

# 3ABN

---

## WORLD

**COVER STORY**

Paula Eakins

## Miracles Still Happen

page 6

---

Testimony

## Especially for You

page 11

---

Your 3ABN Family:  
Tammy Larson

## The Jib Girl


page 20

---

Devotional

## The Savior at the Spa

page 44

A portrait of Paula Eakins, a woman with short, curly black hair, smiling warmly. She is wearing a black blazer over a white top. A small pink awareness ribbon is pinned to her left lapel. The background is a softly blurred indoor setting with wood paneling.

**Paula Eakins**  
Health Seminars Unlimited

From the President . . . . .	3
Letters . . . . .	4
Miracles Still Happen . . . . .	6
Especially for You . . . . .	11
Kids Korner . . . . .	14
God's Caretakers . . . . .	16
Watching From the Battlefield . . . . .	18
The Jib Girl . . . . .	20
Television Schedule . . . . .	24
Radio Schedule . . . . .	32
Latino Schedule . . . . .	36
The Savior at the Spa . . . . .	44
Coming Soon! . . . . .	46

## WELCOME

God continues to shower this ministry with His blessings and favor, and this month we have a special collection of articles that detail how He's been doing that for us and for those who work for Him. Just read Paula Eakin's cover story. From poor beginnings to her latest battle with breast cancer, "Miracles Still Happen" (p. 6) will inspire you to believe more deeply. Then see how a lonely soldier in Afghanistan found comfort and a special connection with the Lord through 3ABN in "Watching From the Battlefield" (p. 18). Finally, take another look at "The Savior at the Spa" (p. 44) and see Jesus through the eyes of a paralyzed man. All this, plus news and program schedules for each of our networks, in this month's *3ABN World*!



ISSN 1552-4140

**Executive Editor** Mollie Steenson  
**Managing Editor** Bobby Davis  
**Design and Layout** Michael Prewitt  
**Photographer** Kenton Rogers  
**Proofreaders** Barbara Nolen  
 J.D. Quinn  
 Grace Yost

**About 3ABN World**  
*3ABN World* is a monthly publication of Three Angels Broadcasting Network. Subscriptions are free.

**Subscriber services**  
 To start receiving a subscription or to change your subscription, please write or call:

3ABN Call Center  
 Attn: Subscriber Services  
 PO Box 220  
 West Frankfort, IL 62896-0220

Tel: 618-627-4651

Subscribe online at [www.3abn.org](http://www.3abn.org)

**Feedback**  
 We would love to hear your feedback about 3ABN and *3ABN World*. We would especially enjoy learning how 3ABN has blessed you and your family or community. Please write to:

3ABN World  
 PO Box 220  
 West Frankfort, IL 62896-0220  
 E-mail: [mail@3abn.org](mailto:mail@3abn.org)  
 Website: [www.3abn.org](http://www.3abn.org)

Office hours (Central Time):  
 Mon–Thu: 8:00 a.m. to 5:30 p.m.  
 Fri: 8:00 a.m. to 12:00 noon

Copyright © 2007, Three Angels Broadcasting Network, Inc. "Three Angels Broadcasting Network," "3ABN," "3ABN Books," "3ABN Latino," "3ABN Music," "3ABN Radio," "3ABN Television," and the respective logos are registered trademarks of Three Angels Broadcasting Network, Inc.

Now thanks be to God who always leads us in triumph in Christ, and through us diffuses the fragrance of His knowledge in every place. **2 CORINTHIANS 2:14 (NKJV)**

Dear Family,

For many years, at the beginning of January, the Lord has impressed upon me a theme which serves as a "concept message" for 3ABN to especially convey during that year. In 2006 it was "Evangelize with Power." In 2007 it is "The Year of Victory."

Christ came to destroy the works of the devil, to swallow up death in victory, to give us abundant life—temporal and eternal life. God sent His Son, not to condemn the world, but to save the world! By the blood of the Lamb and the word of our testimony (Revelation 12:11), we will overcome the thief who seeks to kill, steal, and destroy (John 10:10).

Reflecting on your current circumstances, what obstacle do you need to overcome? Whatever your current challenge is, you can look to God and trust He will give you the victory through Christ Jesus (1 Corinthians 15:57)!

One way to realize our victory is to share the good news of the Gospel—spreading the sweet-smelling aroma of the knowledge of God throughout the world. As we do this, we can count on God leading us triumphantly in Christ.

God commissioned 3ABN to reach the world with His undiluted truth—a message to counteract the counterfeit! We are thankful He also called you to support His work, because without your participation it would be impossible for us to press forward. Thank you for being our "Aaron and Hur" (Exodus 17:11, 12), who support our hands as we lift them high to bless the world!

May God richly bless you,



Danny Shelton is the president and founder of 3ABN.

## Have you been blessed?

Have you been blessed by 3ABN? Or have you come to know the Lord Jesus Christ by watching or listening? We'd love to know!

Your testimony can make a difference in our readers' lives, so why not sit down and drop us a line? You can write to us at: 3ABN World, PO Box 220, West Frankfort, IL 62896. E-mail us at: mail@3abn.org.

### GRAND RAPIDS, MICHIGAN:

"Your programs have been a blessing to me. About a year ago, I was drawn to the *Amazing Discoveries* program. After a life of drugs, I knew I needed to change, but the habit was too deep to do it on my own. After much struggle, I gave it all to God and started living my life for Him. I am a new Christian and a babe in the Lord; however, the blessings keep coming."

### ADA, OKLAHOMA:

"I want you to know how much you have helped my wife and me. By going through many channels and asking God to help us find someone that Jesus could speak through to us, we came across 3ABN.... You had the right words from God for us. Our lives began to turn

around, we had some hope, and at the suggestion of my wife, we visited a Seventh-day Adventist church. Our experience with you made us believe this was where God wanted us. Thank you so much."

### ALMATY, KAZAKHSTAN [WRITTEN TO 3ABN RUSSIA]:

"I thank you for answering my request to study Bible lessons by correspondence. Having studied the first eight lessons, I've gotten to know about many new things and I received the answers about incomprehensible passages from the Bible. Your Bible study guides are composed very competently, they are easily understood. It was very interesting for me to study them. I found so many important things in them! May you be blessed by our Lord Jesus Christ. God loves you. I pray for our Heavenly Father to open heavenly windows and pour the rain of His blessings on you."

### NASHVILLE, TENNESSEE:

"For years I made fun of people who called themselves Christians, but then I read *Ten Commandments Twice Removed*.... I started going to Sabbath ser-

vices here on death row mainly to get out of my cell. I have read the Bible up to Job, and completed two Bible study courses. I am a child of God now, and I witness to others about my Lord. Please pray for us."

### PAPUA NEW GUINEA, VIA E-MAIL:

"I rejoice in the Lord and thank God for using you to finish God's work on this earth. As soon as 3ABN opened its station in Papua New Guinea, I was the first on-line. Now I am spreading the word near and far: 'Get 3ABN. Don't wait, God is coming soon!'"

### BOISE, IDAHO:

"Thank you for all that you do. I am so blessed to have you in my home and my life. The truth that I have learned has answered so many of my questions concerning the book of Revelation. Jesus is coming soon! May we all be ready and looking for Him."

### VINNITSA, UKRAINE:

"I have had the great opportunity to live and study in the United States twice. To keep in touch with everything we had in the U.S., we bought a satellite

dish which provides us some American channels, including 3ABN. My family tries to watch your great programs as much as we can. From one side, it is a very good source of information about God and the Bible, but from another side we can get some practice in hearing English. A couple of months ago we invited two American women, who were working in our city as missionaries, to spend some time together. They were really surprised to watch your program in our apartment. They hadn't heard about 3ABN before. I guess they watch 3ABN at home now. Thanks for everything you are doing."

### VIA E-MAIL:

"I really found your programme by accident. I watched your show on the Internet, and I think it is the most wonderful show I have ever watched in my life. At present our computer runs the whole day. I really enjoy the way you make the Bible very lovely and lively. You will never know how much you are of help to us. We don't watch secular TV since we found you!"

Thank you for your comments, suggestions, prayers, and financial support as we seek to reach the world for Jesus Christ!

Letters and other materials sent to 3ABN may be used in whole or in part, and edited for content, grammar, and readability, unless otherwise requested.



# MIRACLES *still* HAPPEN

COULD CANCER DESTROY THE FAITH THAT PROVIDENCE HAD PLANTED?

**“I** was born and raised in an inner city neighborhood in Philadelphia, Pennsylvania,” Paula Eakins says. “I was the second of ten kids, raised by a single mom who worked from sunup to sundown to keep us together.

“Actually,” she continues, “I was about seven when my baby sister was born, and I helped teach her how to eat, walk, and talk. My mother always looked weary, but she tried her best.”

Paula’s soft voice pauses.

“We were poor, you know, but we didn’t really think about that. Besides, there were advantages to belonging to a family of 10 kids—we had a complete basketball team!” She laughs, recalling the simple fun they had dressing up their dog and cat for their “parades.”

“The cat would hiss at the dog when we brought them close—but they couldn’t fight!” she adds, emphasizing the point dramatically by tucking her head down and to the side, finger pointing up in the air.

Then, on a sadder note, she tells of the embarrassment they felt as they accepted their family’s allotment of government surplus food each month. “We were on public assistance, so we were given eggs, milk, cheese, and Spam canned meat. We’d take our little wagon and walk down the darkest streets so other people wouldn’t see us. We also went to the Salvation Army store for our clothes.”

Growing up in a non-Christian home, she says she had only the vaguest sense of God. “I had learned to pray the ‘Now



*Curtis and Paula Eakins host Abundant Living on 3ABN. Their humor and laughter is contagious, and their love for Jesus shines through.*

I Lay Me Down to Sleep’ prayer, but that was it.” Reminiscing, Paula admits, “I had been kind of a wild girl. I did the nightclub scene before I knew the Lord, but I never felt comfortable with it.” Unfulfilled, Paula left home at 16 and was married shortly after. She had a son and had to drop out of school. A few years later her daughter was born. Through a series of unspeakable challenges and heartaches, Paula says, “I wondered what I had done to upset God so much to put me through this.”

But, miracles still happen. Paula says it was during this time that her yearning for God increased. How did she discover the matchless love of God? “My husband’s grandmother was a wonderful Christian,” she says. “She told me how much God

loved me and cared for me, and that He was directing my life. She also taught me how to read the Bible and pray.”

As a result, Paula says she became totally involved in the Word of God, and began attending the Seventh-day Adventist church. “One day the Lord spoke to me and showed me that He wanted all of me. I made a decision right there to follow the Lord and was baptized shortly after that. It was the best thing I ever did!” she beams. “He became the Father I didn’t have and the close friend I always wanted.”

In addition, she became aware not only of the spiritual changes she needed to make, but also of what the church taught concerning one’s emotional, mental, and physical well-being. She

also discovered and embraced a healthier lifestyle, which included vegetarianism.

Years later, after her children were grown, Paula went through a difficult divorce from her husband of 21 years. “I didn’t have a job, and I had no place to live. I had to quit college, and then I found out a friend of mine had been killed. I was *out* there!”

But, miracles still happen. “I screamed at the top of my voice, ‘God, get me through this! I need help!’ I kept praying and crying, and finally I heard God speaking to my heart. ‘I’m at the intersection, Paula. I got this. I’ll take care of you.’ During this time I often pictured myself in His lap, my head on His bosom, falling asleep crying, and waking up in His arms.”

Things began to change. Friends gave her money for an apartment, and finally, a house. She finished college and received her masters in foods and nutrition. She got a job as a professor at Oakwood College teaching dietetic majors. Trusting God, Paula became firmly established in her faith, and her life returned to normal.

“I had determined to live for the Lord, had a job, a home,

and a car. I had two loving children, Jimmy and Ife, and seven wonderful grandchildren. I was thankful and settled—in fact, my daughter calls me her best friend!

“But then there was Curtis!” Paula and Curtis both laugh at this, exchanging knowing glances. “Curtis kept coming around at church bothering me,” Paula continues. “He teased me so much I had words ready before he ever opened his mouth! He was *spicy!*” They both fall into laughter again.

“One evening my spiritual mom called to tell me that Elinor Eakins, my prayer partner, and her son Curtis were trying to reach me. I called Elinor first, and then I called *him*,” she points at Curtis with her thumb. “The first thing out of my mouth was, ‘What do you *want?*’”

“All jokes aside, I want to talk to you about something serious,” he said.

“You don’t *know* how to be serious,” she replied.

Curtis explained that he was starting a medical missionary workshop and wanted Paula to present a health segment for him. Surely, after all the teasing, he had an ulterior motive.

Trying to dissuade him, Paula spelled out her conditions. “If I do this program, it will cost you. I don’t come cheap!”

“That’s fine,” Curtis said. “After the meeting, I’ll pass the hat and give you half.” They collected \$6.20, and he dutifully paid her \$3.10. After presenting several seminars and cooking classes together in the community, it wasn’t long before Paula and Curtis realized that they loved one another, and they were married on January 2, 1994.

“Insofar as our ministry was concerned, we were of one accord,” Paula continues. “I left my job as a professor at Oakwood College and began working in our ministry full-time while Curtis continued working at the hospital. The thought kept coming to me, ‘Lord, if You give me a mountaintop and a microphone, I’ll sing Your praises.’ Then a friend began urging us to send 3ABN a videotape, and when we finally did, 3ABN invited us to tape on the *Food for Thought* cooking program.

“Apparently, the first time it aired, 3ABN was flooded with phone calls, so they asked us back and offered us our own program, *Abundant Living*.”

