neither these nor anything else any further than they conceived it was bound upon them by their one book, the Bible; it being their one desire and design to be downright Bible-Christians.”<sup>1</sup>

Centuries before, Jesus had said, “Except a man be born of water and of the Spirit, he cannot enter the kingdom of God.” John 3:5. In Wesley’s day, the topic of spiritual rebirth was seldom preached. The attitude of the church was that anyone who had been baptized was a member of the church, and that being “born again” was reserved for non-Christians. But Wesley and his friends were convinced from Scripture that everyone needed rebirth. They saw from the Bible that salvation is a personal deliverance from sin that follows repentance and a sincere



AFTER ART FROM GREEN, JANE CROFT (JAMES HODGKINSON) / WESLEY (ARTIST UNKNOWN)

Students at Oxford meeting under the leadership of John and Charles Wesley became known as the “Holy Club.”

choice to accept Christ’s forgiveness and sovereignty.

Although many Christians today are familiar with the idea of being “born again,” in Wesley’s time the doctrine of the necessity of being born again was very controversial. One of the arguments against it was that if this were true, it would mean few church members would be saved!

The Wesleys and their friends, though on the right path, were still bound by false ideas. In the Anglican Church, the doctrine of salvation by grace through faith had been nearly lost sight of. Not knowing any better, this group of young people faced the hopeless task of doing their best to secure God’s favor.

Then Charles was struck with a deadly illness. Although it was a terrible ordeal, his illness proved to be an important turning point. Anticipating the worst, a friend asked Charles about his hope of eternal life. He

answered, “I have used my best endeavors to serve God.” Then, sensing his friend was not satisfied, Charles wondered, *What! Are not my endeavors a sufficient ground of hope? . . . I have nothing else to trust to.*<sup>2</sup>

This experience motivated Charles to study the Bible to learn the source of a Christian’s trust and faith in God. He began to understand that the Christian’s hope is entirely in the merits of Christ. It was a powerful revelation, one that would be a beacon to this new movement that became known as Methodism.

His brother John was also to have a profound encounter—one that would change his life forever, and pave the way for the Second Great Awakening. Join us next month for that exciting story!

1. John Wesley, *A Short History of Methodism*, paragraph 6.

2. John Whitehead, *Life of the Rev. Charles Wesley*, p. 102.



Michael Prewitt is the manager of the Publishing Department at 3ABN.

## Did You Know?

# WHAT'S A SATELLITE STATION?

by Hal Steenson

When Danny accepted the call to build God's television station, his technical prowess was roughly limited to the operation of his remote control—that is, if he could find it. However, he would soon realize he'd bitten off quite a chunk.

A few days after he promised the Lord he'd build a television station, he decided it might be a good idea to see what one looked like. So he took his brothers to "spy out the land," but unbeknownst to him, Danny was about to encounter another divine appointment.

At the station, he saw their television engineer, Clarence Larson, with whom he had a casual acquaintance. He wasn't about to share his entire dream with someone who knew his background, because he'd probably laugh at him! So Danny casually asked Clarence if he could show them some of the technical stuff. He did, but this was where God took over, and a Baptist engineer would be the second person to witness that

Danny's dream was from God.

Cautiously, Clarence pulled him aside and said, "I don't understand why, but I feel compelled to tell you something." He paused, took a deep breath and said, "I believe a satellite uplink station could be built here in southern Illinois, out near Thompsonville."

"What's a satellite uplink station?" Danny asked.

Clarence was shocked. It wasn't until much later that he began to understand that God had used him to support the building of a television network which would eventually reach the world with the three angel's messages of Revelation 14.

"How far will a satellite station reach?" Danny asked.

"Well," Clarence replied, "how far do you want it to reach?"

"The world!" Danny proclaimed.

Clarence affirmed it by saying, "Well, the only way to reach the world is by satellite."

Just a few days earlier, I had agreed to give Danny all my television equipment. Now, he'd

discovered that a satellite uplink station could be built near Thompsonville, just a few miles from where he lived. Nevertheless, he still didn't have the entire picture. He wanted to know why a satellite station couldn't be built just anywhere.

