

Celebrate 3ABN's
20th Anniversary

The Sky Is the Limit

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New Week of Prayer series
with Doug Batchelor

'04 Revival

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About 3ABN World
 3ABN World is a monthly publication of Three Angels Broadcasting Network. Subscriptions are free.

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Office hours (Central Time):
 Mon–Thu: 8:00 a.m. to 5:30 p.m.
 Fri: 8:00 a.m. to 12:00 noon

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Twenty Years and Counting!

Dear Family,

It’s hard to believe that 3ABN is celebrating its 20th year of broadcasting the undiluted three angels’ messages to the world! And the words the Lord spoke to me this past year are ringing loud and clear — **“You haven’t seen anything yet.”**

When our viewing audience doubled in the month of June, we were astounded. And we continue to stand in amazement as we watch God open whole countries to the gospel.

Have you ever wondered how Matthew 24:14 could be fulfilled? **“And this gospel of the kingdom shall be preached in all the world for a witness unto all nations; and then shall the end come.”** We readily say that we want the end to come, but the precursor for that event is that the gospel of the Kingdom must be preached not just in our nation — but **all the world** must hear the Good News.

God continues to open doors for the gospel to literally go into all the world as a witness unto all nations as 3ABN sends its life-changing signal to satellite from this cornfield in Southern Illinois.

Thank you for your prayers and faithful support of 3ABN over these past 20 years. **And folks, we haven’t seen anything yet!**

God bless you!

Danny Shelton
 President, Three Angels Broadcasting Network

When our viewing audience doubled, we were astounded. And we continue to stand in amazement as we watch God open whole countries to the gospel.



Danny Shelton is the president and founder of 3ABN.

WELCOME

What a month it has been as the Lord keeps pouring out His blessings! In this issue we’ll go back to our beginnings in a tiny transmitter shack with a few black and white television monitors and take a look at 20 years of miracles in **The Sky Is the Limit** (p. 6)! You’ll also enjoy Lynette Lilley’s heartfelt story, **The Long Path Home** (p. 14), and find out how to take part in the **'04 Revival** series with Pastor Doug Batchelor (p. 8). We’ll tell you about a new program called **House Calls** (p. 17), and much more. It’s all right here in this month’s edition of 3ABN World magazine — and remember to share it with a friend!

“I was scanning the channels and found your station. I have been searching for a God that I could understand.”

Norway: “In the name of our Lord and Savior Jesus Christ, please accept my deep and sincere greetings. I live in Norway and it has been just two weeks since I visited a friend and found him watching 3ABN. It has been interesting since then

— I always visit that friend so I can watch the sermons. They are soul-touching and inspiring. You do not know how many souls you are healing through your preaching and prayers, let alone how many souls you are bringing to God. Please continue in the same spirit.”

New Zealand: “I’m writing from a place on top of the South Island of New Zealand, a township called Blemheim, with a population of 45,000. For the past few weeks we have been enjoying 3ABN in the house where I am a boarder, and I think it is about time I send you a letter to express our appreciation

for the marvelous programs we have been enjoying. . . . In fact we have found it terribly difficult to switch off the program at all! There is no doubt that 3ABN has become a real blessing to people all over the globe, and it is heartening to see that in both Australia and New Zealand satellite dishes are appearing on the roofs of many houses! May the Lord be with you always!”

Guatemala: “It gives me great pleasure to be able to extend my greetings to you. We have tuned in to the 3ABN Latino television channel through our cable company, and it has been a blessing, since the programs that are being aired have clarified many doubts that we had concerning the Word of God, and we feel that He made us tune into this channel! May God continue to bless you so that you can continue to transmit to us the Word of God, faithful and true.”

Sacramento, California: “We have been watching

your programs on Channel 27 in Sacramento. We’ve been touched through the Holy Spirit that the Sabbath day shouldn’t be changed, and we are trying to find a local Seventh-day Adventist church in our area. My wife found one close; I’ve yet to attend, but I ask you to pray for us and put us on your mailing list. May God bless and keep you on the air.”

Rochester, New Hampshire: “I was scanning the channels and found your station by chance. I have been searching for a God that I could understand. This channel seems to be it. I will be watching, hoping this is it. I love 3ABN and have been slowly moving toward your vegetarian diet. God bless you, and thanks again.”

Egypt: “Greetings in the name of our beloved Jesus Christ, Son of God, and Savior. I was watching the prophecy seminar by David Asscherick and praise God for the insight and illumina-

tion. I just have a question: What is the Seventh-day Adventist Church? I am from Egypt and we haven’t heard at all about this church. Egypt is a Muslim country, but we will regain it anew to the Lord Jesus, since the evangelist Mark was the first to bring the Good News to the Egyptians. . . . Keep Egypt in your prayers and talk to me more about the Seventh-day Adventist Church.”

Japan: “My wife and I have known about 3ABN for several years, but since we moved to Japan we have not been able to receive it. Last summer we signed up for high-speed Internet service. Then some friends here in Japan introduced us to 3ABN on the Internet. We began watching your programming on our computer. It has been a tremendous blessing to us. Thank you for your ministry, and may God bless you!” ■

Thank you for your comments, suggestions, prayers, and financial support as we seek to reach the world for Jesus Christ!



WRITE TO US!

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Letters and other materials sent to 3ABN may be used in whole or in part, and edited for content, grammar, and readability, unless otherwise requested.

The Sky Is the Limit

After 20 years of miracles, 3ABN's future is brighter than ever!

Danny Shelton will never forget the night of November 15, 1984 — the night when the Lord impressed him to “build a television station that would reach the world with the undiluted three angels’ messages (Revelation 14:6–12)



From this tiny transmitter shack and satellite dish, 3ABN began sending the three angels' messages to the world.

— a station that would counteract the counterfeit.” A carpenter by trade, he could not have imagined that 20 years later the messages of hope and truth would be circling Planet Earth at the speed of

light through a network of seven satellites and the World Wide Web.

As Danny moved forward in faith, the Lord provided for all the needs of His fledgling ministry, and the miracles are still coming 20 years later! From the beginning, Three Angels Broadcasting Network was a family affair. Over the years Danny and Linda Shelton were joined by most of the Shelton family members as they shared in their vision for evangelism. Many times they would gather around the construction site of the new satellite uplink dish being built on donated land, lifting their praise to the Lord as they sang, “We Are Standing on Holy Ground.”

Nothing could compare to the thrill they felt as they

gathered inside the humble shack that housed the transmitter, a tape deck, and a few television monitors. As the signal was sent to satellite for the first time, their local number was displayed on the screen, and within a few minutes they received their first call. The equipment fans were so loud that in order to speak with the caller, the phone had to be taken outside the building!

Today 3ABN’s ministry has grown to include the rapidly growing 3ABN Latino (Spanish and Portuguese) and 3ABN Radio networks, as well as our 3ABN Russian Evangelism Center in Nizhny Novgorod which produces both television and radio programs currently aired on 186 stations and by satellite all over the ex-Soviet Union. In addition, 3ABN Books and 3ABN Music divisions play a vital part of our ministry.