Eventually, Curtis left his job as a surgical technologist, and soon they published their first cookbook, *Vegetarian Cooking Made E-Z*, followed a few years later by *Global Vegetarian*. Today, they have traveled throughout the United States and abroad, totally relying on the Lord for their income.

The road has not always been easy, but miracles still happen. Paula says, “I like to say, ‘When you get down to nothin’ God’s up to somethin’! We live from God’s hand to our mouth. And after ten years of taping over 150 programs, God still allows us to sing His praises on one of the biggest mountaintops and loudest microphones—3ABN!”

One morning in July 2005, Paula felt a sharp pain under her arm. Reaching up she felt a large lump, then moving down to her breast she felt a second and third!

“Soon after the biopsy, I was given the devastating news that I had breast cancer—invasive ductal carcinoma,” Paula says. “The tumor was the aggressive, fast growing type, in stage II, moving into the advanced stage III. The doctor scheduled a bone scan the next day to see if it had

## TESTIMONY

# ESPECIALLY FOR YOU

MAKE MORE ROOM AT THE BANQUET TABLE, FOR ANOTHER CHILD HAS BEEN ADDED TO THE BOOK OF LIFE!

by *Idalia Dinzey*

**A**s 3ABN employees, you might assume that we are fully charged and excited each day, and that nothing phases us, because after all, God is constantly performing miracles for this ministry. Well, if you assumed that, you'd be right! We *are* excited to contribute to the spreading of the gospel through 3ABN, 3ABN Radio, and 3ABN Latino. We *are* excited about what the Lord is doing each and every day. And we get even more excited when we receive testimonies of changed lives from our viewers and listeners.

3ABN's English and Latino channels are carried on many cable companies around the world. In particular, 3ABN

Latino is currently carried on well over 450 cable companies throughout the Spanish-speaking countries! Here's just one amazing story.

Mayra Alvarez lives in Honduras, Central America. She was raised a Catholic, but she says she began searching for the Lord at an early age. "After becoming a young mother, I visited an evangelical church, but I didn't attend regularly," she says. "I stopped going to church a while back because I had questions about that congregation. I was not comfortable there, and I felt something was missing. I trusted God to guide me where I should worship. Then," she continues, "as an adult and a young mother, I realized that I didn't know

invaded my bones. He recommended immediate surgery, six months chemotherapy and six weeks of radiation, followed by hormone therapy." Paula sighs.

"But, miracles still happen. The Lord reminded me that sometimes He allows Satan to inflict diseases on His children. I thought of the story of Job and realized that I had been chosen for something. The Lord reassured me that His hands would guide the hands of the surgeon.

"I think it's natural to question 'why,' but I immediately ruled out diet and lifestyle." She pauses. "Why do some think that a healthy lifestyle and diet will guarantee they'll never get sick? The health message our church teaches is like driving with a seat belt. If you're in an accident, it doesn't guarantee you won't get hurt, but it surely reduces the damage! When we go through the fire and the flood, God promises to be *with* us. He never promised we wouldn't have troubles."

On Friday, August 11, Paula underwent surgery and had a modified radical mastectomy. "I was discharged the next day, and on Sunday morning Cur-

tis and I resumed our regular 8,000–10,000 step walking program without any pain." In fact, Paula's primary care physician calls her a walking miracle! "I fully, thoroughly trust Him with *my life*," she adds.

She also loves Jeremiah 29:11–13 (NIV) which says, "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call upon me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart."

"One morning I thought, 'I'm going to wear a scar for the rest of my life,'" Paula says softly. "Then I looked up and saw the Lord with the crown of thorns on His head, and I thought, 'I sure put a lot of scars on Your head—I'll be happy to wear mine.'"

Paula smiles. "Miracles still happen, you know. Just look at me." ■

*Paula and Curtis have visited their oncologist since this interview, and he told them, "Everything looks great. What you're doing is reasonable and theoretically sound." They have chosen alternative medicine for their cancer treatment. Visit their website at [www.hseminars.com](http://www.hseminars.com) for further details.*



*Idalia Dinzey works for 3ABN Latino and loves sharing testimonies from viewers.*





Mayra Alvarez found 3ABN Latino on her cable system in Honduras. She says that 3ABN's programs have answered questions she's asked all her life.

some things—things I discovered through the program—mining and preaching on 3ABN's Latino Network. I wanted to make changes in my life.”

Because we try to be good stewards of your funds, quite often our 3ABN Latino staff saves money on production costs by using Spanish hosts on the same sets used for English programming. One of the programs we tape is *Respuestas Biblicas*, the Spanish version of *House Calls*. This topical Bible study program features two hosts who answer questions from our viewers using only the Bible as their guide.

Mayra wrote us saying, “I must tell you that I’ve learned a lot in the last few days after watching 3ABN Latino. It’s incredible! I don’t understand why I didn’t know about the Sabbath as a day of rest. I knew nothing, really, about Bible prophecy, and nothing about the importance of being

baptized. Could it be I missed church when these topics were discussed in depth?

“I’d been asking the Lord for some time to show me which church I should join,” she continued. “For a while I attended a particular church, but every time I stepped outside I would say, ‘This is not the church. This is not it.’ Not long after that, 3ABN Latino became available where I live, and now I know what I need to do!”

We soon received another e-mail from Mayra. “One of the changes I want to make is to attend a Seventh-day Adventist church this weekend, and next I want to learn to cook wholesome foods. I am extremely happy,” she added. “The programs are wonderful and have really edified me. I feel like the blinders have been removed from my eyes! I asked the Lord to guide me to where I should worship, and all of a sudden I found 3ABN Latino! The Holy Spirit does His work, doesn’t He?”

“As I watched *Respuestas Biblicas*, I ran and got my Bible and devoured all the texts you shared about the Sabbath. I remember clearly your host saying, ‘This

may be the first time you’re hearing these truths.’ I’ll have you know, *you were talking to me!* I’d never heard such truths, and I thank God for the two hosts that were on that program. The book *Ten Commandments Twice Removed* is marvelous! God bless its authors! I would love to continue receiving that kind of material whenever possible.”

Two months went by, and we didn’t hear from Mayra. Finally she sent us another e-mail.

“I am so happy!” she wrote. “Thank you for replying to my e-mails and for accepting me into the 3ABN Latino family. I thank God for His goodness and for each of you and your special programs. I should tell you that I am a product of 3ABN Latino because in two Sabbaths I will be baptized! I’ve faithfully attended church and I’m keeping the Sabbath day of rest!”

You might wonder if she really did get baptized, and the answer is, *she surely did!*

Recently she wrote, “I’m very happy to tell you that I am now part of the family of God! I have been born again, and now my life makes sense. I knew I had to take that step, and I know I’ll

never regret it! I was baptized in my local Seventh-day Adventist church. My prayers are with you all, and I will continue to watch 3ABN Latino. I’m so thankful to you for investing time in me when I needed it the most. Please pray for my country, and pray for our churches so that many new ones will be established here. I’ll continue to watch *Respuestas Biblicas*, the program that was key in my decision.”

Doesn’t it just give you goose bumps? Make more room at the banquet table, for another child has been added to the book of life!

We praise the Lord for making 3ABN Latino available on 57 cable companies in Honduras!

Next time you watch or listen to 3ABN, remember that each program is designed by God for a special person with a special need. When you think, “This program is not for me,” others are saying, “This is just what I needed!”

Please pray for them and for the outpouring of the Holy Spirit. Your prayers and financial support are making it possible for us to reach through the walls and barriers of distance to make stories like this a reality! ■





# GOD'S CARETAKERS

**WJOF-LP, 97.9 FM**  
With Jesus Our Friend

by Nikki Anderson

**N**orth Carolina was one of the thirteen original colonies, and the home of the first English colony in the Americas. Indeed, it's a solid part of the foundation of these United States of America. It is rich in history and tradition, but it's also about technology and the future. WJOF-LP, 97.9 FM, is a "Low Power, High Impact" part of that future.

Eugene, Donna, and Ryan Gottfried—father, mother, and son—heard about the Federal Communications Commission (FCC) filing window on 3ABN television in 2000. Ryan drove around listening to other radio stations and concluded, "There is so much junk on the radio. We need to get the good news out there!" They filed their application in June 2001, but soon they recognized this was the easiest part of the process. The station has been a family

project which many friends have not understood, and some have even tried to talk them out of it.

When asked what went well during the process, Donna laughed and said, "Nothing can ever go well when you want to share Jesus! Satan will throw up roadblocks everywhere! We tried not to think about them though, and just kept pushing them out of our minds."

The biggest challenge was getting the construction permit, because another church had applied for the same frequency. And even though they changed their minds about building a radio station, it was very hard to catch up with the minister to negotiate an agreement. After several months the Gottfrieds ended up paying for half of that group's expenses to secure the permit, which was granted in April 2004.

Donna and Ryan attended a 3ABN Radio training school where they learned a lot, but Donna said they still went home wondering, "Whatever made us think we could do this?" In spite of being overwhelmed, they kept telling God, "This is Your station, we are just the caretakers!"

The tower was another struggle. Not the actual tower itself, which was enough of a problem, but getting the zoning board to understand that they were erecting a *radio* tower, not a cellular tower, on their property. (By the way, twelve years earlier God had provided them with 80 acres of land, and they often wondered how they could use it for the Lord.)

After several months, one board member finally told them, "Just do it," but *then* the tower presented its own problems!

They had a very difficult time finding a tower, and once they did, getting someone to install it was next to impossible. But, once again, God provided—a blind man! He installs towers for a living, even though he's been blind since age nine! He was a tremendous help with this project.



Remembering the ordeal of our search for call letters on the FCC website would be too painful for both Donna and me, so I won't go there!

The name of their corporation, Health and Liberty, Inc., reflects a deep concern for friends and neighbors. Donna says, "We don't want anyone ever to say to us, 'You knew this message and never told us?'"

All these problems seem small compared to the joy of knowing people are learning to have better spiritual and physical health. WJOF-LP, 97.9 FM, has been spreading God's gospel message since August 2005.

Donna quotes Isaiah 55:11, "So the word that goes out of My mouth will not return to Me empty, but will succeed in bringing forth the fruit for which I sent it." ■

From their tower in Liberty, North Carolina, the Gottfried family and their church broadcast 3ABN Radio on WJOF-LP, 97.9 FM.

Photo supplied by WJOF-LP



Nikki Anderson is the administrative assistant for 3ABN Radio.

# WATCHING FROM THE BATTLEFIELD

by *Idalia Dinzey*

**I**t was a typical morning at the office for me—sort through mail, answer the phone, make production arrangements, answer e-mail. Looking down the list I noticed it was the usual assortment: requests for copies of programs, tech support, prayer requests, and greetings from Afghanistan.

“Afghanistan? I wonder if this is ‘spam?’”

“Hello, and God bless all of you at 3ABN Latino Network! I’d like to let you know that I watch your programs via the Internet.”

Scanning through the message, I realized it was from an American soldier in the Special Forces. “I’m on a mission in Afghanistan, but I thank God and you because now I can receive His message here in the middle of the mountains! I don’t have a church here, nor am I near a pastor to talk to. You have been

a great blessing and inspiration in my life.

“I ask you for your prayers,” the e-mail continued. “I need God’s protection for me and my fellow soldiers in this place that’s so dangerous.” As I read, I felt a lump in my throat as my eyes welled up with tears. I wondered about the family he must have left behind, but felt excited that he could watch 3ABN Latino in the mountains of Afghanistan!

“Oh Lord, how amazing You are!” I cried out. “There’s no telling where our signal goes, but I know for sure that it’s going exactly where you want it!”

I was so touched by this young man’s e-mail that I shared it with all my coworkers. I encouraged them to write to him, and in the midst of all of this I forgot to write back myself! Finally I sat down and told him what I’d done. I also asked him if there was anything I could do for him.

The suspense was killing me the next day as I checked my e-mail account. I almost shouted to my husband, “John, he wrote back!”

As I clicked on the message I felt anxious. First he thanked me for what I’d done. His only request was that we call his wife and give her some words of encouragement. “She’s taking care of our two children by herself,” he said, “and I know it’s hard for her. Please give her a call.”

Oh boy! I was fighting back tears again. I didn’t know what to say to her, but I grabbed my cell phone and called.

“Hello? This is Idalia Dinzey,” I said, “and, well, the reason I’m calling is because your husband has contacted us at 3ABN Latino Network via e-mail, and asked us to call and encourage you.”

As it turns out, she was expecting the call. Her husband had called her as soon as he finished

reading our e-mail.

“He’s so excited to have received so many e-mails from different 3ABN employees!” she told me. Then I found out that she was just coming out of church. It was Sabbath!

“Are you a Seventh-day Adventist?” I asked, incredulous.

“Yes, we both are,” she replied.

Soon I learned that she had been a Seventh-day Adventist for a long time but her husband had belonged to a charismatic church. Then, only one week after he was baptized a Seventh-day Adventist, he was sent to Afghanistan.

“He’s the only Christian in his group.” I was reminded that God created 3ABN to reach everywhere—through walls, across oceans, and across borders—to the far corners of the earth.

Even the battlefields of Afghanistan! ■

*A lonely soldier in Afghanistan sent us this picture. He watches 3ABN every day on the Internet!*



*Idalia Dinzey works with her husband John for 3ABN Latino.*

# THE JIB GIRL

**T**ammy Larson has met thousands of guests over the 17 years she's worked for 3ABN. Her ready smile and laid-back attitude have put them at ease as she applies their television makeup and answers their questions. But what brought

Grove, Missouri, a town of only 4,600 people—and eleven of them were my family!" Tammy laughs. "My dad had a dairy farm in the Ozark Mountains, and I grew up surrounded by beautiful creeks and rivers. If I wasn't doing chores, you could find me in the creek. I swam, caught crawdads, and picked up lots of fossil rocks!"