Clarence tried not to get too technical as he explained an uplink satellite station's protocol, but I'm sure that to Danny, it probably sounded more like, "the hipbone is connected to the leg bone." One thing he did understand was that because terrestrial communication used microwaves, the satellite uplink had to be located in an interference-free location. And Clarence had just recently discovered a spot in southern Illinois where a new satellite uplink could be built! With God, all things are possible.

Danny is not someone given to emotion; however, if he'd ever felt like jumping up and shouting, it was then, because everything that needed to be done, could be done—just a few miles down the road from his home. It was

becoming clear to him why God had chosen him—an unlikely carpenter in an unlikely place like West Frankfort, Illinois—to do this work.

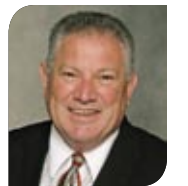
*God must be involved, or else how could this be happening?* Danny thought to himself. *This is certainly bigger than one church—or even one denomination! First of all, God sends me to a charismatic pastor, who confirms my calling and then commits all his television equipment. Then, suddenly, there's a Baptist engineer who works for a charismatic Christian station saying, "The Lord's compelling me to tell you this information."*

This was Danny's first glimpse at the magnitude and global scope of the work God had called him to do. He saw God was using His people—from all faiths and backgrounds—to encourage him in this massive undertaking.

Danny's next thought was, *What I need now is some land in Thompsonville. I wonder what denomination God will use next?* ■



Clarence Larson wondered why he was telling Danny about satellites.



Hal Steenson is a part of 3ABN's pastoral staff and presenter of the program, Heaven's Point of View. Hal is the husband of Mollie Steenson, 3ABN's general manager.



# THE HITCHHIKER

“Happy (blessed, fortunate, enviable) is the man who finds skillful and godly Wisdom, and the man who gets understanding [drawing it forth from God’s Word and life’s experiences].” (Proverbs 3:13 Amplified Bible.)

by Mitch Owen

The last half of the three hour drive from Memphis to my home would be picturesque, as I skirted the Ozark National Forest—the pines, the oaks, and a dotting of birch here and there as I passed 60 foot cliffs just feet away from the highway. I had just one more town to pass through before I would cross the bridge of the Buffalo River. I had visited the river before, and I felt the anticipation of this visit because in the flow of the river I felt a peace that brought me closer to God.

I began picking up speed as I moved past the third and last stoplight in town. Ahead of me on the right side of the road was a young man carrying a paper grocery bag with his right thumb out, walking backwards, hoping for a ride.

*This is great, I thought. I’ll have a captive audience as I witness for Christ.*

I pulled over to the side of the road just ahead of the young man and stopped. I could see him smile in the rearview mirror as he trotted toward my car. He opened the front passenger door and I could see a small bag of charcoal briquettes peeking over the top of his grocery bag.

We started out with the usual small talk, and I mentioned I was returning home after visiting some Christian friends in Memphis. I wanted to open the door to talk about the Lord, but didn’t want to be brash about it. I had some Christian tracts and booklets in the back seat that could do most of the witnessing for me after we parted ways.

He told me he was living on the Buffalo River under a bridge,

since he was out of work, and I knew where his conversation was leading. Sure enough, just before we reached the Buffalo River he said, “Mitch, I hate to do this, but could you spare some money so I can buy some food tomorrow?”

I had already steeled my heart, because I knew the question was coming.

“No, I can’t right now,” I said, feeling sure that this guy was just lazy and didn’t want to work.

We continued on with the small talk for only a couple of minutes before we arrived at the bridge that crossed the Buffalo.

The young man exited the car after I stopped just before the bridge. My heartbeat sped up as I knew this was my last opportunity to witness for the Lord. I reached in the back seat and picked up a small book called *Steps to Christ*, handing it to him and saying I would like to share this book.

“No”, he said, “what I need is food for the belly, not food for thought.”

Conviction pierced my heart

so deeply I could only shake my head, affirming he was correct. I watched helplessly as he closed the door and walked down the embankment to the river. I had money I could have given him, but I made the assumption that he was lazy. His words continued to ring in my ears as I drove over the bridge, “What I need is food for the belly, not food for thought.”