But for all the growth, 3ABN has never lost it’s “down home” touch, or the simple trust in God to meet all of our needs. “One of



Left: 3ABN's first "primitive" Master Control.

Below: Many artists shared their talents on 3ABN's first set.



the greatest lessons we have learned is to ‘Let go and let God,’” says Danny Shelton. “After 20 years and all the growth 3ABN has experienced we still find that God blesses us in spite of us. And as for the future, we don’t expect that this ministry or any other will be around for another 20 years. We pray for the soon return of Jesus Christ. But until then, the future is bright, and as we continue to move forward in ministry, *the sky is the limit!*” ■

Find out more about the miracles of the past 20 years on a special two-hour program called *Mending Broken People - The 3ABN Story*.

It's yours free of charge! Just contact us:

618-627-4651

PO Box 220
West Frankfort,
IL 62896, USA

Please specify
VHS or DVD
when ordering.



3ABN and Amazing Facts are happy to bring you a unique old-fashioned revival designed to prepare



Pastor Doug Batchelor will be the speaker for '04 Revival in November. www.amazingfacts.org

you for Christ's soon return. In a joint effort, the '04 Revival series will be broadcast live from Chattanooga, Tennessee, with Pastor Doug Batchelor, Director and Speaker for Amazing Facts. It will also air in Spanish and Portuguese on 3ABN Latino.

"We are happy to be

working again with Amazing Facts," says 3ABN President Danny Shelton. "We see this as part of what the Lord promised us in the past year — that we 'haven't seen anything yet!'"

"Our series corresponds with the world church's week of prayer and is designed for Christians to gather in homes and churches for 10 days of prayer and spiritual renewal," says Pastor Batchelor. Join us in this "upper room" experience by registering as a host site. Just call 916-434-3880 or visit Amazing Facts' website at www.04revival.com.

You'll be glad you did! ■

DEVOTIONAL

Keys to Answered Prayer

It really is a privilege to work in the Pastoral Ministries Department at 3ABN, praying with the many precious people that call in. God is so kind and good to us and I am so thankful for His mercy and grace. He invites us to come boldly before His throne. As a loving Father, He is longing to hear from us, His children.

As we communicate with God through prayer we become laborers together with Him (1 Corinthians 3:9), cooperating with Him in answering our petitions.

I've found a principle about answered prayer that has been a blessing to me and I know will be a blessing to you, too:

"After we have offered our petitions, we are to answer them ourselves as far as possible, and not wait for God to do for us what we can do for ourselves. The help of God is held in reserve for all who demand it. Divine help is to be combined with

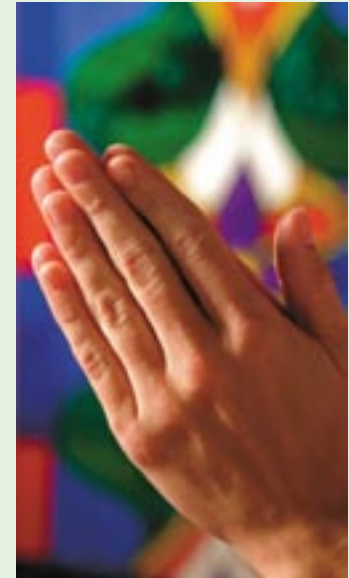
human effort, aspiration, and energy. But we cannot reach the battlements of Heaven without climbing for ourselves. We cannot be borne up by the prayers of others when we ourselves neglect to pray, for God

has made no such provision for us. Not even divine power can lift one soul to Heaven that is unwilling to put forth efforts in his own behalf. The unlovely traits in our characters are not removed, and replaced by traits that are pure and lovely, without some effort on our part."*

Let this little gem change your prayer life.

By Roi Ewing.

*Ellen White, *The Signs of the Times*, August 14, 1884.



Roi Ewing prays with callers to our 3ABN Pastoral Ministries Department.

Crossroads Is a Team Effort

"It's such a blessing to work with the talented hosts of *Crossroads on 3ABN*," says Martha Weber, a production assistant working

heart-touching testimonies, giving unselfishly of their time, and recording their programs from "remote studios" (actually their homes) all over the country.

Richard O'Ffill lives in Florida and is a well-known pastor, speaker, and author of several inspirational books. Greg and Lesa Budd live in Wisconsin and share the awesome power of prayer through seminars across the country. Cheri Peters lives in Idaho and is the founder of True Step Ministries, helping at-risk teens to find Jesus Christ.

"*Crossroads* reaches out to people where they live — in their homes, at work, and in their cars," adds Martha with a smile. "If 3ABN Radio network is not available where you live, you can listen to it on the Internet. Or better yet, call Nikki Anderson at 618-627-4651 at extension 3500 and find out how you can get 3ABN Radio on a station near you!" ■



Angela Lomacang and Martha Weber at the controls.

Listen to *Crossroads* on 3ABN anywhere in the world:

www.3abn.org

on the daily radio program which features guests sharing life's struggles and the strength they've found in Jesus. "It's not uncommon to see Angela Lomacang or me at the audio board, surrounded by crumpled tissues and with tear stained faces as we record the program." And there are good reasons for that. The hosts for *Crossroads* spend many hours each week carefully researching and choosing guests that have

Coming Soon: *La Red 2004*

What a blessing it is to be a part of yet another evangelistic series next month. Be sure to let your Spanish-speaking friends know about the new "Net" series on 3ABN Latino with Pastor Frank Gonzalez from *La Voz De La Esperanza*. It is called *La Red 2004: Descubra (Discover)*, and it will air November 12–20 starting at 7:00 p.m. Central. Please pray for this series!

Month after month we continue to sign new cable agreements by the dozens with companies wishing to carry 3ABN Latino throughout Central and South America. Every day we hear about changed lives and we know that God is surely using this network to bring the hurting and the broken-hearted to the foot of the cross. We believe the Holy Spirit is also moving on the hearts of people here in North America, impressing them to get 3ABN Latino on their local cable systems.

We have also just com-

pleted 14 new *Amiguitos de Jesús* programs that will begin airing this month, featuring a wonderful team of



Pastor Frank Gonzalez will be the speaker for *La Red 2004: Descubra*.

www.lavoz.org

dedicated young people who travel great distances (from as far away as Argentina!) to produce this special series. Their love for Jesus really shines through!

As 3ABN Latino continues to grow, we ask for your prayers for this network. Surely the blessings of God are being poured out in great measure as we go forward, preaching the gospel of Jesus Christ to every nation, kindred, tongue, and people. ■



Sandra Juárez is the program director for 3ABN Television and the production manager for 3ABN Latino.



Tammy Larson is a jib camera operator and artist for 3ABN.

Hi Kids!

This month we've got a great Bible Animal Scramble for you. See if you can find the names of 10 of the most beautiful animals God has created!

And since you know that I love animals, why don't you send me a picture of you with your favorite pet? Send it to Kids Korner, PO Box 220, West Frankfort, IL 62896 USA. I'll feature some in Kids Korner in upcoming months. And remember, Jesus loves you very much!