Her eyes light up as she remembers farm life. "We had almost every farm animal imaginable! Ponies and pigeons, an owl and chickens, ducks and dogs, cats and cows! At age six I was filling the feeders, and by age twelve my sister and I were in charge of the whole dairy when my father was at our other farm in Nebraska."

Tammy grew up in a loving family which took in lots of foster children, and because of this, the house was always full. Being a middle child, she grew

this wonderful lady to 3ABN, and what keeps her here? The answers are simple, really. God brought her here, and He's kept her here, too.

"I was born in Mountain

"MY MOTHER PLAYED THE GUITAR AND TAUGHT US ALL THE OLD-TIMEY BLUEGRASS GOSPEL SONGS. MAYBE THAT'S WHY I LOVE MUSIC SO MUCH."



up shy and quiet, and since the foster children were all boys, her desire for a sister started the adoption process that brought them five children from South Korea and India!

"My mother played the guitar and taught us all the old-timey bluegrass gospel songs.

Maybe that's why I love music so much," she wonders out loud. She learned to play several instruments, but singing in church was her favorite. "We always went to church every Sabbath, and people used to say they always knew when the Clark family walked into

*Clarence and Tammy Larson were with 3ABN from its early days. Clarence's willingness to serve the Lord led him to leave a secure job to help Danny build a television station that would someday reach the world.*





church because we all smelled like wood smoke!”

Later, when the family moved to their Nebraska farm, Tammy went to work with the heavy equipment. By the age of nine she was driving a tractor and raking hay. Later she learned to disk, plant, and harvest with combines. After high school, Tammy worked on a feedlot driving huge tractors and earth scrapers. She also spent a year in Denver, Colorado, working as a nanny. But she never lost her love for art, and after college she moved to New Jersey and began a frustrating job search.

One day she felt herself at the point of despair. Collapsing on the floor, she poured her heart out. “Dear God, there’s got to be something better,” she cried. “I want to change my life. I want to work for You!” Soon she moved back to her parents’ farm, and that’s when she met Danny Shelton.

“He had come to our little church one weekend and stayed with us,” she says. “I remember hearing his stories and thinking, ‘I want to work there!’ Somehow I collected my courage to ask him for a job running camera.” A week later she had

the job! “Although I didn’t have any camera experience, my art training had given me an eye for composition. To this day, I still love camera work!”

Soon many of her other talents were spotted as well. She began drawing illustrations for newsletters, and producing activity and coloring books for children. Her artwork is now featured each month in the “Kids Korner” feature in *3ABN World* magazine.

But there was another reason God brought her to 3ABN: This was where she met Clarence Larson, 3ABN’s first broadcast engineer. She recalls her first contact with him. “I commented that he’d gotten a haircut, and he said, ‘Yeah, I got hit by a low-flying airplane!’ and we both laughed,” she adds.

Later Clarence told her that the day she caught *his* attention was when he spotted her mowing the fields around 3ABN with a tractor which he knew had no brakes! “He told me he stood at the window and watched me operate the Bush Hog mower. Because the tractor had no brakes, when I came to the end of the field I just dropped the mower into the ground.” Clar-

ence was convinced that not only was Tammy beautiful, she was smart, too!

Her talents with heavy equipment have served her well in other ways. Her license plates say “Jib Girl 1,” referring to the Jimmy Jib camera boom she operates. With its joystick and remote controls, it requires an incredible amount of coordination to run properly, especially when she swings the camera across a huge arc using a 24-foot boom!

Tammy has dedicated her musical talents to the Lord as well. While working here she has recorded music for television broadcast, as well as a solo recording project called *A Touch of Grace*. In addition, she sings regularly with her bluegrass gospel group, Crystal River. She tells us that her life is full and fulfilling, and she attributes much of it to her environment. “I feel like I was placed here,” she says. “I needed to be here. I needed to learn to be like Jesus, and I’ve seen a lot of miracles. I’m grateful to be able to meet so many people in ministry, and to serve my Jesus in so many ways.”

We’re grateful, too, Tammy. ■

Top to bottom: Tammy drove huge farm equipment from an early age. Here she is standing on a massive four-wheel drive tractor.

Clarence and Tammy met and were married at 3ABN. When new cameras were purchased in the early 90s, they were all smiles!

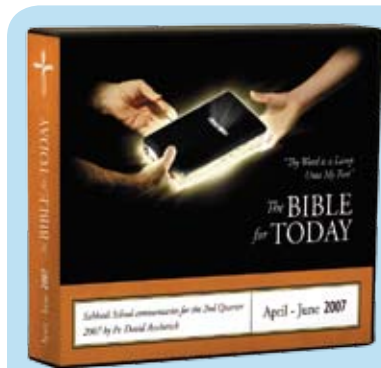
Tammy enjoys singing for the Lord on weekends with her bluegrass gospel band, Crystal River.

Photos supplied by Tammy Larson

# SCHEDULES

This schedule is an overview of the program lineup for North American and website broadcasts. Check out the “Programming” section of our website, [www.3abn.org](http://www.3abn.org), for more detailed weekly schedules and program changes.

Abbreviations and symbols: PT = Pacific Daylight Saving (UTC-7); MT = Mountain Daylight Saving (UTC-6); CT = Central Daylight Saving (UTC-5); ET = Eastern Daylight Saving (UTC-4). GMT = Greenwich Mean Time (UTC, the standard international time zone). [CC] = Closed captioned. [L] = Live program. ★ = New series. [R] = Repeat of live program. **Programs in red are changes from the previous month.**



## Bible Study Commentary CD

New from Pan de Vida: Pastor David Asscherick brings fresh, thought-provoking insights to your Bible study in this 4-CD set, which corresponds to the Sabbath School Bible Study Guide. It's perfect for personal devotions and small groups! Enjoy a new set every three months, or subscribe for a whole year. We'll even pay the shipping!

**Suggested donation (domestic orders): \$22.00/set, \$74.00/one year subscription. Call for foreign prices. Spanish version available featuring Pastor Alejandro Bullón.**

## SPECIALS

*These preempt our regular weekly programs*

Mar 9 – Mar 10	<b>LIVE 3ABN Rally</b> , Shiloh Seventh-day Adventist Church, Chicago, Illinois. Fri. 7:00–8:30 p.m.; Sat. 9:30–10:45 a.m., 11:00–12:30 noon, 2:30–4:00 p.m. CST.
Apr 13 – Apr 14	<b>LIVE 3ABN Rally</b> , Leila Patterson Center, Fletcher Academy, Fletcher, North Carolina. Fri. 7:00–8:30 p.m.; Sat. 9:30–10:45 a.m., 11:00–12:30 noon, 2:30–4:00 p.m. EDT.
May 5 – May 6	<b>LIVE 3ABN's Ten Commandments Weekend</b> . Arie Crown Theater, McCormick Place, Chicago, Illinois. Sat. 9:00 a.m.–Sun. 1:00 p.m. CDT.
May 23 – May 26	<b>LIVE 3ABN Spring Camp Meeting</b> , Thompsonville, Illinois. Wed. 7:00 p.m.; Thu. 8:00 p.m.; Fri. 7:00 p.m.; Sat. 9:30 a.m., 2:30 p.m., 7:00 p.m. CDT.

## 3ABN: MARCH

## SUNDAY

Daylight Saving  
Time Effective  
March 11

	PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	3:00a	7:00a	Janice's Attic (Janice Smith)
12:30	1:30	2:30	3:30	3:30	7:30	Exalting His Word (Shelley Quinn) [CC]
1:00a	2:00a	3:00a	4:00a	4:00a	8:00a	The Most Amazing Prophecies (Doug Batchelor)
1:30	2:30	3:30	4:30	4:30	8:30	...continued
2:00a	3:00a	4:00a	5:00a	5:00a	9:00a	...continued
2:30	3:30	4:30	5:30	5:30	9:30	<b>It Is Written (Shawn Boonstra)</b> [CC]
3:00a	4:00a	5:00a	6:00a	6:00a	10:00a	Kenneth Cox Ministries Presents...
3:30	4:30	5:30	6:30	6:30	10:30	...continued
4:00a	5:00a	6:00a	7:00a	7:00a	11:00a	Body & Spirit (Dick Nunez)
4:30	5:30	6:30	7:30	7:30	11:30	His Words Are Life/Rags to Riches
5:00a	6:00a	7:00a	8:00a	8:00a	Noon	Variety
5:30	6:30	7:30	8:30	8:30	12:30	Let's Cook Together
6:00a	7:00a	8:00a	9:00a	9:00a	1:00p	3ABN Today
6:30	7:30	8:30	9:30	9:30	1:30	...continued
7:00a	8:00a	9:00a	10:00a	10:00a	2:00p	Grandma's House/Back to Nature
7:30	8:30	9:30	10:30	10:30	2:30	Exploring the Word (Lonnie Melashenko)
8:00a	9:00a	10:00a	11:00a	11:00a	3:00p	Worship Hour
8:30	9:30	10:30	11:30	11:30	3:30	...continued
9:00a	10:00a	11:00a	Noon	Noon	4:00p	Revelation Insights (Lyle Albrecht)
9:30	10:30	11:30	12:30	12:30	4:30	...continued
10:00a	11:00a	Noon	1:00p	1:00p	5:00p	Melody From My Heart
10:30	11:30	12:30	1:30	1:30	5:30	Faith Chapel
11:00a	Noon	1:00p	2:00p	2:00p	6:00p	<b>3ABN On the Road</b>
11:30	12:30	1:30	2:30	2:30	6:30	...continued
Noon	1:00p	2:00p	3:00p	3:00p	7:00p	Body & Spirit Aerobics (Dick Nunez)
12:30	1:30	2:30	3:30	3:30	7:30	Abundant Living (Curtis & Paula Eakins)
1:00p	2:00p	3:00p	4:00p	4:00p	8:00p	3ABN Today LIVE (repeat) [R]
1:30	2:30	3:30	4:30	4:30	8:30	...continued
2:00p	3:00p	4:00p	5:00p	5:00p	9:00p	...continued
2:30	3:30	4:30	5:30	5:30	9:30	...continued
3:00p	4:00p	5:00p	6:00p	6:00p	10:00p	The Carter Report (John Carter)
3:30	4:30	5:30	6:30	6:30	10:30	...continued
4:00p	5:00p	6:00p	7:00p	7:00p	11:00p	Adventures in Missions
4:30	5:30	6:30	7:30	7:30	11:30	In Search of Truth (Charles Byrd)
5:00p	6:00p	7:00p	8:00p	8:00p	Mon	<b>Revelation Speaks Hope (McMahon)</b>
5:30	6:30	7:30	8:30	8:30	12:30	...continued
6:00p	7:00p	8:00p	9:00p	9:00p	1:00a	Issues & Answers (Summers/Thomas)
6:30	7:30	8:30	9:30	9:30	1:30	In the Footsteps of Paul (Tony Moore)
7:00p	8:00p	9:00p	10:00p	10:00p	2:00a	3ABN Today
7:30	8:30	9:30	10:30	10:30	2:30	...continued
8:00p	9:00p	10:00p	11:00p	11:00p	3:00a	<b>White Horse Media Presents... (Wohlberg)</b> ★
8:30	9:30	10:30	11:30	11:30	3:30	...continued
9:00p	10:00p	11:00p	Mon	Mon	4:00a	Battles of Faith (Ivor & Atonte Myers)
9:30	10:30	11:30	12:30	12:30	4:30	Wonderfully Made
10:00p	11:00p	Mon	1:00a	1:00a	5:00a	Special Feature
10:30	11:30	12:30	1:30	1:30	5:30	...continued
11:00p	Mon	1:00a	2:00a	2:00a	6:00a	3ABN Today
11:30	12:30	1:30	2:30	2:30	6:30	...continued

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	7:00a	Kids Time (Brenda Walsh)
12:30	1:30	2:30	3:30	7:30	Lift Him Up (Ty Gibson, James Rafferty)
1:00a	2:00a	3:00a	4:00a	8:00a	Revelation Speaks Hope (McMahon)
1:30	2:30	3:30	4:30	8:30	...continued
2:00a	3:00a	4:00a	5:00a	9:00a	3ABN On the Road
2:30	3:30	4:30	5:30	9:30	...continued
3:00a	4:00a	5:00a	6:00a	10:00a	Faith Chapel
3:30	4:30	5:30	6:30	10:30	Heaven's Point of View (Hal Steenson)
4:00a	5:00a	6:00a	7:00a	11:00a	Body & Spirit Aerobics (Dick Nunez)
4:30	5:30	6:30	7:30	11:30	World Prophecy News/Health Headlines
5:00a	6:00a	7:00a	8:00a	Noon	Janice's Attic (Janice Smith)
5:30	6:30	7:30	8:30	12:30	Food for Thought
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Today
6:30	7:30	8:30	9:30	1:30	...continued
7:00a	8:00a	9:00a	10:00a	2:00p	House Calls (live) (John Lomacang) 🔴
7:30	8:30	9:30	10:30	2:30	...continued
8:00a	9:00a	10:00a	11:00a	3:00p	Thinking About Home (Kathy Matthews)
8:30	9:30	10:30	11:30	3:30	ASI Video Magazine (Dan Houghton)
9:00a	10:00a	11:00a	Noon	4:00p	White Horse Media Presents... (Wohlberg) ★
9:30	10:30	11:30	12:30	4:30	...continued
10:00a	11:00a	Noon	1:00p	5:00p	Digging Up the Past (David Down)
10:30	11:30	12:30	1:30	5:30	Breath of Life (Walter Pearson)
11:00a	Noon	1:00p	2:00p	6:00p	Grandma's House/Rags to Riches
11:30	12:30	1:30	2:30	6:30	Let's Cook Together
Noon	1:00p	2:00p	3:00p	7:00p	Body & Spirit (Dick Nunez)
12:30	1:30	2:30	3:30	7:30	Lift Him Up (Ty Gibson, James Rafferty)
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Today
1:30	2:30	3:30	4:30	8:30	...continued
2:00p	3:00p	4:00p	5:00p	9:00p	Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30	9:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	10:00p	General Youth Conference
3:30	4:30	5:30	6:30	10:30	...continued
4:00p	5:00p	6:00p	7:00p	11:00p	Laymen Ministries (Jeff Reich)
4:30	5:30	6:30	7:30	11:30	Melody From My Heart
5:00p	6:00p	7:00p	8:00p	Tue	House Calls (repeat) (John Lomacang) 🔵
5:30	6:30	7:30	8:30	12:30	...continued
6:00p	7:00p	8:00p	9:00p	1:00a	Exploring the Word (Lonnie Melashenko)
6:30	7:30	8:30	9:30	1:30	Liberty Insider (James Standish)
7:00p	8:00p	9:00p	10:00p	2:00a	3ABN Today
7:30	8:30	9:30	10:30	2:30	...continued
8:00p	9:00p	10:00p	11:00p	3:00a	The Carter Report (John Carter)
8:30	9:30	10:30	11:30	3:30	...continued
9:00p	10:00p	11:00p	Tue	4:00a	The Most Amazing Prophecies (Doug Batchelor)
9:30	10:30	11:30	12:30	4:30	...continued
10:00p	11:00p	Tue	1:00a	5:00a	...continued
10:30	11:30	12:30	1:30	5:30	ASI Video Magazine (Dan Houghton)
11:00p	Tue	1:00a	2:00a	6:00a	3ABN Today
11:30	12:30	1:30	2:30	6:30	...continued