I learned a valuable life lesson that day. I drew closer to the Lord by that beautiful river; however, it was not from the physical flow of the Buffalo. The lesson I learned was from the flow of divinely appointed spiritual words, spoken to me by a nameless hitchhiker.

Those words, “What I need is food for the belly, not food for thought,” challenged my heart to minister to the whole man from that day forward. In addition, somewhere in that life lesson, the Father taught me that I must always walk by faith and never by sight. Who knows, I may have been entertaining an angel unaware! ■



Mitch Owen has worked in 3ABN’s Production Department for many years. He and his wife Karen live in Thompsonville, Illinois.

For 48 hours I prayed more earnestly than I'd ever prayed before. And every time I heard God speak to my heart, He said, "Yes."

Finally, J.D. called back and accepted the position, and just a few months later the Quinns were headed to southern Illinois.

"I've always been told I was wise," J.D. says, "but my new job was dealing with people's lives! I felt totally inadequate, and I made a covenant with the Lord right then and there that I would do all I knew to do—jump through the hoops, so to speak—but the rest was up to Him. I told Shelley I would fake it till I made it.

"Well, it absolutely irritated her to no end every time I said that," he continues. "Finally she said, 'J.D., you're going to *faith* it till you make it, not *fake* it!'

"Wow. There's the difference between a seasoned and unseasoned Christian! My continuous covenant since then has been, 'I'll represent You, Lord, but You're going to have to do the rest!'"

He pauses a moment and chooses his words carefully.

"Most people don't know where to start with God, but in James 4:8 the Bible says, 'Draw near to God and He will draw near to you.' When I was growing up I'd say, 'God, prove Yourself to me and I'll jump on Your train.'

I would have, too! But that's not how He works. My life took a supernatural turn when I drew near to Him, and it was then that I realized He was equipping me for the job. All along, I thought it was about me, when really it was all about God, His grace, and my faith. All He asks of me is to be obedient. Now, when He gives me an assignment, I don't beg off. I accept it by faith and through His grace—and He shows up!

"I remember saying a thousand times that I wanted a 'Damascus Road' experience. God showed up in Saul's life in a big way. God changed his life—and even his name! I'd always wanted God to show me His miracle-working power by changing me in an instant, but He didn't choose to do that. I had to come to Him.

"When I began answering the pastoral ministries' phones, it didn't take me long to realize I couldn't answer the callers' questions and problems. I needed God's wisdom, and I needed it quickly! I began inviting the Holy Spirit into our phone conversations, and all of a sudden I became a conduit for Him!"

As J.D. looks back on his life, he mentions something else. "There's nothing more important than a praying mother and father, or wife, or relative. We have no idea how things are

going to work out. It's supernatural and we can't see it. But if we have converted hearts, we realize that all these unseen prayers are working on our behalf.

"My Momma never got to see what I'm doing now, but I know she prayed for me all my life. I know my aunt Veda Pearl prayed for me, too—and God used her money to buy a TV station that was instrumental in Shelley's life, and mine as well.

"All my life I wanted to see a real live miracle. I always thought that if I saw one, I'd believe. But now that I understand how God works, I see miracles every day. I can't help but be on fire for the Lord! I guess it's true that when the student is ready to learn, the teacher will be there. I'm finally seeing the big picture. Christ, my Teacher, is connecting all the dots for me." ■

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## "What Is This You Have in Your Hand?"

GLORIA FROM NEWVILLE, PENNSYLVANIA, wanted to support 3ABN's work, and her generous gift of a rare 1863 Civil War officer's sword and sheath brought \$3,000! Because of the dedication and generosity of our supporters, we reach millions of viewers each day through television, radio, the Internet, and more.

If you have something of value you would like to use for the Lord's work, please contact our Donation Center managers, Bruce and Tammy Chance, at 618-627-4651, or e-mail [tammy.shelton@3abn.org](mailto:tammy.shelton@3abn.org). All gifts are tax-deductible in the United States.



PHOTO: NICOLE S.S.A.





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