Your friend, Tammy

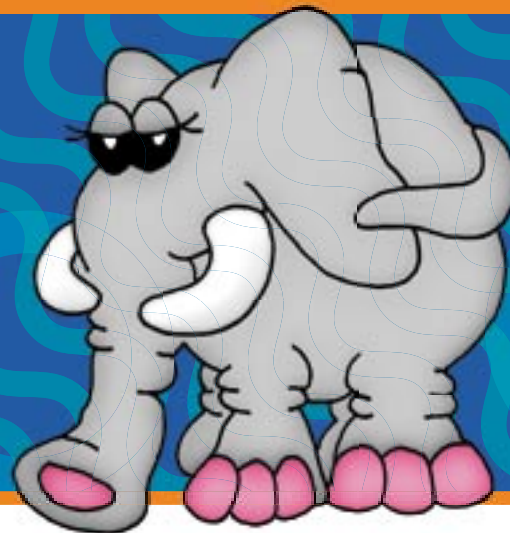
PS: Don't send me your original pictures — only copies, because I can't send them back, OK?

Memory verse

Genesis 1:31: "And God saw every thing that He had made, and, behold, it was very good." (KJV)

Check out this website!

We found a website that has all sorts of cool Bible facts! Check out the animals of the Bible at www.christiananswers.net/dictionary/animals.html



Bible Animal Scramble

Unscramble the names below to spell ten of God's beautiful animals. You'll need a King James Bible if you need to use the hints!

1. neogip _____
2. ragdeb _____
3. arlireatclp _____
4. gorf _____
5. lasni _____
6. tsochri _____
7. ahewl _____
8. prowasr _____
9. gdo _____
10. perohprgsas _____

Hints: ① Genesis 1:5-9; ② Exodus 25:5; ③ Psalm 78:46; ④ Exodus 8:2; ⑤ Leviticus 11:30; ⑥ Job 39:13; ⑦ Genesis 1:21; ⑧ Matthew 10:29; ⑨ Job 30:1; ⑩ Judges 6:5

The Long Path Home

The first fruits of 3ABN's ministry in Australia

“I have loved God as long as I can remember,” says Lynette, a lovely lady from Bunbury, Western Australia’s second largest city, located along the coast two hours south of Perth. She didn’t grow up in a Christian home, but when she was 11 years old she met a lady who was a Seventh-day Adventist Christian. “I just had this overwhelming admiration and love for her. I didn’t really understand it all, but I realized she loved God like I did.”

Lynette’s home was quite dysfunctional, and she felt rejected and alone. “For many years I talked to God as I looked out my bedroom window and saw the stars, just hoping that He cared.

I never forgot that Christian lady I had met,” she said.

She married Doug Lilley and was 27 years old when her prayers resulted in a knock at the door. It was a Pentecostal woman she didn’t know very well, but that day she led Lynette to Christ! The couple began attending church and learned a lot about Jesus, “but as the years passed we became more and more disillusioned,” she said. “After 24 years I’d had enough. My church had changed so much from what it had been when we first started attending, and we stopped going to church.” But the Lord didn’t give up.

Lynette discovered that she had a Jewish background and began attending a Messianic Sabbath-keeping congregation. “God showed us the Sabbath truth and I



Lynette and Doug Lilley have found a loving family at the Bunbury Seventh-day Adventist Church in Western Australia.

“He preached using only the Scriptures, and we couldn’t argue with that.”

was wondering what other truths I didn’t know,” she explained. Meanwhile she saw an ad for a video series on TV entitled *The Search* with Geoff Youlden. This series was produced with the secular Australian culture in mind, and when she called for it, a local church member brought her a tape each week. As they watched, the Holy Spirit moved on their hearts. “I thank God for Bill Hardy’s faithfulness,” Lynette said, adding that when the series was over he began to bring tapes by Pastor Doug Batchelor of Amazing Facts.

“I can remember say-

ing to my husband ‘I don’t think I am going to agree with him tonight because of the program title on the tape.’ But,” she added, “he preached using only the Scriptures, and we couldn’t argue with that.”

Bill brought them tapes from Pastor Kenneth Cox next, and when Pastor Geoff Youlden came to Bunbury for an evangelistic series, they decided to attend. There they met 3ABN Australia’s John Malkiewicz who explained how they could have Christ-centered programming in their home 24 hours a day!

Lynette and Doug were

House Calls – The Pastor Is In!

This month we'll begin broadcasting a brand new "live" program which will provide direct access to pastors, doctors, and health experts for questions from our television audience. Initially Pastor John Lomacang will host a Bible question program on Mondays, but soon we hope to expand to every weekday at 9:00 a.m. Central Time, adding other hosts and health experts as well.

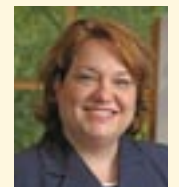
House Calls will feature a "virtual set" using technology that allows our graphic artists to design realistic-looking, computer-generated sets behind our guests, using nothing more than a plain green wall. The reasons for this shift in direction are many. Over time, our sets become worn and occasionally damaged by repeated construction and dismantling. "Virtual sets" allow us to bring you a wider variety of programs by putting up a set literally with the push



Virtual sets allow 3ABN to produce more program with minimal setup time.

of a button. This avoids a day or so of setting up and striking sets each time we switch programs, as well as decreasing set production costs and eliminating storage problems.

3ABN Producer, Crystal Dagner, is excited about the program. "*House Calls* will not only allow for full viewer interaction, but will also bring to life a new production standard through virtual sets. We are working hard to get more variety on the air, and virtual sets make it possible. I think most viewers will have a hard time figuring out which sets are real," she adds with a smile. We praise the Lord for new technology that helps us stretch the reach of the gospel even more! ■



Crystal Dagner produces House Calls and is involved in developing new television programs.



John Malkiewicz grabs a little liquid refreshment on a hot day. He's perched on top of "Kermit the Land Rover" (it's not easy being green), loaded with satellite dishes!



John and Rosemary Malkiewicz travel extensively throughout Australia and New Zealand promoting 3ABN, and contributed extensively to this story.

interested and in October 2003 two local church members installed their satellite system. Soon they were learning new Bible truths.

"We had to unlearn errors

and relearn what the Scriptures really say. Everything began to make sense, and all my questions were answered." The Lord continued to work on both of them, and soon they made a decision to be baptized and join the Bunbury Seventh-day Adventist Church.

"It has been painful to think we faithfully loved Jesus but were deceived in what we were being taught," Lynette said. "But our prayer now is that we can help others to see God's truth, especially the keeping of all the Ten Commandments of God."

"And, oh yes!" she added as her face lit up, "I found that beautiful Christian lady

who never knew the impact she had on me as a child! She is Ivy North, now Mrs. Laird, and she lives just down the coast at Busselton."

On a recent Sabbath, two of the "first fruits" of 3ABN's ministry in Australia were baptized, and Ivy sat in the congregation beaming. Then Lynette stood up in front of her new family. "As my husband Doug says, we have been on a long path to come home — but we are here now."

We thank God for Ivy, who shared her love for Jesus, for John and Rosemary's dedicated service to 3ABN, and for Bill who faithfully brought them videotapes. And perhaps it's not so strange that when the Lilley's had 3ABN installed in their home, they in turn helped to pay for a satellite system for Bill and his wife, who could not afford one at the time.