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	7:00a	Kids Time Praise
12:30	1:30	2:30	3:30	7:30	By My Spirit (Ed Reid)
1:00a	2:00a	3:00a	4:00a	8:00a	The Carter Report (John Carter)
1:30	2:30	3:30	4:30	8:30	...continued
2:00a	3:00a	4:00a	5:00a	9:00a	Discover (David Asscherick)
2:30	3:30	4:30	5:30	9:30	...continued
3:00a	4:00a	5:00a	6:00a	10:00a	Laymen Ministries (Jeff Reich)
3:30	4:30	5:30	6:30	10:30	Digging Up the Past (David Down)
4:00a	5:00a	6:00a	7:00a	11:00a	Body & Spirit (Dick Nunez)
4:30	5:30	6:30	7:30	11:30	In Search of Truth (Charles Byrd)
5:00a	6:00a	7:00a	8:00a	Noon	Revelation Insights (Lyle Albrecht)
5:30	6:30	7:30	8:30	12:30	...continued
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Today LIVE (repeat) 🔵
6:30	7:30	8:30	9:30	1:30	...continued
7:00a	8:00a	9:00a	10:00a	2:00p	...continued
7:30	8:30	9:30	10:30	2:30	...continued
8:00a	9:00a	10:00a	11:00a	3:00p	Help Yourself to Health (Agatha Thrash)
8:30	9:30	10:30	11:30	3:30	So Send I You (May Chung)
9:00a	10:00a	11:00a	Noon	4:00p	Revelation Speaks Hope (McMahon)
9:30	10:30	11:30	12:30	4:30	...continued
10:00a	11:00a	Noon	1:00p	5:00p	3ABN On the Road
10:30	11:30	12:30	1:30	5:30	...continued
11:00a	Noon	1:00p	2:00p	6:00p	Heaven's Point of View (Hal Steenson)
11:30	12:30	1:30	2:30	6:30	Food for Thought
Noon	1:00p	2:00p	3:00p	7:00p	Body & Spirit Aerobics (Dick Nunez)
12:30	1:30	2:30	3:30	7:30	Bible Answers (Doug Batchelor)
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Today
1:30	2:30	3:30	4:30	8:30	...continued
2:00p	3:00p	4:00p	5:00p	9:00p	Kids Time Praise
2:30	3:30	4:30	5:30	9:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	10:00p	Grandma's House/His Words Are Life
3:30	4:30	5:30	6:30	10:30	Wonderfully Made
4:00p	5:00p	6:00p	7:00p	11:00p	Melody From My Heart
4:30	5:30	6:30	7:30	11:30	Exalting His Word (Shelley Quinn) ©
5:00p	6:00p	7:00p	8:00p	Wed	Secrets Unsealed Presents...
5:30	6:30	7:30	8:30	12:30	...continued
6:00p	7:00p	8:00p	9:00p	1:00a	Faith Factor (Cynthia Prime)
6:30	7:30	8:30	9:30	1:30	Global Mission Frontline (Mike Ryan)
7:00p	8:00p	9:00p	10:00p	2:00a	3ABN Today
7:30	8:30	9:30	10:30	2:30	...continued
8:00p	9:00p	10:00p	11:00p	3:00a	Lift Him Up (Ty Gibson, James Rafferty)
8:30	9:30	10:30	11:30	3:30	Health for a Lifetime (Don Mackintosh)
9:00p	10:00p	11:00p	Wed	4:00a	Ten Commandments
9:30	10:30	11:30	12:30	4:30	...continued
10:00p	11:00p	Wed	1:00a	5:00a	Revelation Speaks Hope (McMahon)
10:30	11:30	12:30	1:30	5:30	...continued
11:00p	Wed	1:00a	2:00a	6:00a	3ABN Today
11:30	12:30	1:30	2:30	6:30	...continued



PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	7:00a	Tiny Tots for Jesus (Linda Johnson)
12:30	1:30	2:30	3:30	7:30	Issues & Answers
1:00a	2:00a	3:00a	4:00a	8:00a	The Carter Report (John Carter)
1:30	2:30	3:30	4:30	8:30	...continued
2:00a	3:00a	4:00a	5:00a	9:00a	Battles of Faith (Ivor & Atonte Myers)
2:30	3:30	4:30	5:30	9:30	Adventures in Missions (Dan Matthews)
3:00a	4:00a	5:00a	6:00a	10:00a	General Youth Conference
3:30	4:30	5:30	6:30	10:30	...continued
4:00a	5:00a	6:00a	7:00a	11:00a	Body & Spirit Aerobics (Dick Nunez)
4:30	5:30	6:30	7:30	11:30	His Words Are Life/Rags to Riches
5:00a	6:00a	7:00a	8:00a	Noon	Grandma's House/Back to Nature
5:30	6:30	7:30	8:30	12:30	Maranatha Mission Stories
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Today
6:30	7:30	8:30	9:30	1:30	...continued
7:00a	8:00a	9:00a	10:00a	2:00p	In the Footsteps of Paul (Tony Moore)
7:30	8:30	9:30	10:30	2:30	Adventist SE Asian Projects
8:00a	9:00a	10:00a	11:00a	3:00p	Marriage in God's Hands (Waters)
8:30	9:30	10:30	11:30	3:30	Adventist Frontier Missions
9:00a	10:00a	11:00a	Noon	4:00p	Revelation Now (Jac Colon)
9:30	10:30	11:30	12:30	4:30	...continued
10:00a	11:00a	Noon	1:00p	5:00p	In Search of Truth (Charles Byrd)
10:30	11:30	12:30	1:30	5:30	Liberty Insider (James Standish)
11:00a	Noon	1:00p	2:00p	6:00p	By My Spirit (Ed Reid)
11:30	12:30	1:30	2:30	6:30	Abundant Living (Curtis & Paula Eakins)
Noon	1:00p	2:00p	3:00p	7:00p	Body & Spirit (Dick Nunez)
12:30	1:30	2:30	3:30	7:30	Left Behind: Fact or Fiction? (Finley)
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Today
1:30	2:30	3:30	4:30	8:30	...continued
2:00p	3:00p	4:00p	5:00p	9:00p	Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30	9:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	10:00p	Teen Pathways
3:30	4:30	5:30	6:30	10:30	Exploring the Word (Lonnie Melashenko)
4:00p	5:00p	6:00p	7:00p	11:00p	Battles of Faith (Ivor & Atonte Myers)
4:30	5:30	6:30	7:30	11:30	Issues & Answers
5:00p	6:00p	7:00p	8:00p	Thu	White Horse Media Presents... (Wohlberg) ★
5:30	6:30	7:30	8:30	12:30	...continued
6:00p	7:00p	8:00p	9:00p	1:00a	It Is Written (Shawn Boonstra) CC
6:30	7:30	8:30	9:30	1:30	Faith Chapel
7:00p	8:00p	9:00p	10:00p	2:00a	3ABN Today
7:30	8:30	9:30	10:30	2:30	...continued
8:00p	9:00p	10:00p	11:00p	3:00a	3ABN On the Road
8:30	9:30	10:30	11:30	3:30	...continued
9:00p	10:00p	11:00p	Thu	4:00a	Revelation Insights (Lyle Albrecht)
9:30	10:30	11:30	12:30	4:30	...continued
10:00p	11:00p	Thu	1:00a	5:00a	Secrets Unsealed Presents...
10:30	11:30	12:30	1:30	5:30	...continued
11:00p	Thu	1:00a	2:00a	6:00a	3ABN Today
11:30	12:30	1:30	2:30	6:30	...continued

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	7:00a	Kids Time (Brenda Walsh)
12:30	1:30	2:30	3:30	7:30	In Search of Truth (Charles Byrd)
1:00a	2:00a	3:00a	4:00a	8:00a	House Calls (repeat) (John Lomacang) ◀
1:30	2:30	3:30	4:30	8:30	...continued
2:00a	3:00a	4:00a	5:00a	9:00a	Liberty Insider (James Standish)
2:30	3:30	4:30	5:30	9:30	Exploring the Word (Lonnie Melashenko)
3:00a	4:00a	5:00a	6:00a	10:00a	Bible Answers (Doug Batchelor)
3:30	4:30	5:30	6:30	10:30	Adventist Frontier Missions
4:00a	5:00a	6:00a	7:00a	11:00a	Body & Spirit (Dick Nunez)
4:30	5:30	6:30	7:30	11:30	So Send I You (May Chung)
5:00a	6:00a	7:00a	8:00a	Noon	The Presence (Shawn Boonstra)
5:30	6:30	7:30	8:30	12:30	...continued
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Today
6:30	7:30	8:30	9:30	1:30	...continued
7:00a	8:00a	9:00a	10:00a	2:00p	Lift Him Up (Ty Gibson, James Rafferty)
7:30	8:30	9:30	10:30	2:30	Heaven's Point of View (Hal Steenson)
8:00a	9:00a	10:00a	11:00a	3:00p	Faith Factor (Cynthia Prime)
8:30	9:30	10:30	11:30	3:30	Laymen Ministries (Jeff Reich)
9:00a	10:00a	11:00a	Noon	4:00p	Keepers of the Flame
9:30	10:30	11:30	12:30	4:30	Health Headlines/World Prophecy News
10:00a	11:00a	Noon	1:00p	5:00p	Secrets Unsealed Presents...
10:30	11:30	12:30	1:30	5:30	...continued
11:00a	Noon	1:00p	2:00p	6:00p	Melody From My Heart
11:30	12:30	1:30	2:30	6:30	Let's Cook Together
Noon	1:00p	2:00p	3:00p	7:00p	Body & Spirit Aerobics (Dick Nunez)
12:30	1:30	2:30	3:30	7:30	Exalting His Word (Shelley Quinn) CC
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Today
1:30	2:30	3:30	4:30	8:30	...continued
2:00p	3:00p	4:00p	5:00p	9:00p	Kids Time Praise
2:30	3:30	4:30	5:30	9:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	10:00p	Grandma's House/His Words Are Life
3:30	4:30	5:30	6:30	10:30	Faith Chapel
4:00p	5:00p	6:00p	7:00p	11:00p	The Carter Report (John Carter)
4:30	5:30	6:30	7:30	11:30	...continued
5:00p	6:00p	7:00p	8:00p	Fri	Central Study Hour CC
5:30	6:30	7:30	8:30	12:30	...continued
6:00p	7:00p	8:00p	9:00p	1:00a	3ABN Today LIVE ⚡
6:30	7:30	8:30	9:30	1:30	...continued
7:00p	8:00p	9:00p	10:00p	2:00a	...continued
7:30	8:30	9:30	10:30	2:30	...continued
8:00p	9:00p	10:00p	11:00p	3:00a	Kenneth Cox Ministries Presents...
8:30	9:30	10:30	11:30	3:30	...continued
9:00p	10:00p	11:00p	Fri	4:00a	3ABN On the Road
9:30	10:30	11:30	12:30	4:30	...continued
10:00p	11:00p	Fri	1:00a	5:00a	Heaven's Point of View (Hal Steenson)
10:30	11:30	12:30	1:30	5:30	Faith Factor (Cynthia Prime)
11:00p	Fri	1:00a	2:00a	6:00a	3ABN Today LIVE (repeat) ◀
11:30	12:30	1:30	2:30	6:30	...continued

PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	7:00a	3ABN Today LIVE (cont.)
12:30	1:30	2:30	3:30	7:30	...continued
1:00a	2:00a	3:00a	4:00a	8:00a	The Carter Report (John Carter)
1:30	2:30	3:30	4:30	8:30	...continued
2:00a	3:00a	4:00a	5:00a	9:00a	Central Study Hour <span>CC</span>
2:30	3:30	4:30	5:30	9:30	...continued
3:00a	4:00a	5:00a	6:00a	10:00a	Revelation Now (Jac Colon)
3:30	4:30	5:30	6:30	10:30	...continued
4:00a	5:00a	6:00a	7:00a	11:00a	Faith Chapel
4:30	5:30	6:30	7:30	11:30	Exalting His Word (Shelley Quinn) <span>CC</span>
5:00a	6:00a	7:00a	8:00a	Noon	By My Spirit (Ed Reid)
5:30	6:30	7:30	8:30	12:30	Left Behind: Fact or Fiction? (Finley)
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Today
6:30	7:30	8:30	9:30	1:30	...continued
7:00a	8:00a	9:00a	10:00a	2:00p	Special Feature
7:30	8:30	9:30	10:30	2:30	...continued
8:00a	9:00a	10:00a	11:00a	3:00p	Health for a Lifetime (Don Mackintosh)
8:30	9:30	10:30	11:30	3:30	Adventures in Missions (Dan Matthews)
9:00a	10:00a	11:00a	Noon	4:00p	Ten Commandments
9:30	10:30	11:30	12:30	4:30	...continued
10:00a	11:00a	Noon	1:00p	5:00p	Up Close
10:30	11:30	12:30	1:30	5:30	...continued
11:00a	Noon	1:00p	2:00p	6:00p	ASI Video Magazine (Dan Houghton)
11:30	12:30	1:30	2:30	6:30	Food for Thought
Noon	1:00p	2:00p	3:00p	7:00p	Discover (David Asscherick)
12:30	1:30	2:30	3:30	7:30	...continued
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Today
1:30	2:30	3:30	4:30	8:30	...continued
2:00p	3:00p	4:00p	5:00p	9:00p	Tiny Tots for Jesus (Linda Johnson)
2:30	3:30	4:30	5:30	9:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	10:00p	Teen Pathways
3:30	4:30	5:30	6:30	10:30	Variety
4:00p	5:00p	6:00p	7:00p	11:00p	Breath of Life (Walter Pearson)
4:30	5:30	6:30	7:30	11:30	In the Footsteps of Paul (Tony Moore)
5:00p	6:00p	7:00p	8:00p	Sat	House Calls (repeat) (John Lomacang) <span>◀</span>
5:30	6:30	7:30	8:30	12:30	...continued
6:00p	7:00p	8:00p	9:00p	1:00a	It Is Written (Shawn Boonstra) <span>CC</span>
6:30	7:30	8:30	9:30	1:30	Heaven's Point of View (Hal Steenson)
7:00p	8:00p	9:00p	10:00p	2:00a	3ABN Today
7:30	8:30	9:30	10:30	2:30	...continued
8:00p	9:00p	10:00p	11:00p	3:00a	Everlasting Gospel
8:30	9:30	10:30	11:30	3:30	...continued
9:00p	10:00p	11:00p	Sat	4:00a	In Search of Truth (Charles Byrd)
9:30	10:30	11:30	12:30	4:30	Marriage in God's Hands (Waters)
10:00p	11:00p	Sat	1:00a	5:00a	Faith Chapel
10:30	11:30	12:30	1:30	5:30	ASI Video Magazine (Dan Houghton)
11:00p	Sat	1:00a	2:00a	6:00a	3ABN Today
11:30	12:30	1:30	2:30	6:30	...continued

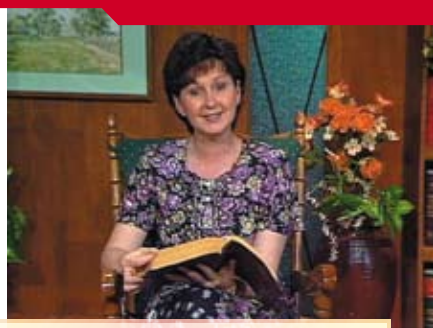
PST	MST	CST	EST	GMT	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	7:00a	White Horse Media Presents... (Wohlberg) <span>★</span>
12:30	1:30	2:30	3:30	7:30	...continued
1:00a	2:00a	3:00a	4:00a	8:00a	3ABN On the Road
1:30	2:30	3:30	4:30	8:30	...continued
2:00a	3:00a	4:00a	5:00a	9:00a	Breath of Life (Walter Pearson)
2:30	3:30	4:30	5:30	9:30	In the Footsteps of Paul (Tony Moore)
3:00a	4:00a	5:00a	6:00a	10:00a	Ten Commandments
3:30	4:30	5:30	6:30	10:30	...continued
4:00a	5:00a	6:00a	7:00a	11:00a	His Words Are Life/Back to Nature
4:30	5:30	6:30	7:30	11:30	Kids Time Praise
5:00a	6:00a	7:00a	8:00a	Noon	Tiny Tots for Jesus (Linda Johnson)
5:30	6:30	7:30	8:30	12:30	Kids Time (Brenda Walsh)
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Today
6:30	7:30	8:30	9:30	1:30	...continued
7:00a	8:00a	9:00a	10:00a	2:00p	Central Study Hour <span>CC</span>
7:30	8:30	9:30	10:30	2:30	...continued
8:00a	9:00a	10:00a	11:00a	3:00p	Worship Hour
8:30	9:30	10:30	11:30	3:30	...continued
9:00a	10:00a	11:00a	Noon	4:00p	Secrets Unsealed Presents...
9:30	10:30	11:30	12:30	4:30	...continued
10:00a	11:00a	Noon	1:00p	5:00p	The Most Amazing Prophecies (Doug Batchelor)
10:30	11:30	12:30	1:30	5:30	...continued
11:00a	Noon	1:00p	2:00p	6:00p	...continued
11:30	12:30	1:30	2:30	6:30	Melody From My Heart
Noon	1:00p	2:00p	3:00p	7:00p	Lift Him Up (Ty Gibson, James Rafferty)
12:30	1:30	2:30	3:30	7:30	Faith Factor (Cynthia Prime)
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Today
1:30	2:30	3:30	4:30	8:30	...continued
2:00p	3:00p	4:00p	5:00p	9:00p	Exalting His Word (Shelley Quinn) <span>CC</span>
2:30	3:30	4:30	5:30	9:30	Kids Time (Brenda Walsh)
3:00p	4:00p	5:00p	6:00p	10:00p	Kids Time Praise
3:30	4:30	5:30	6:30	10:30	Tiny Tots for Jesus (Linda Johnson)
4:00p	5:00p	6:00p	7:00p	11:00p	Laymen Ministries (Jeff Reich)
4:30	5:30	6:30	7:30	11:30	Global Mission Frontline (Mike Ryan)
5:00p	6:00p	7:00p	8:00p	Sun	Discover (David Asscherick)
5:30	6:30	7:30	8:30	12:30	...continued
6:00p	7:00p	8:00p	9:00p	1:00a	It Is Written (Shawn Boonstra) <span>CC</span>
6:30	7:30	8:30	9:30	1:30	Wonderfully Made
7:00p	8:00p	9:00p	10:00p	2:00a	3ABN Today
7:30	8:30	9:30	10:30	2:30	...continued
8:00p	9:00p	10:00p	11:00p	3:00a	Special Feature
8:30	9:30	10:30	11:30	3:30	...continued
9:00p	10:00p	11:00p	Sun	4:00a	Left Behind: Fact or Fiction? (Finley)
9:30	10:30	11:30	12:30	4:30	Faith Factor (Cynthia Prime)
10:00p	11:00p	Sun	1:00a	5:00a	3ABN On the Road
10:30	11:30	12:30	1:30	5:30	...continued
11:00p	Sun	1:00a	2:00a	6:00a	3ABN Today
11:30	12:30	1:30	2:30	6:30	...continued

Daylight Saving  
Time Effective  
March 11



**TUNE IN ONLINE!**

Enjoy 3ABN Radio programs 24 hours a day! Visit our website, [www.3abn.org](http://www.3abn.org), and follow the links to our online radio broadcasts. And remember to tell your friends and family all about it!



**HIS WORDS ARE LIFE**

Let the Words of Life sink deep into your heart as you listen to the sweet voice of 3ABN's General Manager, Mollie Steenson, as she reads the Word of God. The inspirational passages are straight from the Bible, and are sure to be warm as rays of sunshine coming through your window on a cold, crisp winter day. Monday, Wednesday, Friday 2:30 p.m. CST/CDT.

CST	SUNDAY
2:00a	Thinking About Home
2:30	Dynamics in the Science of Prayer
3:00a	The Prophecy Code
3:30	...continued
4:00a	Heaven's Point of View
4:30	Faith Chapel
5:00a	Musical Meditations
5:30	...continued
6:00a	Rags to Riches/Growing in Grace
6:30	Freedom's Ring/Abundant Living
7:00a	Your Story Hour
7:30	Bible Answers
8:00a	3ABN Today
8:30	...continued
9:00a	Endtime Insights/The StoryHouse
9:30	Janice's Attic
10:00a	Central Study Hour
10:30	...continued
11:00a	Worship Hour
11:30	...continued
<b>Noon</b>	Thinking About Home
12:30	Christian Concerns
1:00p	The Prophecy Code
1:30	...continued
2:00p	It Is Written
2:30	Women at the Well
3:00p	3ABN Today LIVE (repeat) ↻
3:30	...continued
4:00p	...continued
4:30	...continued
5:00p	Musical Meditations
5:30	...continued
6:00p	3ABN On the Road: Prophecy
6:30	...continued
7:00p	More Abundant Life
7:30	Rags to Riches/Growing in Grace
8:00p	3ABN Today
8:30	...continued
9:00p	Bible Answers LIVE ↻
9:30	...continued
10:00p	Your Story Hour
10:30	Christian Concerns
11:00p	Endtime Insights/Health Headlines
11:30	Freedom's Ring/Abundant Living
<b>Mon</b>	3ABN On Location
12:30	...continued
1:00a	3ABN Today
1:30	...continued

CST	MONDAY	CST	TUESDAY
2:00a	Health for a Lifetime	2:00a	Bible Answers LIVE (repeat)
2:30	His Words Are Life/Rags to Riches	2:30	...continued
3:00a	Voice of Prophecy/Between the Lines	3:00a	Voice of Prophecy/Between the Lines
3:30	Melody From My Heart/The StoryHouse	3:30	Bible Answers
4:00a	Kids Time	4:00a	Kids Time
4:30	Lift Him Up	4:30	Issues & Answers
5:00a	Musical Meditations	5:00a	Musical Meditations
5:30	...continued	5:30	...continued
6:00a	Marriage in God's Hands	6:00a	Help Yourself to Health
6:30	Christian Concerns	6:30	Freedom's Ring/Endtime Insights
7:00a	Wonderfully Made	7:00a	Thinking About Home
7:30	Faith Chapel	7:30	Faith Chapel
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio ⚡	9:00a	Crossroads on 3ABN Radio
9:30	...continued	9:30	...continued
10:00a	Bible Answers	10:00a	Melody From My Heart/The StoryHouse
10:30	Health Headlines/Your Family Health	10:30	Homeschool of Health
11:00a	3ABN On the Road	11:00a	3ABN On the Road
11:30	...continued	11:30	...continued
<b>Noon</b>	Your Story Hour	<b>Noon</b>	Your Story Hour
12:30	Your Health News/Freedom's Ring	12:30	Abundant Living/Growing in Grace
1:00p	Health for a Lifetime	1:00p	By My Spirit
1:30	His Words Are Life/Rags to Riches	1:30	Dynamics in the Science of Prayer
2:00p	Kids Time	2:00p	Kids Time
2:30	Lift Him Up	2:30	Issues & Answers
3:00p	Voice of Prophecy/Between the Lines	3:00p	Voice of Prophecy/Between the Lines
3:30	It Is Written	3:30	It Is Written
4:00p	3ABN On Location	4:00p	3ABN On Location
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	3ABN On the Road	6:00p	3ABN On the Road
6:30	...continued	6:30	...continued
7:00p	Christian Concerns	7:00p	Homeschool of Health
7:30	Marriage in God's Hands	7:30	Thinking About Home
8:00p	Heaven's Point of View	8:00p	Help Yourself to Health
8:30	Faith Chapel	8:30	Faith Chapel
9:00p	3ABN Today	9:00p	3ABN Today
9:30	...continued	9:30	...continued
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	It Is Written	10:30	It Is Written
11:00p	Crossroads on 3ABN Radio	11:00p	Crossroads on 3ABN Radio
11:30	...continued	11:30	...continued
<b>Tue</b>	3ABN On Location	<b>Wed</b>	3ABN On Location
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today
1:30	...continued	1:30	...continued