"Freely ye have received, freely give." Matthew 10:8. ■

Visit 3ABN Australia:
www.3abnaustralia.org.au

SCHEDULES

The following schedules provide a general overview of the weekly program lineup. Special events that may preempt the regularly scheduled programming are not included in the listings. Check out the “Programming” section of our website, www.3abn.org, for more detailed weekly schedules and program changes.

United States Time Zones: PT = Pacific (UTC-8); MT = Mountain (UTC-7); CT = Central (UTC-6); ET = Eastern (UTC-5). During Daylight Saving Time (DST), all hours reflect DST hours. If you live where DST is not observed, you will need to subtract one hour from the times listed during months when DST is in effect.

3ABN Today Live

October 2004



DR. HANS DIEHL is the founder and lecturer for the Coronary Health Improvement Project, a four-week lifestyle education program with thousands of graduates worldwide.

Dr. Diehl will be our guest on *3ABN Today Live*, October 7 at 8:00 p.m. CDT, and will address obesity, heart disease, hypertension, and more. Don't miss this “live” program!

▼ Date ▼ Guest/Topic Time: Thursday at 8:00 PM Central; repeat Friday at 1:00 AM Central

10/7	Dr. Hans Diehl, Coronary Health Improvement Project
10/14	“Behind the Scenes at 3ABN”
10/21	Mike Ryan, “Global Mission”
10/28	Halloween Special: Dangers of Spiritualism

Special programs coming up . . .

9/30–10/2:	3ABN Fall Camp Meeting LIVE Thu 8:00p CDT; Fri 7:00p CDT; Sat 9:30a, 11:00a, 7:00p CDT
10/2–10/30:	Experience the Power LIVE with Walter Pearson Sun, Tue–Wed, Fri–Sat 6:00p CDT ■ (On Sat 10/2, opening night only: 9:00p CDT — time delayed)

3ABN TELEVISION : OCTOBER : SUNDAY

PT	MT	CT	ET	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	Windows of Hope
12:30	1:30	2:30	3:30	Homeschool of Health
1:00a	2:00a	3:00a	4:00a	Melody From My Heart
1:30	2:30	3:30	4:30	Faith Chapel
2:00a	3:00a	4:00a	5:00a	The Revelation of Jesus Christ
2:30	3:30	4:30	5:30	...continued
3:00a	4:00a	5:00a	6:00a	3ABN On the Road
3:30	4:30	5:30	6:30	...continued
4:00a	5:00a	6:00a	7:00a	Marriage Matters
4:30	5:30	6:30	7:30	Christian Concerns
5:00a	6:00a	7:00a	8:00a	Kids Time Praise
5:30	6:30	7:30	8:30	Janice's Attic
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	Digging Up the Past
7:30	8:30	9:30	10:30	Voice of Prophecy
8:00a	9:00a	10:00a	11:00a	Worship Hour
8:30	9:30	10:30	11:30	...continued
9:00a	10:00a	11:00a	Noon	The Revelation of Jesus Christ
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	Melody From My Heart
10:30	11:30	12:30	1:30	World Prophecy News/Health Headlines
11:00a	Noon	1:00p	2:00p	Abundant Living
11:30	12:30	1:30	2:30	Left Behind: Fact or Fiction?
Noon	1:00p	2:00p	3:00p	Faith Chapel
12:30	1:30	2:30	3:30	Back to Nature/Rags to Riches
1:00p	2:00p	3:00p	4:00p	3ABN Today LIVE (repeat)
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	...continued
2:30	3:30	4:30	5:30	...continued
3:00p	4:00p	5:00p	6:00p	The Carter Report
3:30	4:30	5:30	6:30	...continued
4:00p	5:00p	6:00p	7:00p	Experience the Power (Net 2004)
4:30	5:30	6:30	7:30	...continued
5:00p	6:00p	7:00p	8:00p	...continued
5:30	6:30	7:30	8:30	Adventures in Missions
6:00p	7:00p	8:00p	9:00p	Christian Concerns
6:30	7:30	8:30	9:30	Food for Thought
7:00p	8:00p	9:00p	10:00p	3ABN Today
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	Wonderfully Made
8:30	9:30	10:30	11:30	Melody From My Heart
9:00p	10:00p	11:00p	Mon	The Revelation of Jesus Christ
9:30	10:30	11:30	12:30	...continued
10:00p	11:00p	Mon	1:00a	Christian Concerns
10:30	11:30	12:30	1:30	Global Mission Frontline
11:00p	Mon	1:00a	2:00a	3ABN Today
11:30	12:30	1:30	2:30	...continued

3ABN TELEVISION : OCTOBER : **MONDAY**

PT	MT	CT	ET	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	Tiny Tots for Jesus
12:30	1:30	2:30	3:30	Kids Time
1:00a	2:00a	3:00a	4:00a	Janice's Attic
1:30	2:30	3:30	4:30	Adventures in Missions
2:00a	3:00a	4:00a	5:00a	Amazing Discoveries
2:30	3:30	4:30	5:30	...continued
3:00a	4:00a	5:00a	6:00a	Dynamics in the Science of Prayer
3:30	4:30	5:30	6:30	Thinking About Home
4:00a	5:00a	6:00a	7:00a	Body & Spirit
4:30	5:30	6:30	7:30	Christian Concerns
5:00a	6:00a	7:00a	8:00a	By My Spirit
5:30	6:30	7:30	8:30	Faith Chapel
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	House Calls (live)
7:30	8:30	9:30	10:30	...continued
8:00a	9:00a	10:00a	11:00a	Left Behind: Fact or Fiction?
8:30	9:30	10:30	11:30	Food for Thought
9:00a	10:00a	11:00a	Noon	Amazing Discoveries
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	Melody From My Heart
10:30	11:30	12:30	1:30	Issues & Answers
11:00a	Noon	1:00p	2:00p	Breath of Life
11:30	12:30	1:30	2:30	Cooking by the Book
Noon	1:00p	2:00p	3:00p	Body & Spirit
12:30	1:30	2:30	3:30	Teen Pathways
1:00p	2:00p	3:00p	4:00p	3ABN Today
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	Tiny Tots for Jesus
2:30	3:30	4:30	5:30	Kids Time
3:00p	4:00p	5:00p	6:00p	Janice's Attic
3:30	4:30	5:30	6:30	Faith Chapel
4:00p	5:00p	6:00p	7:00p	Laymen Ministries
4:30	5:30	6:30	7:30	Bible Answers
5:00p	6:00p	7:00p	8:00p	House Calls (repeat)
5:30	6:30	7:30	8:30	...continued
6:00p	7:00p	8:00p	9:00p	Christian Concerns
6:30	7:30	8:30	9:30	Windows of Hope
7:00p	8:00p	9:00p	10:00p	3ABN Today
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	The Carter Report
8:30	9:30	10:30	11:30	...continued
9:00p	10:00p	11:00p	Tue	Amazing Discoveries
9:30	10:30	11:30	12:30	...continued
10:00p	11:00p	Tue	1:00a	Christian Concerns
10:30	11:30	12:30	1:30	Genesis to Revelation Seminar
11:00p	Tue	1:00a	2:00a	3ABN Today
11:30	12:30	1:30	2:30	...continued