### 3ABN RADIO: MARCH (continued)

CST	WEDNESDAY	CST	THURSDAY
2:00a	Health for a Lifetime	2:00a	Health for a Lifetime
2:30	His Words Are Life/Rags to Riches	2:30	His Words Are Life/Rags to Riches
3:00a	Voice of Prophecy/Between the Lines	3:00a	Voice of Prophecy/Between the Lines
3:30	By My Spirit	3:30	<b>Bible Answers</b>
4:00a	Kids Time	4:00a	Kids Time
4:30	Issues & Answers	4:30	Issues & Answers
5:00a	Musical Meditations	5:00a	Musical Meditations
5:30	...continued	5:30	...continued
6:00a	Help Yourself to Health	6:00a	<b>Marriage in God's Hands</b>
6:30	Christian Concerns	6:30	<b>Your Family Health/Endtime Insights</b>
7:00a	Wonderfully Made	7:00a	Thinking About Home
7:30	Faith Chapel	7:30	Faith Chapel
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio	9:00a	Crossroads on 3ABN Radio
9:30	...continued	9:30	...continued
10:00a	Women at the Well	10:00a	Heaven's Point of View
10:30	<b>It's Your Money!</b>	10:30	Homeschool of Health
11:00a	3ABN On the Road	11:00a	3ABN On the Road
11:30	...continued	11:30	...continued
<b>Noon</b>	Your Story Hour	<b>Noon</b>	Your Story Hour
12:30	When God's People Pray	12:30	<b>Left Behind: Fact or Fiction?</b>
1:00p	Health for a Lifetime	1:00p	By My Spirit
1:30	His Words Are Life/Rags to Riches	1:30	<b>Genesis to Revelation Seminar</b>
2:00p	Kids Time	2:00p	Kids Time
2:30	Issues & Answers	2:30	Issues & Answers
3:00p	Voice of Prophecy/Between the Lines	3:00p	Voice of Prophecy/Between the Lines
3:30	It Is Written	3:30	It Is Written
4:00p	3ABN On Location	4:00p	3ABN On Location
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	3ABN On the Road	6:00p	3ABN On the Road
6:30	...continued	6:30	...continued
7:00p	Christian Concerns	7:00p	Homeschool of Health
7:30	<b>Your Family Health/Freedom's Ring</b>	7:30	<b>Marriage in God's Hands</b>
8:00p	Help Yourself to Health	8:00p	3ABN Today LIVE 🔴
8:30	Faith Chapel	8:30	...continued
9:00p	3ABN Today	9:00p	...continued
9:30	...continued	9:30	...continued
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	It Is Written	10:30	It Is Written
11:00p	Crossroads on 3ABN Radio	11:00p	Crossroads on 3ABN Radio
11:30	...continued	11:30	...continued
<b>Thu</b>	3ABN On Location	<b>Fri</b>	3ABN On Location
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today LIVE (repeat) 🔵
1:30	...continued	1:30	...continued

CST	FRIDAY	CST	SATURDAY
2:00a	3ABN Today LIVE (cont.)	2:00a	Thinking About Home
2:30	...continued	2:30	Genesis to Revelation Seminar
3:00a	Voice of Prophecy/Between the Lines	3:00a	The Prophecy Code
3:30	By My Spirit	3:30	...continued
4:00a	Kids Time	4:00a	3ABN On the Road
4:30	Issues & Answers	4:30	...continued
5:00a	Musical Meditations	5:00a	Musical Meditations
5:30	...continued	5:30	...continued
6:00a	Help Yourself to Health	6:00a	Rags to Riches/Growing in Grace
6:30	More Abundant Life	6:30	More Abundant Life
7:00a	Wonderfully Made	7:00a	Your Story Hour
7:30	Faith Chapel	7:30	Bible Answers
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio	9:00a	Freedom's Ring/His Words Are Life
9:30	...continued	9:30	Marriage in God's Hands
10:00a	<b>Bible Answers</b>	10:00a	Central Study Hour
10:30	Health Headlines/Your Family Health	10:30	...continued
11:00a	3ABN On the Road	11:00a	Worship Hour
11:30	...continued	11:30	...continued
<b>Noon</b>	Your Story Hour	<b>Noon</b>	Thinking About Home
12:30	When God's People Pray	12:30	By My Spirit
1:00p	Health for a Lifetime	1:00p	The Prophecy Code
1:30	His Words Are Life/Rags to Riches	1:30	...continued
2:00p	Kids Time	2:00p	Issues & Answers
2:30	Issues & Answers	2:30	Faith Chapel
3:00p	Voice of Prophecy/Between the Lines	3:00p	House Calls
3:30	Breath of Life	3:30	Endtime Insights/Melody From My H. 🔵
4:00p	3ABN On Location	4:00p	3ABN On the Road
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	3ABN On the Road	6:00p	3ABN On the Road: Prophecy
6:30	...continued	6:30	...continued
7:00p	More Abundant Life	7:00p	Heaven's Point of View
7:30	Thinking About Home	7:30	Rags to Riches/Growing in Grace
8:00p	Help Yourself to Health	8:00p	3ABN Today
8:30	Faith Chapel	8:30	...continued
9:00p	3ABN Today	9:00p	Bible Answers
9:30	...continued	9:30	Marriage in God's Hands
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	<b>Stop Smoking Clinic</b>	10:30	Women at the Well
11:00p	Crossroads on 3ABN Radio	11:00p	Faith Chapel
11:30	...continued	11:30	By My Spirit
<b>Sat</b>	3ABN On the Road: Prophecy	<b>Sun</b>	3ABN On the Road: Prophecy
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today
1:30	...continued	1:30	...continued



## Guía de Programación Mensual

**E**ste horario es un repaso de la programación alineada para la transmisión de Norteamérica y de la Página Web. Revise la sección “Programación” de nuestra Página Web, [www.3abn.org](http://www.3abn.org). Vaya a “Latino” para un informe más detallado acerca del horario semanal y cambios en la programación.

En las zonas de Estados Unidos: PT= Cambio de Tiempo en la Zona del Pacífico (UTC-7) MT= Cambio de Tiempo en la Zona Montaña (UTC-6) CT= Cambio de Tiempo en la Zona Central (UTC-5); ET= Cambio de Tiempo en la Zona Este (UTC-4). GMT= Greenwich quiere decir (UTC), la hora standard en la zona internacional. **Los programas en rojo son los cambios ocurridos desde el mes anterior.** **P** = programas en Portugués. (**P** = programas em Português.) **★** = programas nuevos. **↻** = repite.

**BATALLAS DE FE** • A medida que la iglesia se va acercando a su liberación final, Satanás obrará con mayor poder. Comenzando el mes de Marzo, 3ABN Latino se complace en presentar *Batallas de Fe*. Una variedad de invitados dialogarán acerca de cómo el conflicto entre el bien y el mal aumentará en intensidad hasta la consumación de los tiempos. “Obrará con grande potencia, y señales, y milagros mentirosos.” (2 Tesalonicenses 2:9.) *Batallas de Fe* revela las tretas de Satanás y los medios de resistirle con éxito.



Cesar y Carmen Carmona • Batallas de Fe

### ¿IDEAS NUEVAS? ¡BIENVENIDAS!

Para 3ABN Latino es un privilegio servir—servir a aquellos que están necesitados. Reconocemos que la mejor manera de proveer producciones con un contenido que supla sus necesidades es el que ustedes, los televidentes, envíen sugerencias acerca del tipo de programas que desearían ver por medio de este canal. Les extendemos una cordial invitación para que nos envíen sus ideas en cuanto a programación nueva. Escribanos a: 3ABN Latino, Atn: Ideas Nuevas, P.O. Box 220, West Frankfort, IL 62896, USA. Correo electrónico a: [jose.medina@3abn.org](mailto:jose.medina@3abn.org). Gracias por ayudarnos a servirles mejor. ¡Que Dios les bendiga!

El Cambio de Hora  
Será Efectivo el  
11 de Marzo

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	7:00a	Volvamos a la Naturaleza/Patriarcas da Fé <b>P</b>
12:30	1:30	2:30	3:30	7:30	Está Escrito (Mark Finley) <b>P</b>
1:00a	2:00a	3:00a	4:00a	8:00a	Educando Para a Eternidade (Shirley G.) <b>P</b>
1:30	2:30	3:30	4:30	8:30	Saúde e Você <b>P</b>
2:00a	3:00a	4:00a	5:00a	9:00a	Hogar Dulce Hogar
2:30	3:30	4:30	5:30	9:30	El Joven de Hoy
3:00a	4:00a	5:00a	6:00a	10:00a	La Fe de Jesús (Enrique Campillo)
3:30	4:30	5:30	6:30	10:30	Crónicas del Anticristo (Steve Wohlberg)
4:00a	5:00a	6:00a	7:00a	11:00a	Descubra - Houston (Frank González)
4:30	5:30	6:30	7:30	11:30	Cuerpo y Espíritu - Aeróbicos
5:00a	6:00a	7:00a	8:00a	<b>MD</b>	Temas de Actualidad
5:30	6:30	7:30	8:30	12:30	Capilla de Fe
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Hoy
6:30	7:30	8:30	9:30	1:30	...continúa
7:00a	8:00a	9:00a	10:00a	2:00p	Descubriendo las Señales (Shawn B.)
7:30	8:30	9:30	10:30	2:30	...continúa
8:00a	9:00a	10:00a	11:00a	3:00p	Hogar Dulce Hogar
8:30	9:30	10:30	11:30	3:30	Está Escrito
9:00a	10:00a	11:00a	<b>MD</b>	4:00p	Con Mi Espíritu
9:30	10:30	11:30	12:30	4:30	<b>Batallas de Fé (Cesar y Carmen Carmona) ★</b>
10:00a	11:00a	<b>MD</b>	1:00p	5:00p	Las Profecías más Asombrosas (Doug B.)
10:30	11:30	12:30	1:30	5:30	...continúa
11:00a	<b>MD</b>	1:00p	2:00p	6:00p	...continúa
11:30	12:30	1:30	2:30	6:30	Cocinemos Juntos
<b>MD</b>	1:00p	2:00p	3:00p	7:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	7:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Hoy En Vivo
1:30	2:30	3:30	4:30	8:30	...continúa
2:00p	3:00p	4:00p	5:00p	9:00p	...continúa
2:30	3:30	4:30	5:30	9:30	...continúa
3:00p	4:00p	5:00p	6:00p	10:00p	Está Escrito (Mark Finley) <b>P</b>
3:30	4:30	5:30	6:30	10:30	Saúde e Você <b>P</b>
4:00p	5:00p	6:00p	7:00p	11:00p	3ABN Visita
4:30	5:30	6:30	7:30	11:30	...continúa
5:00p	6:00p	7:00p	8:00p	<b>Lun</b>	Maravillosa Creación
5:30	6:30	7:30	8:30	12:30	Variedad
6:00p	7:00p	8:00p	9:00p	1:00a	Descubriendo los Misterios de Génesis
6:30	7:30	8:30	9:30	1:30	...continúa (Esteban Bohr)
7:00p	8:00p	9:00p	10:00p	2:00a	3ABN Hoy
7:30	8:30	9:30	10:30	2:30	...continúa
8:00p	9:00p	10:00p	11:00p	3:00a	Diez Mandamientos
8:30	9:30	10:30	11:30	3:30	...continúa
9:00p	10:00p	11:00p	<b>Lun</b>	4:00a	Revive, Hay Esperanza (José Rojas)
9:30	10:30	11:30	12:30	4:30	...continúa
10:00p	11:00p	<b>Lun</b>	1:00a	5:00a	Capilla de Fe
10:30	11:30	12:30	1:30	5:30	Las Profecías más Asombrosas (Doug B.)
11:00p	<b>Lun</b>	1:00a	2:00a	6:00a	...continúa
11:30	12:30	1:30	2:30	6:30	...continúa

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	7:00a	Está Escrito (Henry Feyerabend) <b>P</b>
12:30	1:30	2:30	3:30	7:30	Espaço Jovem <b>P</b>
1:00a	2:00a	3:00a	4:00a	8:00a	Saúde e Você <b>P</b>
1:30	2:30	3:30	4:30	8:30	Patriarcas da Fé <b>P</b> /Seminario do Apocalipse <b>P</b>
2:00a	3:00a	4:00a	5:00a	9:00a	Jesús Es la Esperanza (Alejandro Bullón)
2:30	3:30	4:30	5:30	9:30	...continúa
3:00a	4:00a	5:00a	6:00a	10:00a	Temas de Actualidad
3:30	4:30	5:30	6:30	10:30	Maravillosa Creación
4:00a	5:00a	6:00a	7:00a	11:00a	Hogar Dulce Hogar
4:30	5:30	6:30	7:30	11:30	Cuerpo y Espíritu – Aeróbicos
5:00a	6:00a	7:00a	8:00a	<b>MD</b>	Amiguitos de Jesús
5:30	6:30	7:30	8:30	12:30	Alabanzas Infantiles
6:00a	7:00a	8:00a	9:00a	1:00p	Crónicas del Anticristo (Steve Wohlberg)
6:30	7:30	8:30	9:30	1:30	El Jóven de Hoy
7:00a	8:00a	9:00a	10:00a	2:00p	Respuestas Bíblicas
7:30	8:30	9:30	10:30	2:30	...continúa
8:00a	9:00a	10:00a	11:00a	3:00p	Descubriendo los Misterios de Génesis
8:30	9:30	10:30	11:30	3:30	...continúa (Esteban Bohr)
9:00a	10:00a	11:00a	<b>MD</b>	4:00p	3ABN Visita
9:30	10:30	11:30	12:30	4:30	...continúa
10:00a	11:00a	<b>MD</b>	1:00p	5:00p	Melodías del Corazón
10:30	11:30	12:30	1:30	5:30	La Dieta Ideal (Carlos Canales)
11:00a	<b>MD</b>	1:00p	2:00p	6:00p	Cuerpo y Espíritu – Aeróbicos
11:30	12:30	1:30	2:30	6:30	Cocinemos Juntos
<b>MD</b>	1:00p	2:00p	3:00p	7:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	7:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	8:00p	Capilla de Fe
1:30	2:30	3:30	4:30	8:30	Está Escrito
2:00p	3:00p	4:00p	5:00p	9:00p	Está Escrito (Henry Feyerabend) <b>P</b>
2:30	3:30	4:30	5:30	9:30	3ABN Gravando <b>P</b>
3:00p	4:00p	5:00p	6:00p	10:00p	Seminario do Apocalipse <b>P</b> /Patriarcas da Fé <b>P</b>
3:30	4:30	5:30	6:30	10:30	Felicidad Sin Límites (Esteban Bohr)
4:00p	5:00p	6:00p	7:00p	11:00p	...continúa
4:30	5:30	6:30	7:30	11:30	Hogar Dulce Hogar
5:00p	6:00p	7:00p	8:00p	<b>Mar</b>	Extrema Transformación de Vida
5:30	6:30	7:30	8:30	12:30	...continúa
6:00p	7:00p	8:00p	9:00p	1:00a	Educando Para La Eternidad (Yolanda S.)
6:30	7:30	8:30	9:30	1:30	Salud Total
7:00p	8:00p	9:00p	10:00p	2:00a	Descubra – Houston (Frank González) <b>◀</b>
7:30	8:30	9:30	10:30	2:30	El Jóven de Hoy
8:00p	9:00p	10:00p	11:00p	3:00a	Descubriendo las Señales (Shawn B.)
8:30	9:30	10:30	11:30	3:30	...continúa
9:00p	10:00p	11:00p	<b>Mar</b>	4:00a	A Los Pies de Jesús
9:30	10:30	11:30	12:30	4:30	La Fé de Jesús (Peru) (Melchor Ferreyra)
10:00p	11:00p	<b>Mar</b>	1:00a	5:00a	Respuestas Bíblicas
10:30	11:30	12:30	1:30	5:30	...continúa
11:00p	<b>Mar</b>	1:00a	2:00a	6:00a	Descubriendo los Misterios de Génesis
11:30	12:30	1:30	2:30	6:30	...continúa (Esteban Bohr)

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	7:00a	Profecías Maravilhosas (Doug B.) <b>P</b>
12:30	1:30	2:30	3:30	7:30	...continúa
1:00a	2:00a	3:00a	4:00a	8:00a	...continúa
1:30	2:30	3:30	4:30	8:30	Capela de Fé <b>P</b>
2:00a	3:00a	4:00a	5:00a	9:00a	Melodías del Corazón
2:30	3:30	4:30	5:30	9:30	Batallas de Fé (Cesar y Carmen Carmona) <b>★</b>
3:00a	4:00a	5:00a	6:00a	10:00a	La Dieta Ideal (Carlos Canales)
3:30	4:30	5:30	6:30	10:30	Capilla de Fe
4:00a	5:00a	6:00a	7:00a	11:00a	3ABN Visita
4:30	5:30	6:30	7:30	11:30	Cuerpo y Espíritu – Aeróbicos
5:00a	6:00a	7:00a	8:00a	<b>MD</b>	Amiguitos de Jesús
5:30	6:30	7:30	8:30	12:30	Está Escrito
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Hoy En Vivo
6:30	7:30	8:30	9:30	1:30	...continúa
7:00a	8:00a	9:00a	10:00a	2:00p	...continúa
7:30	8:30	9:30	10:30	2:30	...continúa
8:00a	9:00a	10:00a	11:00a	3:00p	Las Profecías más Asombrosas (Doug B.)
8:30	9:30	10:30	11:30	3:30	...continúa
9:00a	10:00a	11:00a	<b>MD</b>	4:00p	...continúa
9:30	10:30	11:30	12:30	4:30	A Punto de Amanecer (Rubén Arn)
10:00a	11:00a	<b>MD</b>	1:00p	5:00p	Melodías del Corazón
10:30	11:30	12:30	1:30	5:30	La Fe de Jesús
11:00a	<b>MD</b>	1:00p	2:00p	6:00p	Cuerpo y Espíritu – Aeróbicos
11:30	12:30	1:30	2:30	6:30	Salud Total
<b>MD</b>	1:00p	2:00p	3:00p	7:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	7:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	8:00p	La Presencia (Shawn Boonstra)
1:30	2:30	3:30	4:30	8:30	...continúa
2:00p	3:00p	4:00p	5:00p	9:00p	Capela de Fé <b>P</b>
2:30	3:30	4:30	5:30	9:30	Saúde e Você <b>P</b>
3:00p	4:00p	5:00p	6:00p	10:00p	Está Escrito (Bill Santos) <b>P</b>
3:30	4:30	5:30	6:30	10:30	Con Mi Espíritu
4:00p	5:00p	6:00p	7:00p	11:00p	Cocinemos Juntos
4:30	5:30	6:30	7:30	11:30	Temas de Actualidad
5:00p	6:00p	7:00p	8:00p	<b>Mié</b>	Diez Mandamientos
5:30	6:30	7:30	8:30	12:30	...continúa
6:00p	7:00p	8:00p	9:00p	1:00a	Está Escrito
6:30	7:30	8:30	9:30	1:30	Educando Para La Eternidad (Yolanda S.)
7:00p	8:00p	9:00p	10:00p	2:00a	Hay Esperanza (Alejandro Bullón)
7:30	8:30	9:30	10:30	2:30	...continúa
8:00p	9:00p	10:00p	11:00p	3:00a	Guardianes de la Llama (Allan Lindsay)
8:30	9:30	10:30	11:30	3:30	Volvamos a la Naturaleza/Patriarcas da Fé <b>P</b>
9:00p	10:00p	11:00p	<b>Mié</b>	4:00a	Una Nueva Revelación (Doug Batchelor)
9:30	10:30	11:30	12:30	4:30	...continúa
10:00p	11:00p	<b>Mié</b>	1:00a	5:00a	Volvamos a la Naturaleza/Sus Palabras de Vida
10:30	11:30	12:30	1:30	5:30	Está Escrito
11:00p	<b>Mié</b>	1:00a	2:00a	6:00a	3ABN Hoy
11:30	12:30	1:30	2:30	6:30	...continúa



PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	7:00a	Seminario do Apocalipse <b>P</b> /Patriarcas da Fe <b>P</b>
12:30	1:30	2:30	3:30	7:30	Espaço Jovem (Gislaine Westphal) <b>P</b>
1:00a	2:00a	3:00a	4:00a	8:00a	Saúde e Você <b>P</b>
1:30	2:30	3:30	4:30	8:30	Está Escrito (Alejandro Bullón) <b>P</b>
2:00a	3:00a	4:00a	5:00a	9:00a	Extrema Transformación de Vida
2:30	3:30	4:30	5:30	9:30	...continúa
3:00a	4:00a	5:00a	6:00a	10:00a	La Fé de Jesús (Peru) (Melchor Ferreyra)
3:30	4:30	5:30	6:30	10:30	Cocinemos Juntos
4:00a	5:00a	6:00a	7:00a	11:00a	Capilla de Fe
4:30	5:30	6:30	7:30	11:30	Cuerpo y Espíritu – Aeróbicos
5:00a	6:00a	7:00a	8:00a	<b>MD</b>	Amiguitos de Jesús
5:30	6:30	7:30	8:30	12:30	Hogar Dulce Hogar
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Hoy
6:30	7:30	8:30	9:30	1:30	...continúa
7:00a	8:00a	9:00a	10:00a	2:00p	Cuerpo y Espíritu – Aeróbicos
7:30	8:30	9:30	10:30	2:30	Salud Total
8:00a	9:00a	10:00a	11:00a	3:00p	Descubriendo los Misterios de Génesis
8:30	9:30	10:30	11:30	3:30	...continúa (Esteban Bohr)
9:00a	10:00a	11:00a	<b>MD</b>	4:00p	Respuestas Bíblicas
9:30	10:30	11:30	12:30	4:30	...continúa
10:00a	11:00a	<b>MD</b>	1:00p	5:00p	3ABN Visita
10:30	11:30	12:30	1:30	5:30	Cocinemos Juntos
11:00a	<b>MD</b>	1:00p	2:00p	6:00p	Cuerpo y Espíritu – Aeróbicos
11:30	12:30	1:30	2:30	6:30	El Jóven de Hoy
<b>MD</b>	1:00p	2:00p	3:00p	7:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	7:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Hoy
1:30	2:30	3:30	4:30	8:30	...continúa
2:00p	3:00p	4:00p	5:00p	9:00p	Profecías Maravilhosas (Doug B.) <b>P</b>
2:30	3:30	4:30	5:30	9:30	...continúa
3:00p	4:00p	5:00p	6:00p	10:00p	...continúa
3:30	4:30	5:30	6:30	10:30	Maravillosa Creación
4:00p	5:00p	6:00p	7:00p	11:00p	Melodías del Corazón
4:30	5:30	6:30	7:30	11:30	Batallas de Fé (Cesar y Carmen Carmona) ★
5:00p	6:00p	7:00p	8:00p	<b>Jue</b>	Jesús Es la Esperanza (Alejandro Bullón)
5:30	6:30	7:30	8:30	12:30	...continúa
6:00p	7:00p	8:00p	9:00p	1:00a	La Fé de Jesús (Perú) (Melchor Ferreyra)
6:30	7:30	8:30	9:30	1:30	Con Mi Espíritu
7:00p	8:00p	9:00p	10:00p	2:00a	3ABN Hoy
7:30	8:30	9:30	10:30	2:30	...continúa
8:00p	9:00p	10:00p	11:00p	3:00a	Hogar Dulce Hogar
8:30	9:30	10:30	11:30	3:30	Educando Para La Eternidad (Yolanda S.)
9:00p	10:00p	11:00p	<b>Jue</b>	4:00a	Crónicas del Anticristo (Steve Wohlberg)
9:30	10:30	11:30	12:30	4:30	Descubra – Houston (Frank González)
10:00p	11:00p	<b>Jue</b>	1:00a	5:00a	Volvamos a la Naturaleza/Sus Palabras de Vida
10:30	11:30	12:30	1:30	5:30	Variedad
11:00p	<b>Jue</b>	1:00a	2:00a	6:00a	3ABN Hoy
11:30	12:30	1:30	2:30	6:30	...continúa

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	7:00a	Educando Para a Eternidade (Shirley G.) <b>P</b>
12:30	1:30	2:30	3:30	7:30	Espaço Jovem (Gislaine Westphal) <b>P</b>
1:00a	2:00a	3:00a	4:00a	8:00a	Capela de Fé <b>P</b>
1:30	2:30	3:30	4:30	8:30	3ABN Gravando <b>P</b>
2:00a	3:00a	4:00a	5:00a	9:00a	Descubriendo las Señales (Shawn B.)
2:30	3:30	4:30	5:30	9:30	...continúa
3:00a	4:00a	5:00a	6:00a	10:00a	Salud Total
3:30	4:30	5:30	6:30	10:30	3ABN Visita
4:00a	5:00a	6:00a	7:00a	11:00a	A Punto de Amanecer (Rubén Arn)
4:30	5:30	6:30	7:30	11:30	Cuerpo y Espíritu – Aeróbicos
5:00a	6:00a	7:00a	8:00a	<b>MD</b>	Amiguitos de Jesús
5:30	6:30	7:30	8:30	12:30	Alabanzas Infantiles
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Hoy
6:30	7:30	8:30	9:30	1:30	...continúa
7:00a	8:00a	9:00a	10:00a	2:00p	A Los Pies de Jesús
7:30	8:30	9:30	10:30	2:30	Temas de Actualidad
8:00a	9:00a	10:00a	11:00a	3:00p	Hay Esperanza (Alejandro Bullón)
8:30	9:30	10:30	11:30	3:30	...continúa
9:00a	10:00a	11:00a	<b>MD</b>	4:00p	Guardianes de la Llama (Allan Lindsay)
9:30	10:30	11:30	12:30	4:30	Volvamos a la Naturaleza/Sus Palabras de Vida
10:00a	11:00a	<b>MD</b>	1:00p	5:00p	Melodías del Corazón
10:30	11:30	12:30	1:30	5:30	Descubra – Houston (Frank González) ◀
11:00a	<b>MD</b>	1:00p	2:00p	6:00p	Cuerpo y Espíritu – Aeróbicos
11:30	12:30	1:30	2:30	6:30	La Dieta Ideal (Carlos Canales)
<b>MD</b>	1:00p	2:00p	3:00p	7:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	7:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Hoy
1:30	2:30	3:30	4:30	8:30	...continúa
2:00p	3:00p	4:00p	5:00p	9:00p	Seminario do Apocalipse <b>P</b> /Patriarcas da Fé <b>P</b>
2:30	3:30	4:30	5:30	9:30	Saúde e Você <b>P</b>
3:00p	4:00p	5:00p	6:00p	10:00p	Capela de Fé <b>P</b>
3:30	4:30	5:30	6:30	10:30	La Fe de Jesús
4:00p	5:00p	6:00p	7:00p	11:00p	A Los Pies de Jesús
4:30	5:30	6:30	7:30	11:30	Salud Total
5:00p	6:00p	7:00p	8:00p	<b>Vie</b>	Descubriendo las Señales (Shawn B.)
5:30	6:30	7:30	8:30	12:30	...continúa
6:00p	7:00p	8:00p	9:00p	1:00a	3ABN Hoy En Vivo
6:30	7:30	8:30	9:30	1:30	...continúa
7:00p	8:00p	9:00p	10:00p	2:00a	...continúa
7:30	8:30	9:30	10:30	2:30	...continúa
8:00p	9:00p	10:00p	11:00p	3:00a	Diez Mandamientos
8:30	9:30	10:30	11:30	3:30	...continúa
9:00p	10:00p	11:00p	<b>Vie</b>	4:00a	Respuestas Bíblicas
9:30	10:30	11:30	12:30	4:30	...continúa
10:00p	11:00p	<b>Vie</b>	1:00a	5:00a	Hogar Dulce Hogar
10:30	11:30	12:30	1:30	5:30	Crónicas del Anticristo (Steve Wohlberg)
11:00p	<b>Vie</b>	1:00a	2:00a	6:00a	Respuestas Bíblicas
11:30	12:30	1:30	2:30	6:30	...continúa