3ABN TELEVISION : OCTOBER : **TUESDAY**

PT	MT	CT	ET	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	Kids Time Praise
12:30	1:30	2:30	3:30	Kids Time
1:00a	2:00a	3:00a	4:00a	By My Spirit
1:30	2:30	3:30	4:30	Health for a Lifetime
2:00a	3:00a	4:00a	5:00a	Revelation Insights
2:30	3:30	4:30	5:30	...continued
3:00a	4:00a	5:00a	6:00a	Homeschool of Health
3:30	4:30	5:30	6:30	Help Yourself to Health
4:00a	5:00a	6:00a	7:00a	Body & Spirit
4:30	5:30	6:30	7:30	Christian Concerns
5:00a	6:00a	7:00a	8:00a	Abundant Living
5:30	6:30	7:30	8:30	Faith Chapel
6:00a	7:00a	8:00a	9:00a	3ABN Today LIVE (repeat)
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	...continued
7:30	8:30	9:30	10:30	...continued
8:00a	9:00a	10:00a	11:00a	Rags to Riches/Health Headlines
8:30	9:30	10:30	11:30	Breath of Life
9:00a	10:00a	11:00a	Noon	Revelation Insights
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	Melody From My Heart
10:30	11:30	12:30	1:30	Christian Concerns
11:00a	Noon	1:00p	2:00p	Help Yourself to Health
11:30	12:30	1:30	2:30	His Words Are Life/Back to Nature
Noon	1:00p	2:00p	3:00p	Body & Spirit
12:30	1:30	2:30	3:30	Teen Pathways
1:00p	2:00p	3:00p	4:00p	3ABN Today
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	Kids Time Praise
2:30	3:30	4:30	5:30	Kids Time
3:00p	4:00p	5:00p	6:00p	Wonderfully Made
3:30	4:30	5:30	6:30	Exalting His Word
4:00p	5:00p	6:00p	7:00p	Experience the Power (Net 2004)
4:30	5:30	6:30	7:30	...continued
5:00p	6:00p	7:00p	8:00p	...continued
5:30	6:30	7:30	8:30	Lift Him Up
6:00p	7:00p	8:00p	9:00p	Help Yourself to Health
6:30	7:30	8:30	9:30	Global Mission Frontline
7:00p	8:00p	9:00p	10:00p	3ABN Today
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	Rags to Riches/Back to Nature
8:30	9:30	10:30	11:30	Melody From My Heart
9:00p	10:00p	11:00p	Wed	Revelation Insights
9:30	10:30	11:30	12:30	...continued
10:00p	11:00p	Wed	1:00a	Christian Concerns
10:30	11:30	12:30	1:30	Lift Him Up
11:00p	Wed	1:00a	2:00a	3ABN Today
11:30	12:30	1:30	2:30	...continued

3ABN TELEVISION : OCTOBER : WEDNESDAY

PT	MT	CT	ET	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	Tiny Tots for Jesus
12:30	1:30	2:30	3:30	Kids Time
1:00a	2:00a	3:00a	4:00a	Janice's Attic
1:30	2:30	3:30	4:30	Melody From My Heart
2:00a	3:00a	4:00a	5:00a	Amazing Discoveries
2:30	3:30	4:30	5:30	...continued
3:00a	4:00a	5:00a	6:00a	Back to Nature/His Words Are Life
3:30	4:30	5:30	6:30	Teen Pathways
4:00a	5:00a	6:00a	7:00a	Body & Spirit
4:30	5:30	6:30	7:30	Bible Answers
5:00a	6:00a	7:00a	8:00a	Marriage Matters
5:30	6:30	7:30	8:30	Laymen Ministries
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	Adventures in Peace and Happiness
7:30	8:30	9:30	10:30	3ABN On Location
8:00a	9:00a	10:00a	11:00a	...continued
8:30	9:30	10:30	11:30	Voice of Prophecy
9:00a	10:00a	11:00a	Noon	Amazing Discoveries
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	Melody From My Heart
10:30	11:30	12:30	1:30	Christian Concerns
11:00a	Noon	1:00p	2:00p	3ABN On the Road
11:30	12:30	1:30	2:30	...continued
Noon	1:00p	2:00p	3:00p	Body & Spirit
12:30	1:30	2:30	3:30	Thinking About Home
1:00p	2:00p	3:00p	4:00p	3ABN Today
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	Tiny Tots for Jesus
2:30	3:30	4:30	5:30	Kids Time
3:00p	4:00p	5:00p	6:00p	Janice's Attic
3:30	4:30	5:30	6:30	Teen Pathways
4:00p	5:00p	6:00p	7:00p	Experience the Power (Net 2004)
4:30	5:30	6:30	7:30	...continued
5:00p	6:00p	7:00p	8:00p	...continued
5:30	6:30	7:30	8:30	Health for a Lifetime
6:00p	7:00p	8:00p	9:00p	It Is Written
6:30	7:30	8:30	9:30	World Prophecy News/Rags to Riches
7:00p	8:00p	9:00p	10:00p	3ABN Today
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	Everlasting Gospel
8:30	9:30	10:30	11:30	...continued
9:00p	10:00p	11:00p	Thu	Amazing Discoveries
9:30	10:30	11:30	12:30	...continued
10:00p	11:00p	Thu	1:00a	Christian Concerns
10:30	11:30	12:30	1:30	Health for a Lifetime
11:00p	Thu	1:00a	2:00a	3ABN Today
11:30	12:30	1:30	2:30	...continued

3ABN TELEVISION : OCTOBER : THURSDAY

PT	MT	CT	ET	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	Kids Time Praise
12:30	1:30	2:30	3:30	Kids Time
1:00a	2:00a	3:00a	4:00a	3ABN On Location
1:30	2:30	3:30	4:30	...continued
2:00a	3:00a	4:00a	5:00a	Revelation Insights
2:30	3:30	4:30	5:30	...continued
3:00a	4:00a	5:00a	6:00a	Issues & Answers
3:30	4:30	5:30	6:30	Help Yourself to Health
4:00a	5:00a	6:00a	7:00a	Body & Spirit
4:30	5:30	6:30	7:30	Christian Concerns
5:00a	6:00a	7:00a	8:00a	Variety
5:30	6:30	7:30	8:30	Faith Chapel
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	Digging Up the Past
7:30	8:30	9:30	10:30	His Words Are Life/Health Headlines
8:00a	9:00a	10:00a	11:00a	ASI Video Magazine
8:30	9:30	10:30	11:30	Homeschool of Health
9:00a	10:00a	11:00a	Noon	Revelation Insights
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	Melody From My Heart
10:30	11:30	12:30	1:30	Issues & Answers
11:00a	Noon	1:00p	2:00p	Lift Him Up
11:30	12:30	1:30	2:30	Wonderfully Made
Noon	1:00p	2:00p	3:00p	Body & Spirit
12:30	1:30	2:30	3:30	Food for Thought
1:00p	2:00p	3:00p	4:00p	3ABN Today
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	Kids Time Praise
2:30	3:30	4:30	5:30	Kids Time
3:00p	4:00p	5:00p	6:00p	Digging Up the Past
3:30	4:30	5:30	6:30	Health Headlines/Back to Nature
4:00p	5:00p	6:00p	7:00p	The Carter Report
4:30	5:30	6:30	7:30	...continued
5:00p	6:00p	7:00p	8:00p	Sacramento Central Sabbath School
5:30	6:30	7:30	8:30	...continued
6:00p	7:00p	8:00p	9:00p	3ABN Today LIVE
6:30	7:30	8:30	9:30	...continued
7:00p	8:00p	9:00p	10:00p	...continued
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	Marriage Matters
8:30	9:30	10:30	11:30	Melody From My Heart
9:00p	10:00p	11:00p	Fri	Revelation Insights
9:30	10:30	11:30	12:30	...continued
10:00p	11:00p	Fri	1:00a	Christian Concerns
10:30	11:30	12:30	1:30	Abundant Living
11:00p	Fri	1:00a	2:00a	3ABN Today LIVE (repeat)
11:30	12:30	1:30	2:30	...continued