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	7:00a	3ABN Hoy En Vivo
12:30	1:30	2:30	3:30	7:30	...continúa
1:00a	2:00a	3:00a	4:00a	8:00a	...continúa
1:30	2:30	3:30	4:30	8:30	...continúa
2:00a	3:00a	4:00a	5:00a	9:00a	Felicidad Sin Límites (Esteban Bohr)
2:30	3:30	4:30	5:30	9:30	...continúa
3:00a	4:00a	5:00a	6:00a	10:00a	Alabanzas Infantiles
3:30	4:30	5:30	6:30	10:30	La Fe de Jesús
4:00a	5:00a	6:00a	7:00a	11:00a	Revive, Hay Esperanza (José Rojas)
4:30	5:30	6:30	7:30	11:30	...continúa
5:00a	6:00a	7:00a	8:00a	MD	Amiguitos de Jesús
5:30	6:30	7:30	8:30	12:30	La Dieta Ideal (Carlos Canale)
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Hoy
6:30	7:30	8:30	9:30	1:30	...continúa
7:00a	8:00a	9:00a	10:00a	2:00p	3ABN Visita
7:30	8:30	9:30	10:30	2:30	...continúa
8:00a	9:00a	10:00a	11:00a	3:00p	La Presencia (Shawn Boonstra)
8:30	9:30	10:30	11:30	3:30	...continúa
9:00a	10:00a	11:00a	MD	4:00p	Un Nuevo Amanecer (Eduardo Gallardo)
9:30	10:30	11:30	12:30	4:30	Está Escrito
10:00a	11:00a	MD	1:00p	5:00p	Melodías del Corazón
10:30	11:30	12:30	1:30	5:30	Variedad
11:00a	MD	1:00p	2:00p	6:00p	Palabras de Vida y Esperanza
11:30	12:30	1:30	2:30	6:30	...continúa
MD	1:00p	2:00p	3:00p	7:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	7:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Hoy
1:30	2:30	3:30	4:30	8:30	...continúa
2:00p	3:00p	4:00p	5:00p	9:00p	Profecías Maravillosas (Doug B.) P
2:30	3:30	4:30	5:30	9:30	...continúa
3:00p	4:00p	5:00p	6:00p	10:00p	...continúa
3:30	4:30	5:30	6:30	10:30	Educando Para La Eternidad (Yolanda S.)
4:00p	5:00p	6:00p	7:00p	11:00p	Respuestas Bíblicas
4:30	5:30	6:30	7:30	11:30	...continúa
5:00p	6:00p	7:00p	8:00p	Sáb	Jesús Es la Esperanza (Alejandro Bullón)
5:30	6:30	7:30	8:30	12:30	...continúa
6:00p	7:00p	8:00p	9:00p	1:00a	Guardianes de la Llama (Allan Lindsay)
6:30	7:30	8:30	9:30	1:30	Sus Palabras de Vida/Volvamos a la Naturaleza
7:00p	8:00p	9:00p	10:00p	2:00a	3ABN Hoy
7:30	8:30	9:30	10:30	2:30	...continúa
8:00p	9:00p	10:00p	11:00p	3:00a	Batallas de Fé (Cesar y Carmen Carmona) ★
8:30	9:30	10:30	11:30	3:30	Maravillosa Creación
9:00p	10:00p	11:00p	Sáb	4:00a	Hay Esperanza (Alejandro Bullón)
9:30	10:30	11:30	12:30	4:30	...continúa
10:00p	11:00p	Sáb	1:00a	5:00a	Salud Total
10:30	11:30	12:30	1:30	5:30	Melodías del Corazón
11:00p	Sáb	1:00a	2:00a	6:00a	3ABN Hoy
11:30	12:30	1:30	2:30	6:30	...continúa

PST	MST	CST	EST	GMT	◀ ELIJA SU ZONA DE TIEMPO
MN	1:00a	2:00a	3:00a	7:00a	3ABN Gravando P
12:30	1:30	2:30	3:30	7:30	Reavivamento '05 (Doug Batchelor) P
1:00a	2:00a	3:00a	4:00a	8:00a	...continúa
1:30	2:30	3:30	4:30	8:30	...continúa
2:00a	3:00a	4:00a	5:00a	9:00a	3ABN Visita
2:30	3:30	4:30	5:30	9:30	El Joven de Hoy
3:00a	4:00a	5:00a	6:00a	10:00a	Descubra - Houston (Frank González) ◀
3:30	4:30	5:30	6:30	10:30	Capilla de Fe
4:00a	5:00a	6:00a	7:00a	11:00a	La Presencia (Shawn Boonstra)
4:30	5:30	6:30	7:30	11:30	...continúa
5:00a	6:00a	7:00a	8:00a	MD	3ABN Visita
5:30	6:30	7:30	8:30	12:30	...continúa
6:00a	7:00a	8:00a	9:00a	1:00p	3ABN Hoy
6:30	7:30	8:30	9:30	1:30	...continúa
7:00a	8:00a	9:00a	10:00a	2:00p	A Los Pies de Jesús
7:30	8:30	9:30	10:30	2:30	Alabanzas Infantiles
8:00a	9:00a	10:00a	11:00a	3:00p	Hora de Alabanza y Adoración
8:30	9:30	10:30	11:30	3:30	...continúa
9:00a	10:00a	11:00a	MD	4:00p	Está Escrito
9:30	10:30	11:30	12:30	4:30	Capilla de Fe
10:00a	11:00a	MD	1:00p	5:00p	Melodías del Corazón
10:30	11:30	12:30	1:30	5:30	La Fe de Jesús (Peru) (Melchor Ferreyra)
11:00a	MD	1:00p	2:00p	6:00p	Hogar Dulce Hogar
11:30	12:30	1:30	2:30	6:30	El Joven de Hoy
MD	1:00p	2:00p	3:00p	7:00p	Alabanzas Infantiles
12:30	1:30	2:30	3:30	7:30	Amiguitos de Jesús
1:00p	2:00p	3:00p	4:00p	8:00p	3ABN Hoy
1:30	2:30	3:30	4:30	8:30	...continúa
2:00p	3:00p	4:00p	5:00p	9:00p	Está Escrito (Bill Santos) P
2:30	3:30	4:30	5:30	9:30	Capela de Fé P
3:00p	4:00p	5:00p	6:00p	10:00p	Espaço Jovem (Gislaine Westphal) P
3:30	4:30	5:30	6:30	10:30	Con Mi Espíritu
4:00p	5:00p	6:00p	7:00p	11:00p	3ABN Visita
4:30	5:30	6:30	7:30	11:30	...continúa
5:00p	6:00p	7:00p	8:00p	Dom	Diez Mandamientos
5:30	6:30	7:30	8:30	12:30	...continúa
6:00p	7:00p	8:00p	9:00p	1:00a	Descubriendo los Misterios de Génesis
6:30	7:30	8:30	9:30	1:30	...continúa (Esteban Bohr)
7:00p	8:00p	9:00p	10:00p	2:00a	3ABN Hoy
7:30	8:30	9:30	10:30	2:30	...continúa
8:00p	9:00p	10:00p	11:00p	3:00a	Volvamos a la Naturaleza/Sus Palabras de Vida
8:30	9:30	10:30	11:30	3:30	La Presencia (Shawn Boonstra)
9:00p	10:00p	11:00p	Dom	4:00a	...continúa
9:30	10:30	11:30	12:30	4:30	A Los Pies de Jesús
10:00p	11:00p	Dom	1:00a	5:00a	Guardianes de la Llama (Allan Lindsay)
10:30	11:30	12:30	1:30	5:30	Volvamos a la Naturaleza/Sus Palabras de Vida
11:00p	Dom	1:00a	2:00a	6:00a	3ABN Hoy
11:30	12:30	1:30	2:30	6:30	...continúa

# THE SAVIOR AT THE SPA

John 5:1-14

by Hal Steenson

**H**e had been there so long, lying beside the legendary pool, along with all the sick and frail. They were waiting around Bethesda's pool for the angel who, according to tradition, stirred the water. He knew his chance of reaching the water before anyone else was almost out of the question. Nevertheless, he had been sick for thirty-eight years and was desperate, despite knowing the facts about the pool. There was only one pool. There would be only one angel to stir the water, and no one knew when it would happen. He was conscious of the fact that he had to be the first person into the water. He had to be the first because there would be only one healing.

His problem was insurmountable because he knew

his affliction would restrain any speedy movement toward the pool. He was dreadfully aware that the other people would not help him into the water, lest they forfeit their own opportunity for healing. Even as he surveyed Bethesda, the supposed source of recovery for him, he was overwhelmed with thoughts of despair.

From his bed of affliction he heard a voice speaking to him. Looking up, he saw someone standing in front of him, looking down with compassionate eyes. What was the man saying to him? Did he say, "Do you want to be made well?"

He responded, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." The stranger spoke again with

authority and declared, "Rise, take up your bed and walk." He didn't know exactly why he reacted so quickly without questioning this man, but he got up anyway. As he got up, immediately he was made whole, took up his bed, and walked!

Rejoicing, he left the pool with his bedroll under his arm, but was soon confronted by the Jews, who told him that it was unlawful to carry his bed on the Sabbath. He answered them, "He who made me well said to me, 'Take up your bed and walk.'" He remembered the question the man had asked him—he remembered what the man had told him to do, and he knew he was healed. He knew he no longer needed the pool; he knew he no longer needed the people's help, and he knew his problem was gone.

He also knew the first thing he was going to do was go to the temple to worship God, because it was the Sabbath, and it had been years since he had been there. This is where he learned that the Savior at the spa was Jesus. He departed, found the Jews, and told them it was Jesus that had made him whole. It was Jesus, not the pool, which healed him of thirty-eight years of infirmity. It was Jesus, not the people, that had helped him.

As he headed toward his home and family, he pondered everything that had happened to him.

He had looked to several different things as his source for healing and help, when all he really needed was this man Jesus, who is the Source of all things. ■



*Hal Steenson pastored for many years before joining 3ABN's pastoral ministries staff.*



# COMING SOON!

Don't miss 3ABN's Ten Commandments Weekend, live from the Arie Crown Theater in Chicago, May 5-6.

**E**xcitement and momentum is building for several fantastic events coming up on our calendar! We hope you've made plans to be with us in Chicago, Illinois, during our Ten Commandments Weekend programming on May 5 and 6. We'll be at

Photo supplied by Arie Crown Theater

## We Need Your Story

by J. D. Quinn



**D**on't you love to hear how God has led someone from darkness into His marvelous light? I love a good salvation story, and I get excited when I see the different ways He works in each life, transforming someone with mixed values and double-mindedness into His own special treasure. I know these stories of God's patience and love are an encouragement to us all, and we want to share some of them with the rest of the world.

At our last 3ABN Books meeting, Dale Galusha and Russ Holt, president and vice president of Pacific Press Publishing, suggested we publish a book of 10 or 12 testimonies from people who have met the Lord through the ministry of 3ABN. We thought it was a great idea, so we're searching for those stories now!

Do you have a great life-changing story that involves 3ABN? Do you know someone who does? I'd love to hear from you!

Please contact me by e-mail at [jd.quinn@3abn.org](mailto:jd.quinn@3abn.org), or call me in the Pastoral Department at 800-752-3226 during regular business hours. Give God the glory by sharing your salvation story with others!

the Arie Crown Theater at McCormick Place, just minutes from downtown Chicago. We're making special arrangements for discounted hotel rates and meal tickets for all of you, so please mark your calendar, and stay tuned for more details soon! This year the Ten Commandments Weekend will be the springboard for a massive evangelistic effort to be held in Chicago. We're working with local churches and laypeople to not only pass out thousands of copies of *Ten Commandments Twice Removed*, but also to invite them to an evangelistic series to be held later this year.

And, of course, we want to see you in southern Illinois for our 3ABN Spring Camp Meeting, to be held May 23-26 right here at the 3ABN Worship Center. If you've never come, then treat yourself to a wonderful spiritual makeover. And if you've been here before, come on back, we miss you! Join 1,500 of your brothers and sisters and experience the power of the Holy Spirit and the personal renewal as we worship together. It's an experience you will not want to miss! ■



## Giving

**I**n addition to regular gifts to 3ABN's ministry, many of you have also helped us grow by arranging both immediate and deferred gifts of your assets.

Did you know that the best instrument for highly appreciated property such as real estate, stocks, and bonds is a Charitable Remainder Unitrust? With it you can avoid capital gains taxes on donated assets, receive attractive rates of interest, avoid probate expenses on donated assets, receive a large charitable deduction, and negotiate to receive either a fixed annual payout or a variable income.

Call our Stewardship and Trusts Services to find out how you can help 3ABN's worldwide ministry through Charitable Gift Annuities and Deferred Charitable Gift Annuities as well. And as always, thank you for your prayers and support!

For more information, contact our Stewardship and Trust Services:

**Dr. Leonard Westphal**  
 PO Box 7148  
 Loma Linda, CA 92354  
 Telephone: 800-886-4800  
 E-mail: [trustservices@3abn.org](mailto:trustservices@3abn.org)

## Video of the Month

Here's your chance to get James and Risë Rafferty's program "Play the Man" on DVD or video cassette. This incredible two-hour *3ABN Today Live* program looks at Jesus as the perfect example of manhood. What can He teach us about the roles of men in relation to the home, the workplace, women, children, and other people? How has Satan tried to distort what it means to be a man in today's society? This program can be yours for a suggested donation of only US\$10 postpaid. Just call us at 800-752-3226 during regular business hours.





Three Angels Broadcasting Network  
PO Box 220  
West Frankfort IL 62896  
618-627-4651

## Coming to Fletcher, NC!

We enjoyed North Carolina so much, we're coming back to Fletcher Academy! We hope to see you at the Leila Patterson Center for an inspiring 3ABN Rally beginning Friday, April 13, at 7:00 p.m. EDT, and all day Sabbath. Visit [3abn.org](http://3abn.org) for more details.

NONPROFIT  
ORGANIZATION  
U.S. POSTAGE  
□□□□  
THREE ANGELS  
BROADCASTING  
NETWORK