3ABN TELEVISION : OCTOBER : FRIDAY

PT	MT	CT	ET	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	3ABN Today LIVE (cont.)
12:30	1:30	2:30	3:30	...continued
1:00a	2:00a	3:00a	4:00a	Sacramento Central Sabbath School
1:30	2:30	3:30	4:30	...continued
2:00a	3:00a	4:00a	5:00a	The Revelation of Jesus Christ
2:30	3:30	4:30	5:30	...continued
3:00a	4:00a	5:00a	6:00a	3ABN On the Road
3:30	4:30	5:30	6:30	...continued
4:00a	5:00a	6:00a	7:00a	Body & Spirit
4:30	5:30	6:30	7:30	Melody From My Heart
5:00a	6:00a	7:00a	8:00a	By My Spirit
5:30	6:30	7:30	8:30	Faith Chapel
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	Teen Pathways
7:30	8:30	9:30	10:30	Breath of Life
8:00a	9:00a	10:00a	11:00a	Adventures in Peace and Happiness
8:30	9:30	10:30	11:30	Genesis to Revelation Seminar
9:00a	10:00a	11:00a	Noon	The Revelation of Jesus Christ
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	Melody From My Heart
10:30	11:30	12:30	1:30	Christian Concerns
11:00a	Noon	1:00p	2:00p	Wonderfully Made
11:30	12:30	1:30	2:30	By My Spirit
Noon	1:00p	2:00p	3:00p	Windows of Hope
12:30	1:30	2:30	3:30	Dynamics in the Science of Prayer
1:00p	2:00p	3:00p	4:00p	3ABN Today
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	Tiny Tots for Jesus
2:30	3:30	4:30	5:30	Kids Time
3:00p	4:00p	5:00p	6:00p	Janice's Attic
3:30	4:30	5:30	6:30	Variety
4:00p	5:00p	6:00p	7:00p	Experience the Power (Net 2004)
4:30	5:30	6:30	7:30	...continued
5:00p	6:00p	7:00p	8:00p	...continued
5:30	6:30	7:30	8:30	Faith Chapel
6:00p	7:00p	8:00p	9:00p	It Is Written
6:30	7:30	8:30	9:30	Teen Pathways
7:00p	8:00p	9:00p	10:00p	3ABN Today
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	By My Spirit
8:30	9:30	10:30	11:30	Melody From My Heart
9:00p	10:00p	11:00p	Sat	The Revelation of Jesus Christ
9:30	10:30	11:30	12:30	...continued
10:00p	11:00p	Sat	1:00a	Sacramento Central Sabbath School
10:30	11:30	12:30	1:30	...continued
11:00p	Sat	1:00a	2:00a	3ABN Today
11:30	12:30	1:30	2:30	...continued

3ABN TELEVISION : OCTOBER : SATURDAY

PT	MT	CT	ET	◀ CHOOSE YOUR TIME ZONE
Midnt	1:00a	2:00a	3:00a	Bible Answers
12:30	1:30	2:30	3:30	Breath of Life
1:00a	2:00a	3:00a	4:00a	Melody From My Heart
1:30	2:30	3:30	4:30	Issues & Answers
2:00a	3:00a	4:00a	5:00a	The Revelation of Jesus Christ
2:30	3:30	4:30	5:30	...continued
3:00a	4:00a	5:00a	6:00a	3ABN On the Road
3:30	4:30	5:30	6:30	...continued
4:00a	5:00a	6:00a	7:00a	Exalting His Word
4:30	5:30	6:30	7:30	Faith Chapel
5:00a	6:00a	7:00a	8:00a	Tiny Tots for Jesus
5:30	6:30	7:30	8:30	Kids Time
6:00a	7:00a	8:00a	9:00a	3ABN Today
6:30	7:30	8:30	9:30	...continued
7:00a	8:00a	9:00a	10:00a	Sacramento Central Sabbath School
7:30	8:30	9:30	10:30	...continued
8:00a	9:00a	10:00a	11:00a	SDA Worship Hour
8:30	9:30	10:30	11:30	...continued
9:00a	10:00a	11:00a	Noon	The Revelation of Jesus Christ
9:30	10:30	11:30	12:30	...continued
10:00a	11:00a	Noon	1:00p	Melody From My Heart
10:30	11:30	12:30	1:30	Lift Him Up
11:00a	Noon	1:00p	2:00p	Global Mission Frontline
11:30	12:30	1:30	2:30	Exalting His Word
Noon	1:00p	2:00p	3:00p	Marriage Matters
12:30	1:30	2:30	3:30	Laymen Ministries
1:00p	2:00p	3:00p	4:00p	3ABN Today
1:30	2:30	3:30	4:30	...continued
2:00p	3:00p	4:00p	5:00p	3ABN On Location
2:30	3:30	4:30	5:30	...continued
3:00p	4:00p	5:00p	6:00p	Kids Time Praise
3:30	4:30	5:30	6:30	Tiny Tots for Jesus
4:00p	5:00p	6:00p	7:00p	Experience the Power (Net 2004)
4:30	5:30	6:30	7:30	...continued
5:00p	6:00p	7:00p	8:00p	...continued
5:30	6:30	7:30	8:30	His Words Are Life/Rags to Riches
6:00p	7:00p	8:00p	9:00p	It Is Written
6:30	7:30	8:30	9:30	Homeschool of Health
7:00p	8:00p	9:00p	10:00p	3ABN Today
7:30	8:30	9:30	10:30	...continued
8:00p	9:00p	10:00p	11:00p	Wonderfully Made
8:30	9:30	10:30	11:30	Melody From My Heart
9:00p	10:00p	11:00p	Sun	The Revelation of Jesus Christ
9:30	10:30	11:30	12:30	...continued
10:00p	11:00p	Sun	1:00a	Christian Concerns
10:30	11:30	12:30	1:30	Bible Answers
11:00p	Sun	1:00a	2:00a	3ABN Today
11:30	12:30	1:30	2:30	...continued



TUNE IN ONLINE!

You can enjoy the full lineup of 3ABN Radio programs 24 hours a day! Visit our website, www.3abn.org, and follow the links to our online streaming broadcasts. And remember to tell your friends and family all about it!



Jay Christian hosts *Musical Meditations* daily on 3ABN Radio, featuring musical favorites selected from hymns and gospel, country, and contemporary artists. Jay's health tips, Bible questions and answers, and his personal touch have made *Musical Meditations* a favorite among our listeners!

CT	SUNDAY
2:00a	Dimensions in Prophecy
2:30	...continued
3:00a	Christian Concerns
3:30	Genesis to Revelation Seminar
4:00a	Musical Meditations
4:30	...continued
5:00a	...continued
5:30	...continued
6:00a	Freedom's Ring/Rags to Riches
6:30	Abundant Living/Growing in Grace
7:00a	Your Story Hour
7:30	Bible Answers
8:00a	3ABN Today
8:30	...continued
9:00a	Doorways/ The StoryHouse
9:30	Janice's Attic
10:00a	Sabbath School
10:30	...continued
11:00a	Worship Hour
11:30	...continued
Noon	Thinking About Home
12:30	Christian Concerns
1:00p	Dimensions in Prophecy
1:30	...continued
2:00p	Your Story Hour
2:30	Power Up for Life
3:00p	3ABN Today LIVE (repeat)
3:30	...continued
4:00p	...continued
4:30	...continued
5:00p	Musical Meditations
5:30	...continued
6:00p	...continued
6:30	...continued
7:00p	Genesis to Revelation Seminar
7:30	Abundant Living/Growing in Grace
8:00p	3ABN Today
8:30	...continued
9:00p	Bible Answers LIVE
9:30	...continued
10:00p	Dimensions in Prophecy
10:30	...continued
11:00p	Endtime Insights/Doorways
11:30	Freedom's Ring/Rags to Riches
Mon	Revelation Insights
12:30	...continued
1:00a	3ABN Today
1:30	...continued

CT	MONDAY
2:00a	Health for a Lifetime
2:30	His Words Are Life/Endtime Insights
3:00a	Marriage Matters
3:30	Issues & Answers
4:00a	Musical Meditations
4:30	...continued
5:00a	...continued
5:30	...continued
6:00a	Help Yourself to Health
6:30	Christian Concerns
7:00a	Your Family Health/Taste of Health
7:30	Between the Lines
8:00a	3ABN Today
8:30	...continued
9:00a	Crossroads on 3ABN Radio
9:30	...continued
10:00a	When God's People Pray
10:30	Homeschool of Health
11:00a	3ABN On the Road
11:30	...continued
Noon	Your Story Hour
12:30	Marriage Matters
1:00p	Health for a Lifetime
1:30	His Words Are Life/Endtime Insights
2:00p	Kids Time
2:30	Issues & Answers
3:00p	Wonderfully Made
3:30	It Is Written
4:00p	Revelation Insights
4:30	...continued
5:00p	Musical Meditations
5:30	...continued
6:00p	...continued
6:30	...continued
7:00p	Between the Lines
7:30	Health Headlines/Doorways
8:00p	Help Yourself to Health
8:30	Breath of Life
9:00p	3ABN Today
9:30	...continued
10:00p	Your Story Hour
10:30	It Is Written
11:00p	Crossroads on 3ABN Radio
11:30	...continued
Tue	Revelation Insights
12:30	...continued
1:00a	3ABN Today
1:30	...continued

CT	TUESDAY
2:00a	Bible Answers LIVE (repeat)
2:30	...continued
3:00a	Marriage Matters
3:30	Issues & Answers
4:00a	Musical Meditations
4:30	...continued
5:00a	...continued
5:30	...continued
6:00a	Help Yourself to Health
6:30	Freedom's Ring/Rags to Riches
7:00a	Thinking About Home
7:30	Between the Lines
8:00a	3ABN Today
8:30	...continued
9:00a	Crossroads on 3ABN Radio
9:30	...continued
10:00a	Abundant Living/Growing in Grace
10:30	Homeschool of Health
11:00a	3ABN On the Road
11:30	...continued
Noon	Your Story Hour
12:30	Marriage Matters
1:00p	Melody From My Heart
1:30	By My Spirit
2:00p	Kids Time
2:30	Issues & Answers
3:00p	Wonderfully Made
3:30	It Is Written
4:00p	Revelation Insights
4:30	...continued
5:00p	Musical Meditations
5:30	...continued
6:00p	...continued
6:30	...continued
7:00p	Between the Lines
7:30	Thinking About Home
8:00p	Help Yourself to Health
8:30	You Ask, God Answers
9:00p	3ABN Today
9:30	...continued
10:00p	Your Story Hour
10:30	It Is Written
11:00p	Crossroads on 3ABN Radio
11:30	...continued
Wed	Revelation Insights
12:30	...continued
1:00a	3ABN Today
1:30	...continued

CT	WEDNESDAY	CT	THURSDAY
2:00a	Health for a Lifetime	2:00a	Health for a Lifetime
2:30	His Words Are Life/Endtime Insights	2:30	His Words Are Life/Endtime Insights
3:00a	Marriage Matters	3:00a	Marriage Matters
3:30	Issues & Answers	3:30	Issues & Answers
4:00a	Musical Meditations	4:00a	Musical Meditations
4:30	...continued	4:30	...continued
5:00a	...continued	5:00a	...continued
5:30	...continued	5:30	...continued
6:00a	Help Yourself to Health	6:00a	Help Yourself to Health
6:30	Christian Concerns	6:30	Doorways/Rags to Riches
7:00a	Your Family Health/Taste of Health	7:00a	Thinking About Home
7:30	Between the Lines	7:30	Between the Lines
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio	9:00a	Crossroads on 3ABN Radio
9:30	...continued	9:30	...continued
10:00a	When God's People Pray	10:00a	Abundant Living/Growing in Grace
10:30	Homeschool of Health	10:30	Homeschool of Health
11:00a	3ABN On the Road	11:00a	3ABN On the Road
11:30	...continued	11:30	...continued
Noon	Your Story Hour	Noon	Your Story Hour
12:30	Marriage Matters	12:30	Marriage Matters
1:00p	Health for a Lifetime	1:00p	Melody From My Heart
1:30	His Words Are Life/Endtime Insights	1:30	By My Spirit
2:00p	Kids Time	2:00p	Kids Time
2:30	Issues & Answers	2:30	Issues & Answers
3:00p	Wonderfully Made	3:00p	Wonderfully Made
3:30	It Is Written	3:30	It Is Written
4:00p	Revelation Insights	4:00p	Revelation Insights
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	...continued	6:00p	...continued
6:30	...continued	6:30	...continued
7:00p	Between the Lines	7:00p	Between the Lines
7:30	Health Headlines /Freedom's Ring	7:30	Thinking About Home
8:00p	Help Yourself to Health	8:00p	3ABN Today LIVE
8:30	Breath of Life	8:30	...continued
9:00p	3ABN Today	9:00p	...continued
9:30	...continued	9:30	...continued
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	It Is Written	10:30	It Is Written
11:00p	Crossroads on 3ABN Radio	11:00p	Crossroads on 3ABN Radio
11:30	...continued	11:30	...continued
Thu	Revelation Insights	Fri	Revelation Insights
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today LIVE (repeat)
1:30	...continued	1:30	...continued

CT	FRIDAY	CT	SATURDAY
2:00a	3ABN Today LIVE (cont.)	2:00a	Dimensions in Prophecy
2:30	...continued	2:30	...continued
3:00a	Marriage Matters	3:00a	Thinking About Home
3:30	Issues & Answers	3:30	Genesis to Revelation Seminar
4:00a	Musical Meditations	4:00a	Musical Meditations
4:30	...continued	4:30	...continued
5:00a	...continued	5:00a	...continued
5:30	...continued	5:30	...continued
6:00a	Help Yourself to Health	6:00a	Rags to Riches/Growing in Grace
6:30	More Abundant Life	6:30	More Abundant Life
7:00a	Your Family Health/Taste of Health	7:00a	Your Story Hour
7:30	Between the Lines	7:30	Bible Answers
8:00a	3ABN Today	8:00a	3ABN Today
8:30	...continued	8:30	...continued
9:00a	Crossroads on 3ABN Radio	9:00a	Doorways/His Words Are Life
9:30	...continued	9:30	Janice's Attic
10:00a	When God's People Pray	10:00a	Sabbath School
10:30	Homeschool of Health	10:30	...continued
11:00a	3ABN On the Road	11:00a	Worship Hour
11:30	...continued	11:30	...continued
Noon	Your Story Hour	Noon	Thinking About Home
12:30	Marriage Matters	12:30	By My Spirit
1:00p	Health for a Lifetime	1:00p	3ABN On the Road
1:30	His Words Are Life/Endtime Insights	1:30	...continued
2:00p	Kids Time	2:00p	Melody From My Heart
2:30	Issues & Answers	2:30	A New Revelation
3:00p	Wonderfully Made	3:00p	Breath of Life
3:30	You Ask, God Answers	3:30	When God's People Pray
4:00p	Revelation Insights	4:00p	Dimensions in Prophecy
4:30	...continued	4:30	...continued
5:00p	Musical Meditations	5:00p	Musical Meditations
5:30	...continued	5:30	...continued
6:00p	...continued	6:00p	...continued
6:30	...continued	6:30	...continued
7:00p	Between the Lines	7:00p	Genesis to Revelation Seminar
7:30	More Abundant Life	7:30	More Abundant Life
8:00p	Help Yourself to Health	8:00p	Bible Answers
8:30	Genesis to Revelation Seminar	8:30	Rags to Riches/Growing in Grace
9:00p	3ABN Today	9:00p	3ABN Today
9:30	...continued	9:30	...continued
10:00p	Your Story Hour	10:00p	Your Story Hour
10:30	Melody From My Heart	10:30	Power Up for Life
11:00p	Crossroads on 3ABN Radio	11:00p	When God's People Pray
11:30	...continued	11:30	By My Spirit
Sat	A Closer Look	Sun	A Closer Look
12:30	...continued	12:30	...continued
1:00a	3ABN Today	1:00a	3ABN Today
1:30	...continued	1:30	...continued

Oooh — *So Good!*

When Curtis and Paula Eakins come to town, crew members beg to work on their program! And for good reason, too! First, the food they cook is out of this world, and second, the love and care they express to each

person they come in contact with is truly an experience you'll remember! And believe it or not, between all of the practical jokes and laughter, we do get lots of programs taped!

Curtis and Paula host *Abundant Living* on 3ABN television and 3ABN Radio. Together they founded Health Seminars Unlimited based in Huntsville, Alabama. They also travel extensively sharing nutrition information and the best in "global vegetarian" cuisine! Paula has authored two cookbooks, and Curtis has published a book on medical nutritional therapy and herbal medicine. You can find these books online, along with information about their ministry at www.hseminars.org.

And be sure to try this soup recipe you won't find *anywhere else!* In fact, it's never been published, or aired on 3ABN – yet! It's an exclusive, and we know you're going to love it! ■



Curtis and Paula Eakins host *Abundant Living* on 3ABN.

"SAUSAGE" & VEGETABLE SOUP

- | | |
|---|---|
| 1 pkg. Lightlife "Gimme Lean" sausage | 1 tsp. Italian seasoning |
| 1 c. onions, chopped | 1/4 c. Soyimage Vegan Parmesan Alternative |
| 2 Tbsp. olive oil | |
| 4 c. water | Directions: In skillet, sauté "sausage" and chopped onions in olive oil until tender, set aside. |
| 2 Tbsp. McKay's chicken-style seasoning | In a large pot, add water and spaghetti sauce and bring to a boil. Stir in carrots, squash, pasta, and seasonings. Reduce heat and simmer. Serve in soup bowls and sprinkle each serving with Soy Parmesan Alternative. Serves 6. |
| 1 (26 oz) can spaghetti sauce, chunky vegetable | |
| 2 c. rotini pasta | |
| 2 lg. carrots, thinly sliced | |
| 1 med. squash, thinly sliced | |
| 1 tsp. onion powder | |
| 1 tsp. garlic powder | |
| 1/4 tsp. cayenne powder | |

New Radio Station in Fulton, MO!

Congratulations are in order for the Revelation For Life Broadcasting team in Fulton, Missouri! Leon and Judy Makovicka and their dedicated radio team worked hard, and on August 19, 2004, radio station KRFL-LP (97.5 FM) went on the air, broadcasting a new message of hope for Missouri! The team members are all part of the Fulton Seventh-day Adventist Church, and we believe that with the Lord's blessings, their membership will soon be increased! We invite you to pray for the dedicated men and women everywhere that give of their time and finances to put new 3ABN Radio network affiliate stations on the air! Truly there is rejoicing in Heaven as each new station helps to stretch the reach of the gospel to the far corners of the earth! ■

Video of the Month.

Danny and Tommy Shelton have recorded two hours of classic hymns, and we've put them together with you in mind! They're available for a suggested donation of \$20.00 postpaid on DVD or VHS, so call and order yours today!



Giving

In addition to regular gifts to 3ABN's ministry, many of you have also helped us grow by arranging both immediate and deferred gifts of your assets.

Did you know that the best instrument for highly appreciated property such as real estate, stocks, and bonds is a Charitable Remainder Unitrust? With it you can avoid capital gains taxes on donated assets, receive attractive rates of interest, avoid probate expenses on donated assets, receive a large charitable deduction, and negotiate to receive either a fixed annual payout or a variable income.

Call our Stewardship and Trusts Services to find out how you can help 3ABN's worldwide ministry through Charitable Gift Annuities and Deferred Charitable Gift Annuities as well. And as always, thank you for your prayers and support!

For more information:

Dr. Leonard Westphal
Stewardship and Trust Services
PO Box 7148
Loma Linda, CA 92354

Office: 800-886-4800
E-mail: res00s71@gte.net



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